

EDINBURGH ATHLETIC CLUB

Content by *Keith Ridley*

CLUB YOUNG ATHLETE RANKING LISTS AS AT 20 SEPTEMBER 2009

The ranking lists below are based on outdoor results in 2009. Some performances may have been missed; please let Keith Ridley know of any omissions or errors (including names spelt incorrectly). These will be corrected as soon as possible.

Under 20						
Men	Forename	Surname	Performance	Date	Event	Venue
100m	Allan	Hamilton	11.07	24 May 09	NJAL2	Grangemouth
	Sean	Hood	11.16	24 May 09	NJAL2	Grangemouth
	Isaiah	Symonds	11.22	24 May 09	NJAL2	Grangemouth
	Kieran	Congdon	11.40	1 Aug 09	BAL3	Havering
	Gareth	Robertson	11.47	24 May 09	NJAL2	Grangemouth
	Toby	Harris	11.97	28 June 09	HASL 1	Meadowbank
200m	Sean	Hood	22.71	14 June 09	NJAL3	Manchester
	Josh	Crawford	22.72	24 May 09	NJAL2	Grangemouth
	Scott	Hughson	22.8	24 May 09	NJAL2	Grangemouth
	Kieran	Congdon	23.1	5 April 09	OGM	Nithsdale
	Isaiah	Symonds	23.10	30 Aug 09	SMAL4	Grangemouth
	Gareth	Robertson	23.18	24 May 09	NJAL2	Grangemouth
	Allan	Hamilton	23.31	3 June 09	Edin Schools	Meadowbank
	Toby	Harris	24.16	12 April 09	Lothian Trials	Meadowbank
	David	New	24.7	28 March 09	OGM	Grangemouth
400m	Scott	Hughson	48.62	14 June 09	NJAL3	Manchester
	Sean	Hood	50.11	19 April 09	SMAL 1	Meadowbank
	Allan	Hamilton	51.06	30 Aug 09	SMAL4	Grangemouth
	Toby	Harris	52.54	8 July 09	OGM	Grangemouth
	Gareth	Robertson	53.52	26 July 09	NJAL4	Gateshead
	David	New	54.18	12 April 09	Lothian Trials	Meadowbank
	Jason	Brydon	55.76	28 June 09	HASL 1	Meadowbank
	Lewis	Renton	56.33	3 June 09	Edin Schools	Meadowbank
	Craig	Dickson	56.83	1 Aug 09	BAL3	Havering
	Scott	McKean	59.15	3 June 09	Edin Schools	Meadowbank

800m	Chris	O'Hare	1.55.90	6 June 09	BAL1	Pitreavie
	Jamie	Smith	1.58.70	24 June 09	OGM	Linwood
	Andrew	Crichton	2.01.23	12 July 09	SMAL 3	Meadowbank
	David	New	2.08.77	12 April 09	Lothian Trials	Meadowbank
	Rob	Cleat	2.13.99	12 April 09	Lothian Trials	Meadowbank
1500m	Chris	O'Hare	3.48.99	21 June 09	Scottish	Pitreavie
	Jamie	Smith	3.59.99	25 April 09	Stan Lyons Inv	Indianapolis
	Andrew	Crichton	4.07.19	14 June 09	NJAL3	Manchester
	Fraser	Mann	4.22.41	12 April 09	Lothian Trials	Meadowbank
3000m	Chris	O'Hare	8.29.80	19 July 09	Scottish	Pitreavie
	Andrew	Crichton	8.52.16	24 May 09	NJAL2	Grangemouth
	Fraser	Mann	9.32.60	26 April 09	NJAL1	Liverpool
	Tom	Ryan	9.54.71	14 June 09	NJAL3	Manchester
5000m	Tom	Ryan	16.27.40	30 Aug 09	SMAL4	Grangemouth
10000m	Andrew	Crichton	33.51.71	26 Aug 09	Scottish	Grangemouth
2000m S/C	Fraser	Mann	6.29.98	14 June 09	NJAL3	Manchester
	Tom	Ryan	7.02.32	26 April 09	NJAL1	Liverpool
3000m S/C	Fraser	Mann	10.38.14	6 June 09	BAL1	Pitreavie
	Tom	Ryan	11.03.54	19 April 09	SMAL 1	Meadowbank
110mHurdles	Toby	Harris	14.98	14 June 09	NJAL3	Manchester
400m Hurdles	Toby	Harris	55.82	26 Aug 09	Falkirk Cup	Grangemouth
Long Jump	Allan	Hamilton	7.04	19 Sep 09	BAL Qual	Abingdon
	Alex	Thompson	5.51	3 June 09	Edin Schools	Meadowbank
Triple Jump	Allan	Hamilton	14.73	13 June 09	Scot Schools	Grangemouth
High Jump	Gregor	Maclean	1.90	13 Sep 09	NJAL Final	Derby
	Sean	Hood	1.60	26 April 09	NJAL1	Liverpool
	Toby	Harris	1.50	26 April 09	NJAL1	Liverpool
Pole Vault	Gregor	Maclean	4.70	1Aug 09	BAL3	Havering
	Stephen	Forfar	2.90	26 July 09	NJAL4	Gateshead
	Craig	Dickson	2.60	14 June 09	NJAL3	Manchester
Shot Putt	Toby	Harris	10.00	28 June 09	HASL1	Meadowbank
	Andrew	Robertson	9.59	26 April 09	NJAL1	Liverpool
	Myles	Paterson	9.26	26 July 09	NJAL4	Gateshead
	Gareth	Robertson	8.62	24 May 09	NJAL2	Grangemouth
	Craig	Dickson	8.02	3 June 09	Edin Schools	Meadowbank
Discus	Raleigh	Salvesen	30.22	12 June 09	Scot Schools	Grangemouth
	Myles	Paterson	28.75	24 May 09	NJAL2	Grangemouth
	Andrew	Robertson	25.00	3 June 09	Edin Schools	Meadowbank
	Stephen	Forfar	17.73	13 Sep 09	NJAL Final	Derby

Javelin	Gregor	Maclean	49.09	22 Aug 09	BAL4	Havering
	Myles	Paterson	46.84	24 May 09	NJAL2	Grangemouth
	Andrew	Robertson	28.45	28 June 09	HASL1	Meadowbank
Hammer	Andrew	Robertson	22.58	26 April 09	NJAL1	Liverpool
4 x 100m	Tom Holligan, Allan Hamilton Corey Hastings, Isaiah Symonds		43.46	13 Sep 09	NJAL Final	Derby
4 x 400m	Toby Harris, Jay Younger, Tom Holligan, Peter Loudon		3.31.98	30 Aug 09	SMAL4	Grangemouth

Under 17

<u>Men</u>	<u>Forename</u>	<u>Surname</u>	<u>Performance</u>	<u>Date</u>	<u>Event</u>	<u>Venue</u>
100m	Tom	Holligan	11.25	17 May 09	SYAL 2	Wishaw
	Calvin	Girvan	11.32	12 July 09	SMAL 3	Meadowbank
	Mathew	Jones	11.58	6 May 09	OGM	Grangemouth
	Corey	Hastings	11.77	9 May 09	Scot Closed	Wishaw
	Cameron	Goodall	11.89	6 May 09	OGM	Grangemouth
	Jordan	Newport	12.03	6 Sep 09	UKYAL Final	Birmingham
	Shaun	Spence	12.31	24 May 09	NJAL2	Grangemouth
	Jamie	Wyse	12.40	8 July 09	OGM	Grangemouth
	Jonathan	Byrne-Leitch	12.49	12 April 09	Lothian Trials	Meadowbank
	Michael	Fernie	13.19	12 April 09	Lothian Trials	Meadowbank
	Anesu	Tabengwa	13.28	28 June 09	HASL 1	Meadowbank
	Dean	Murray	13.91	6 Sep 09	UKYAL Final	Birmingham
	200m	Tom	Holligan	22.96	13 June 09	Scot Schools
Matthew		Jones	23.18	17 May 09	SYAL 2	Wishaw
Calvin		Girvan	23.28	12 July 09	SMAL 3	Meadowbank
Jay		Younger	23.32	6 Sep 09	UKYAL Final	Birmingham
Corey		Hastings	23.69	5 July 09	SYAL 3	Grangemouth
Cameron		Goodall	23.71	17 May 09	SYAL 2	Wishaw
Jonathan		Byrne-Leitch	23.91	24 May 09	NJAL2	Grangemouth
Peter		Loudon	23.92	2 Aug 09	HASL2	Meadowbank
Alex		North	24.99	12 April 09	Lothian Trials	Meadowbank
Jamie		Wyse	25.12	12 April 09	Lothian Trials	Meadowbank
Angus		Inwood	27.0	6 June 09	Scot Sch CE	Grangemouth
300m	Peter	Loudon	38.5	5 April 09	OGM	Nithsdale
400m	Jay	Younger	50.91	19 Sep 09	BAL Qual	Abingdon
	Peter	Loudon	52.60	12 April 09	Lothian Trials	Meadowbank
	Marcus	Cram	52.64	12 Aug 09	NE League	Gateshead
	Tom	Holligan	53.13	13 Sep 09	NJAL Final	Derby
	Alex	North	53.30	9 May 09	Scot Closed	Wishaw
	Jamie	Wyse	53.79	12 June 09	Scot Schools	Grangemouth
	Calvin	Girvan	56.46	28 June 09	HASL 1	Meadowbank

800m	Marcus	Cram	1.56.84	18 Aug 09	Trafford GP	Stretford
	Peter	Loudon	1.57.99	19 Sep 09	BAL Qual	Abingdon
	Edward	Dudgeon	2.03.25	28 June 09	HASL 1	Meadowbank
	Marc	Robson	2.04.38	6 Sep 09	UKYAL Final	Birmingham
	Alex	North	2.05.10	13 June 09	Scot Schools	Grangemouth
	Adam	Jack	2.12.27	2 Aug 09	HASL2	Meadowbank
	Jake	Wightman	2.13.31	17 May 09	SYAL 2	Wishaw
	Peter	Cameron	2.21.32	3 June 09	Edin Schools	Meadowbank
1500m	Marcus	Cram	4.08.3	15 June 09	BMC	Jarrow
	Edward	Dudgeon	4.10.78	12 July 09	SMAL 3	Meadowbank
	Adam	Jack	4.19.63	6 Sep 09	UKYAL Final	Birmingham
	Jake	Wightman	4.22.47	12 June 09	Scot Schools	Grangemouth
	Peter	Loudon	4.22.79	12 June 09	Scot Schools	Grangemouth
	Nikhil	Mair	4.38.83	5 July 09	SYAL 3	Grangemouth
	Angus	Inwood	4.42.62	6 June 09	Scot Sch CE	Grangemouth
	Peter	Cameron	4.45.70	3 June 09	Edin Schools	Meadowbank
	Ross	Blair	5.10.50	3 June 09	Edin Schools	Meadowbank
3000m	Jake	Wightman	9.26.90	6 Sep 09	UKYAL Final	Birmingham
	Marcus	Cram	9.33.50	12 Aug 09	NE League	Gateshead
	Edward	Dudgeon	9.56.53	19 July 09	Scottish	Grangemouth
	Peter	Cameron	10.11.87	6 Sep 09	UKYAL Final	Birmingham
1500m S/C	Adam	Jack	4.55.16	6 Sep 09	UKYAL Final	Birmingham
	Sam	Wightman	5.18.37	17 May 09	SYAL 2	Wishaw
	Nichil	Mair	5.20.42	6 Sep 09	UKYAL Final	Birmingham
2000m S/C	Marc	Robson	7.04.75	13 Sep 09	NJAL Final	Derby
	Callum	Wilson	8.22.51	26 July 09	NJAL4	Gateshead
100mHurdles	Matthew	Jones	13.62	3 May 09	SYAL 1	Grangemouth
	Cameron	Goodall	14.22	10 May 09	Scot Closed	Wishaw
	Angus	Inwood	16.82	6 June 09	Scot Sch CE	Grangemouth
110mHurdles	Mathew	Jones	15.85	12 April 09	Lothian Trials	Meadowbank
400m Hurdle	Marc	Robson	62.07	6 Sep 09	UKYAL Final	Birmingham
	Jamie	Wyse	65.65	23 Aug 09	SYAL Final	Grangemouth
	Marc	Robson	65.54(U20)	13 Sep 09	NJAL Final	Derby
	Sam	Wightman	67.39	23 Aug 09	SYAL Final	Grangemouth
	Callum	Wilson	69.33	26 July 09	NJAL4	Gateshead
	Nichil	Mair	73.60	6 Sep 09	UKYAL Final	Birmingham
Long Jump	Corey	Hastings	6.51	6 Sep 09	UK Schools	Cardiff
	Jordan	Newport	6.14	16 Aug 09	Scottish	Grangemouth
	Ewan	Kerr	5.60	3 June 09	Edin Schools	Meadowbank
	Peter	Loudon	5.46	5 April 09	OGM	Nithsdale
	Michael	Fernie	5.03	12 April 09	Lothian Trials	Meadowbank
	Angus	Inwood	4.96	6 June 09	Scot Sch CE	Grangemouth

Triple Jump	Jordan	Newport	11.90	14 June 09	NJAL3	Manchester
	Peter	Loudon	11.84	31 May 09	SMAL2	Grangemouth
	Matthew	Jones	10.74	17 May 09	SYAL 2	Wishaw
High Jump	Corey	Hastings	1.87	3 June 09	Edin Schools	Meadowbank
	Shaun	Spence	1.65	24 May 09	NJAL2	Grangemouth
	Jonny	Byrne-Leitch	1.55	17 May 09	SYAL 2	Wishaw
	Jay	Younger	1.50	23 Aug 09	SYAL Final	Grangemouth
Pole Vault						
Shot Putt	Matthew	Reid	10.90	6 Sep 09	UKYAL Final	Birmingham
	Chris	Scott	10.75 (U20)	26 July 09	NJAL4	Gateshead
	Jonathan	Murray	10.65	12 April 09	Lothian Trials	Meadowbank
	Jonny	Byrne-Leitch	9.50	23 Aug 09	SYAL Final	Grangemouth
	Jonny	Byrne-Leitch	8.86 (U20)	14 June 09	NJAL3	Manchester
	Angus	Inwood	8.83	6 June 09	Scot Sch CE	Grangemouth
	Dean	Murray	8.46	28 June 09	HASL1	Meadowbank
	Jamie	Wyse	8.14	5 July 09	SYAL 3	Grangemouth
Discus	Chris	Scott	37.69 (U20)	26 July 09	NJAL4	Gateshead
	Jonathan	Murray	30.12	12 April 09	Lothian Trials	Meadowbank
	Jonathan	Murray	28.15 (U20)	24 May 09	NJAL2	Grangemouth
	Matthew	Reid	26.72	6 Sep 09	UKYAL Final	Birmingham
	Dean	Murray	23.36	23 Aug 09	SYAL Final	Grangemouth
	Dean	Murray	20.88 (U20)	24 May 09	NJAL2	Grangemouth
Javelin	Adam	Simpson	45.64	3 June 09	Edin Schools	Meadowbank
	Jonathan	Murray	41.02	5 July 09	SYAL 3	Grangemouth
	Matthew	Reid	40.75	3 May 09	SYAL 1	Grangemouth
	Jonathan	Murray	35.12 (U20)	26 April 09	NJAL1	Liverpool
	Matthew	Jones	31.91	8 July 09	OGM	Grangemouth
	Dean	Murray	31.50	8 July 09	OGM	Grangemouth
Hammer	Jonathan	Murray	41.17	15 Aug 09	Scottish	Grangemouth
	Jonathan	Murray	39.03 (U20)	13 Sep 09	NJAL Final	Derby
	Dean	Murray	18.85 (U20)	26 July 09	NJAL4	Gateshead
	Dean	Murray	14.11	24 May 09	NJAL2	Grangemouth
4 x 100m	Calvin Girvan, Cameron Goodall, Matthew Jones, Tom Holligan		43.71	21 June 09	Scottish	Pitreavie
4 x 400m	Peter Loudon, Alex North, Jay Younger, Tom Holligan		3.33.56	9 August 09	Scottish	Grangemouth
Pentathlon	Angus Inwood		2413	6 June 09	Scot Sch CE	Grangemouth

Under 15

<u>Boys</u>	<u>Forename</u>	<u>Surname</u>	<u>Performance</u>	<u>Date</u>	<u>Event</u>	<u>Venue</u>
100m	Kieran	Kivlin	11.27	13 Sep 09	Pit Trophy	Pitreavie
	Freddy	Smith	11.80	17 May 09	SYAL 2	Wishaw
	John	Glen	11.90	13 June 09	Scot Schools	Grangemouth
	Kyle	Hogg	12.46	28 June 09	HASL 1	Meadowbank
	Keiran	Reilly	12.57	13 June 09	Scot Schools	Grangemouth
	James	Lennon	12.7	18 June 09	FVL 3 Div 2	Grangemouth
	Ryan	Ross	12.83	28 June 09	HASL 1	Meadowbank
	Jamie	Batho	13.21	1 August 09	FVL Fin Div1	Grangemouth
	Michael	Tomassi	13.3	18 June 09	FVL 3 Div 2	Grangemouth
	Andrew	Loudon	13.93	1 August 09	FVL Fin Div2	Grangemouth
	Daniel	Holligan	14.06	28 June 09	HASL 1	Meadowbank
	Duncan	Arnott	14.5	22 April 09	FVL 1 Div 2	Pitreavie
200m	Kieran	Kivlin	22.87	2 Aug 09	HASL2	Meadowbank
	John	Glen	23.49	16 Aug 09	Scottish	Grangemouth
	Fredrik	Smith	24.09	5 July 09	SYAL 3	Grangemouth
	Keiran	Reilly	25.65	9 May 09	Scot Closed	Wishaw
	Kyle	Hogg	25.90	5 July 09	SYAL 3	Grangemouth
	Ryan	Ross	25.97	1 August 09	FVL Fin Div1	Grangemouth
	Jamie	Batho	26.7	14 May 09	FVL 2 Div 1	Grangemouth
	Damon	Salmanzadeh	26.78	3 June 09	Edin Schools	Meadowbank
	Fergus	Greig	27.26	3 May 09	SYAL 1	Grangemouth
	Michael	Tomassi	27.90	12 April 09	Lothian Trials	Meadowbank
	Mathew	Browne	30.12	12 April 09	Lothian Trials	Meadowbank
	George	Loudon	33.2	5 April 09	OGM	Nithsdale
400m	Kieran	Kivlin	54.48	5 July 09	SYAL 3	Grangemouth
	Keiran	Reilly	55.14	23 Aug 09	SYAL Final	Grangemouth
	Seumas	Thomson	56.17	23 Aug 09	SYAL Final	Grangemouth
	Freddy	Smith	59.18	3 May 09	SYAL 1	Grangemouth
	Ryan	Ross	60.3	18 June 09	FVL 3 Div 1	Pitreavie
	Ciaran	Turton	60.83	2 Sep 09	OGM	Grangemouth
	Ruaridh	Miller	63.41	28 June 09	HASL 1	Meadowbank
	Fergus	Greig	63.93	17 May 09	SYAL 2	Wishaw
	Michael	Cameron	66.07	28 June 09	HASL 1	Meadowbank
	Andrew	Loudon	69.9	28 March 09	OGM	Grangemouth
800m	Freddy	Smith	2.14.84	15 Aug 09	English CE	Birmingham
	Ciaran	Turton	2.17.17	6 Sep 09	UKYAL Final	Birmingham
	Jake	Kerr	2.20.12	3 June 09	Edin Schools	Meadowbank
	Ruaridh	Miller	2.23.94	3 June 09	Edin Schools	Meadowbank
	Scott	MacDougall	2.26.6	5 Aug 09	OGM	Grangemouth
	Michael	Cameron	2.26.70	5 July 09	SYAL 3	Grangemouth
	Andrew	Loudon	2.39.69	3 May 09	SYAL 1	Grangemouth

1500m	Jake	Kerr	4.42.14	17 May 09	SYAL 2	Wishaw
	Scott	MacDougall	4.40.85	2 Sep 09	OGM	Grangemouth
	Ruaridh	Miller	4.43.27	6 Sep 09	UKYAL Final	Birmingham
	Gregor	Burns	5.03.6	23 April 09	FVL 1 Div 1	Pitreavie
	Matthew	Grundy	5.05.03	5 July 09	SYAL 3	Grangemouth
	Jack	Harrison	5.06.55	13 June 09	Scot Schools	Grangemouth
	Michael	Cameron	5.17.3	22 April 09	FVL 1 Div 2	Pitreavie
	George	Loudon	6.14.95	3 May 09	SYAL 1	Grangemouth
1 Mile	Jake	Kerr	5.10.25	1 August 09	FVL Fin Div1	Grangemouth
	Ruaridh	Miller	5.21.10	1 August 09	FVL Fin Div2	Grangemouth
80mHurdles	Seumas	Thomson	12.03	6 Sep 09	UKYAL Final	Birmingham
	Freddy	Smith	12.51	15 Aug 09	English CE	Birmingham
	Damon	Salmanzadeh	13.50	6 Sep 09	UKYAL Final	Birmingham
	Ben	Black	14.00	5 July 09	SYAL 3	Grangemouth
	Philip	Bryans	17.16	23 Aug 09	SYAL Final	Grangemouth
	Jake	Kerr	17.94	5 July 09	SYAL 3	Grangemouth
400m Hurdles	Seumas	Thomson	62.51	13 June 09	Scot Schools	Grangemouth
Long Jump	Freddy	Smith	6.00	3 May 09	SYAL 1	Grangemouth
	Seumas	Thomson	5.01	6 Sep 09	UKYAL Final	Birmingham
	Chris	Kelly	5.00	3 June 09	Edin Schools	Meadowbank
	Ben	Watson	4.53	12 April 09	Lothian Trials	Meadowbank
	Andrew	Loudon	4.47	14 May 09	FVL 2 Div 2	Pitreavie
	Ben	Black	4.41	12 April 09	Lothian Trials	Meadowbank
	Damon	Salmanzadeh	4.09	17 May 09	SYAL 2	Wishaw
	George	Loudon	3.37	12 April 09	Lothian Trials	Meadowbank
Triple Jump	Freddy	Smith	11.12	17 June 09	School Int Area	Grangemouth
	Andrew	Loudon	9.38	2 Sep 09	OGM	Grangemouth
	George	Loudon	6.53	1 August 09	FVL Fin Div2	Grangemouth
High Jump	Fred	Smith	1.67	15 Aug 09	English CE	Birmingham
	Damon	Salmanzadeh	1.65	5 July 09	SYAL 3	Grangemouth
	Chris	Kelly	1.60	5 Sep 09	FVL Pres Sel	Pitreavie
	Seumas	Thomson	1.52	3 June 09	Edin Schools	Meadowbank
	Jamie	Lennon	1.40	18 June 09	FVL 3 Div 2	Grangemouth
	Ben	Black	1.40	12 April 09	Lothian Trials	Meadowbank
	Ruaridh	Miller	1.20	18 June 09	FVL 3 Div 2	Grangemouth
	George	Loudon	1.10	2 Aug 09	HASL2	Meadowbank
Pole Vault	Freddy	Smith	2.95	6 Sep 09	UKYAL Final	Birmingham
	Fergus	Greig	2.20	6 Sep 09	UKYAL Final	Birmingham
	Chris	Thomson	2.20	12 June 09	Scot Schools	Grangemouth

Shot Putt	Freddy Smith	10.64	1 August 09	FVL Fin Div1	Grangemouth
	Kieran Kivlin	10.05	17 May 09	SYAL 2	Wishaw
	Chris Thomson	10.04	5 July 09	SYAL 3	Grangemouth
	Andrew Loudon	10.04	2 Sep 09	OGM	Grangemouth
	Gary Robertson	10.02	16 Aug 09	Scottish	Grangemouth
	John King	9.88	23 Aug 09	SYAL Final	Grangemouth
	Hamish Campbell	9.74	23 Aug 09	SYAL Final	Grangemouth
	Fergus Greig	9.69	1 August 09	FVL Fin Div1	Grangemouth
	Duncan Arnott	7.17	22 April 09	FVL 1 Div 2	Pitreavie
Discus	John King	33.32	23 Aug 09	SYAL Final	Grangemouth
	Hamish Campbell	27.70	23 Aug 09	SYAL Final	Grangemouth
	Fergus Greig	27.22	1 August 09	FVL Fin Div1	Grangemouth
	Damon Salmanzadeh	24.66	17 May 09	SYAL 2	Wishaw
	Seumas Thomson	24.66	1 August 09	FVL Fin Div1	Grangemouth
	Gary Robertson	21.97	16 Aug 09	Scottish	Grangemouth
	Andrew Loudon	19.78	1 August 09	FVL Fin Div2	Grangemouth
	George Loudon	11.96	1 August 09	FVL Fin Div2	Grangemouth
Javelin	Chris Thomson	42.12	3 May 09	SYAL 1	Grangemouth
	Fergus Greig	32.05	6 Sep 09	UKYAL Final	Birmingham
	Ben Black	28.88	3 June 09	Edin Schools	Meadowbank
	Jake Kerr	25.53	13 June 09	Scot Schools	Grangemouth
	George Loudon	11.90	12 April 09	Lothian Trials	Meadowbank
	Michael Fleming	8.79	14 May 09	FVL 2 Div 2	Pitreavie
	Ruaridh Miller	8.65	14 May 09	FVL 2 Div 2	Pitreavie
Hammer	John King	29.87	6 Sep 09	UKYAL Final	Birmingham
	Hamish Campbell	20.80	6 Sep 09	UKYAL Final	Birmingham
Pentathlon	Freddy Smith	2725	6 June 09	Scot Schools	Grangemouth
4 x 100m	Keiran Reilly, Freddy Smith, John Glen, Kieran Kivlin	45.70	6 Sep 09	UKYAL Final	Birmingham
4 x 400m	Keiran Reilly , John Glen , Seumas Thomson, Kieran Kivlin	3.36.98	6 Sep 09	UKYAL Final	Birmingham
3 x 800m	Ciaran Turton, Ruaridh Miller, Scott MacDougall	7.02.56	9 August 09	Scottish	Grangemouth

Under 13

<u>Boys</u>	<u>Forename</u>	<u>Surname</u>	<u>Performance</u>	<u>Date</u>	<u>Event</u>	<u>Venue</u>
100m	Ben	Robbins	12.47	13 Sep 09	Pit Trophy	Pitreavie
	Guy	Wardrop	13.96	17 May 09	SYAL 2	Wishaw
	Luca	Vita	14.01	17 May 09	SYAL 2	Wishaw
	Callum	Jones	14.30	8 July 09	OGM	Grangemouth
	Struan	Graven	15.5	18 June 09	FVL 3 Div 2	Grangemouth
	Jamie	Ford	16.8	22 April 09	FVL 1 Div 2	Pitreavie
	David	Reed	16.92	1 August 09	FVL Fin Div2	Grangemouth
200m	Ben	Robbins	25.26	6 Sep 09	UKYAL Final	Birmingham
	Callum	Jones	28.63	2 Aug 09	HASL2	Meadowbank
	Luca	Vita	28.89	17 May 09	SYAL 2	Wishaw
	Guy	Wardrop	29.37	3 May 09	SYAL 1	Grangemouth
	Liam	Clark	30.0	14 May 09	FVL 2 Div 1	Grangemouth
	Struan	Graven	33.18	1 August 09	FVL Fin Div2	Grangemouth
	Jacob	Hunter	34.74	1 August 09	FVL Fin Div2	Grangemouth
800m	Josh	Kerr	2.19.5	14 May 09	FVL 2 Div 1	Grangemouth
	Robert	Bough	2.28.28	3 June 09	Edin Schools	Meadowbank
	Sean	Stout	2.29.29	5 July 09	SYAL 3	Grangemouth
	Dominic	O'Hare	2.41.43	5 July 09	SYAL 3	Grangemouth
	Murray	Blair	2.42.37	17 May 09	SYAL 2	Wishaw
	Fraser	Peters	2.44.7	18 June 09	FVL 3 Div 2	Grangemouth
	Callum	Jones	2.46.4	23 April 09	FVL 1 Div 1	Pitreavie
	Struan	Graven	2.50.15	3 May 09	SYAL 1	Grangemouth
	Callum	Robertson	2.56.36	3 May 09	SYAL 1	Grangemouth
	Jamie	Forde	3.01.45	12 April 09	Lothian Trials	Meadowbank
	David	Reed	3.02.16	28 June 09	HASL1	Meadowbank
	Jacob	Hunter	3.02.3	14 May 09	FVL 2 Div 2	Pitreavie
	Aidan	Smith	3.05.8	14 May 09	FVL 2 Div 2	Pitreavie
1500m	Josh	Kerr	4.38.25	17 May 09	SYAL 2	Wishaw
	Robert	Bough	4.45.10	6 Sep 09	UKYAL Final	Birmingham
	Dominic	O'Hare	5.15.53	1 August 09	FVL Fin Div1	Grangemouth
	Sean	Stout	5.24.08	1 August 09	FVL Fin Div2	Grangemouth
	Murray	Blair	5.25.39	1 August 09	FVL Fin Div2	Grangemouth
	David	Reed	6.39	6 May 09	OGM	Grangemouth
75mHurdles	Callum	Jones	13.76	8 July 09	OGM	Grangemouth
	Callum	Robertson	16.07	6 Sep 09	UKYAL Final	Birmingham
	Struan	Graven	16.75	3 May 09	SYAL 1	Grangemouth
	David	Reed	19.42	6 May 09	OGM	Grangemouth
Long Jump	Callum	Jones	4.18	3 June 09	Edin Schools	Meadowbank
	Ben	Robbins	4.16	2 Aug 09	HASL2	Meadowbank
	Guy	Wardrop	4.14	18 June 09	FVL 3 Div 1	Pitreavie
	Sean	Stout	3.62	18 June 09	FVL 3 Div 2	Grangemouth
	Struan	Graven	3.57	12 April 09	Lothian Trials	Meadowbank
	Luca	Vita	3.47	2 Aug 09	HASL2	Meadowbank
	David	Reed	3.34	2 Aug 09	HASL2	Meadowbank
	Callum	Robertson	3.19	1 August 09	FVL Fin Div1	Grangemouth

High Jump	Ben	Robbins	1.40	5 Aug 09	OGM	Grangemouth
	Struan	Graven	1.30	3 June 09	Edin Schools	Meadowbank
	Callum	Jones	1.30	5 July 09	SYAL 3	Grangemouth
	Josh	Kerr	1.30	2 Aug 09	HASL2	Meadowbank
	Callum	Robertson	1.25	12 April 09	Lothian Trials	Meadowbank
	Jacob	Hunter	1.25	22 April 09	FVL 1 Div 2	Pitreavie
	David	Reed	1.15	2 Aug 09	HASL2	Meadowbank
Shot Putt	Ben	Robbins	11.42	13 Sep 09	Pit Trophy	Pitreavie
	Callum	Jones	6.76	2 Aug 09	HASL2	Meadowbank
	Luca	Vita	6.65	17 May 09	SYAL 2	Wishaw
	Guy	Wardrop	5.55	12 April 09	Lothian Trials	Meadowbank
	Josh	Kerr	5.25	2 Aug 09	HASL2	Meadowbank
	Struan	Graven	5.22	12 April 09	Lothian Trials	Meadowbank
	David	Reed	5.13	6 May 09	OGM	Grangemouth
	Aidan	Smith	4.68	14 May 09	FVL 2 Div 2	Pitreavie
	Callum	Robertson	4.67	12 April 09	Lothian Trials	Meadowbank
Discus	Ben	Robbins	25.15	5 Aug 09	OGM	Grangemouth
Javelin	Callum	Jones	20.21	28 June 09	HASL1	Meadowbank
	Callum	Robertson	19.22	12 April 09	Lothian Trials	Meadowbank
	Luca	Vita	17.99	8 July 09	OGM	Grangemouth
	Liam	Turton	17.70	2 Sep 09	OGM	Grangemouth
	David	Reed	12.59	1 August 09	FVL Fin Div2	Grangemouth
	Jacob	Hunter	12.08	1 August 09	FVL Fin Div2	Grangemouth
4 x 100m	Guy Wardrop, Ben Robbins, Callum Jones, Luca Vita		53.70	21 June 09	Scottish	Pitreavie
3 x 800m	Robert Bough, Dominic O'Hare, Ben Robbins		7.39.35	9 August 09	Scottish	Grangemouth

Under 11

Boys

	<u>Forename</u>	<u>Surname</u>	<u>Performance</u>	<u>Date</u>	<u>Event</u>	<u>Venue</u>
75m	Cal	McLennan	11.78	13 Sep 09	Pit Trophy	Pitreavie
100m	Michael	Dennis	15.2	23 April 09	FVL 1 Div 1	Pitreavie
	Cal	McLennan	15.70	1 August 09	FVL Fin Div1	Grangemouth
	Jamie	Boyd	15.76	28 June 09	HASL 1	Meadowbank
	Brandon	Archibald	16.2	18 June 09	FVL 3 Div 2	Grangemouth
	Jamie	Underwood	16.61	1 August 09	FVL Fin Div2	Grangemouth
	Paul	Ireland	17.84	12 April 09	Lothian Trials	Meadowbank
	Freddie	Younger	17.89	12 April 09	Lothian Trials	Meadowbank
	Jamie	Loudon	18.00	1 August 09	FVL Fin Div2	Grangemouth
	Felix	Barley	18.29	28 June 09	HASL 1	Meadowbank
	Vinnie	Froude	18.5	22 April 09	FVL 1 Div 2	Pitreavie
	Fergus	Black	18.98	12 April 09	Lothian Trials	Meadowbank

150m	Cal	McLennan	22.75	13 Sep 09	Pit Trophy	Pitreavie
	Jamie	Loudon	27.6	5 April 09	OGM	Nithsdale
200m	Michael	Dennis	32.3	14 May 09	FVL 2 Div 1	Grangemouth
	Cal	McLennan	32.72	2 Sep 09	OGM	Grangemouth
	Brandon	Archibald	33.30	2 Aug 09	HASL2	Meadowbank
	Jamie	Underwood	34.1	14 May 09	FVL 2 Div 2	Pitreavie
	Joe	Riemersma	34.40	1 August 09	FVL Fin Div1	Grangemouth
	Michael	Swinton	35.30	2 Aug 09	HASL2	Meadowbank
	Paul	Ireland	39.95	12 April 09	Lothian Trials	Meadowbank
	Marcus	Brown	40.0	14 May 09	FVL 2 Div 1	Grangemouth
600m	Brandon	Archibald	2.02.96	2 Aug 09	HASL2	Meadowbank
	Jamie	Loudon	2.15.06	2 Aug 09	HASL2	Meadowbank
	Michael	Swinton	2.17.37	2 Aug 09	HASL2	Meadowbank
800m	Jamie	Boyd	2.44.57	28 June 09	HASL 1	Meadowbank
	Joe	Riemersma	2.53.5	18 June 09	FVL 3 Div 1	Pitreavie
	Paul	Ireland	2.58.4	18 June 09	FVL 3 Div 1	Pitreavie
	Cal	McLennan	3.04.6	5 Aug 09	OGM	Grangemouth
	Jamie	Loudon	3.06.99	12 April 09	Lothian Trials	Meadowbank
	Vinnie	Froude	3.14.02	1 August 09	FVL Fin Div2	Grangemouth
	Michael	Dennis	3.15.4	23 April 09	FVL 1 Div 1	Pitreavie
	Freddy	Younger	3.25.5	14 May 09	FVL 2 Div 2	Pitreavie
Long Jump	Cal	McLennan	3.70	19 Aug 09	OGM	Linwood
	Michael	Dennis	3.60	23 April 09	FVL 1 Div 1	Pitreavie
	Vinnie	Froude	2.97	22 April 09	FVL 1 Div 2	Pitreavie
	Paul	Ireland	2.93	23 April 09	FVL 1 Div 1	Pitreavie
	Jamie	Loudon	2.91	2 Aug 09	HASL2	Meadowbank
	Michael	Swinton	2.78	2 Aug 09	HASL2	Meadowbank
	Alistair	Loudon	2.15	5 April 09	OGM	Nithsdale
High Jump	Michael	Dennis	1.20	12 April 09	Lothian Trials	Meadowbank
	Freddie	Younger	1.10	12 April 09	Lothian Trials	Meadowbank
	Jamie	Underwood	1.10	1 August 09	FVL Fin Div2	Grangemouth
	Cal	McLennan	1.05	1 August 09	FVL Fin Div1	Grangemouth
	Paul	Ireland	1.00	14 May 09	FVL 2 Div 1	Grangemouth
	Brandon	Archibald	0.95	14 May 09	FVL 2 Div 2	Pitreavie
	Vinnie	Froude	0.90	12 April 09	Lothian Trials	Meadowbank
Shot Putt	Michael	Dennis	6.42	18 June 09	FVL 3 Div 1	Pitreavie
	Joe	Riemersma	5.10	1 August 09	FVL Fin Div1	Grangemouth
	Jamie	Loudon	4.80	18 June 09	FVL 3 Div 2	Grangemouth
	Brandon	Archibald	4.63	18 June 09	FVL 3 Div 2	Grangemouth
Triathlon						
4 x 100m	Joe Riemersma, Michael Dennis, Paul Ireland, Jamie Boyd		67.2	18 June 09	FVL 3 Div 1	Pitreavie

Under 20
Women

	<u>Forename</u>	<u>Surname</u>	<u>Performance</u>	<u>Date</u>	<u>Event</u>	<u>Venue</u>
100m	Hope	Robertson	12.3	5 April 09	OGM	Nithsdale
	Amy	Rogers	12.53	12 June 09	Scot Schools	Grangemouth
	Hannah	Chrisp	13.05	24 May 09	NJAL2	Grangemouth
	Laurie	McKenna	13.36	9 August 09	Scottish	Grangemouth
	Jennifer	Dunn	13.47	28 June 09	HASL1	Meadowbank
	Victoria	Miller	14.13	12 June 09	Scot Schools	Grangemouth
	Morag	Blyth	14.81	12 April 09	Lothian Trials	Meadowbank
200m	Hope	Robertson	25.1	5 April 09	OGM	Nithsdale
	Amy	Rogers	26.29	13 June 09	Scot Schools	Grangemouth
	Jennifer	Dunn	26.49	2 Aug 09	HASL2	Meadowbank
	Emma	Nuttall	27.71	30 Aug 09	SWAL3	Aberdeen
	Victoria	Miller	28.96	13 June 09	Scot Schools	Grangemouth
	Emma	Lowry	29.59	19 July 09	Scottish CE	Grangemouth
400m	Fiona	Trew	60.90	12 April 09	Lothian Trials	Meadowbank
	Megan	Gaffney	67.39	30 Aug 09	SWAL3	Aberdeen
800m	Lauren	Stoddart	2.31.22	14 June 09	NJAL3	Manchester
	Emma	Lowry	2.50.74	19 July 09	Scottish CE	Grangemouth
1500m	Lauren	Stoddart	4.56.5	19 April 09	SWAL 1	Grangemouth
	Laura	Goodson	5.06.96	26 April 09	NJAL1	Liverpool
	Megan	Gaffney	6.18.03	13 Sep 09	NJAL Final	Derby
3000m	Laura	Goodson	10.32.20	24 May 09	NJAL2	Grangemouth
	Megan	Gaffney	15.40.26	26 Jul 09	NJAL4	Gateshead
5000m	Laura	Goodson	18.37.77	9 August 09	Scottish	Grangemouth
100m Hurdles	Emma	Lowry	17.1	19 April 09	SWAL 1	Grangemouth
	Sarah	Warnock	18.16	13 Sep 09	NJAL Final	Derby
	Megan	Gaffney	18.27	24 May 09	NJAL2	Grangemouth
	Lauren	Stoddart	19.30	26 April 09	NJAL1	Liverpool
	Emily	Carson	19.35	12 April 09	Lothian Trials	Meadowbank
400m Hurdles	Lauren	Stoddart	65.67	26 April 09	NJAL1	Liverpool
	Megan	Gaffney	68.0	19 April 09	SWAL 1	Grangemouth
	Fiona	Trew	68.1	31 May 09	SWAL2	Meadowbank
	Emily	Carson	74.9	19 April 09	SWAL 1	Grangemouth
	Morag	Blyth	80.85	12 April 09	Lothian Trials	Meadowbank
1500m S/C	Lauren	Stoddart	5.16.72	13 Sep 09	NJAL Final	Derby
2000m S/C	Lauren	Stoddart	7.24.5	6 June 09	UKWAL1	Birmingham
High Jump	Emma	Nuttall	1.68	13 Sep 09	NJAL Final	Derby
	Emma	Lowry	1.66	26 Aug 09	Falkirk Cup	Grangemouth
	Sarah	Warnock	1.50	19 April 09	SWAL 1	Grangemouth

Pole Vault	Emma	Lowry	2.00	26 April 09	NJAL1	Liverpool
	Emma	Nuttall	2.00	13 Sep 09	NJAL Final	Derby
Long Jump	Sarah	Warnock	5.81	26 July 09	NJAL4	Gateshead
	Laurie	McKenna	5.65	28 June 09	England U20	Bedford
	Emma	Lowry	4.91	14 June 09	NJAL3	Manchester
Triple Jump	Sarah	Warnock	11.75	19 April 09	SWAL 1	Grangemouth
	Laurie	McKenna	11.31	13 June 09	Scot Schools	Grangemouth
	Emma	Lowry	10.39	14 June 09	NJAL3	Manchester
Shot	Hannah	Evenden	13.42	13 June 09	WYorks School	Wakefield
	Lisa	Glover	11.91	26 April 09	NJAL1	Liverpool
	Emma	Lowry	10.56	19 July 09	Scottish CE	Pitreavie
	Morag	Blyth	6.08	12 April 09	Lothian Trials	Meadowbank
Javelin	Lisa	Glover	41.69	24 May 09	NJAL2	Grangemouth
	Hannah	Evenden	27.56	26 July 09	NJAL4	Gateshead
Discus	Hannah	Evenden	44.08	4 July 09	UKWAL 2	Grangemouth
Hammer	Hannah	Evenden	54.01	4 July 09	UKWAL 2	Grangemouth
	Emma	Lowry	19.56	13 Sep 09	NJAL Final	Derby
Pentathlon	Emma	Lowry	2155	6 June 09	Scot Schools	Grangemouth
Heptathlon	Emma	Lowry	3201	19 July 09	Scottish CE	Pitreavie
4 x 100						
4 x 400						

Under 17
Women

	<u>Forename</u>	<u>Surname</u>	<u>Performance</u>	<u>Date</u>	<u>Event</u>	<u>Venue</u>
100m	Rebecca	Caswell	12.59	17 May 09	SYAL 2	Wishaw
	Fiona	Cleat	12.90	17 May 09	SYAL 2	Wishaw
	Gaby	Vita	13.26	12 April 09	Lothian Trials	Meadowbank
	Charlie	Eyeington	13.62	12 June 09	Scot Schools	Grangemouth
	Katie	Murdoch	13.82	5 July 09	SYAL 3	Grangemouth
	Faye	Kearney	14.04	28 June 09	HASL 1	Meadowbank
	Rachel	Dinsdale	14.08	12 April 09	Lothian Trials	Meadowbank
	Jennifer	Arnott	14.15	30 Aug 09	SWAL3	Aberdeen
200m	Rebecca	Caswell	26.68	6 Sep 09	UKYAL Final	Birmingham
	Fiona	Cleat	26.7	19 April 09	SWAL 1	Grangemouth
	Rebecca	Law	27.12	2 Aug 09	HASL2	Meadowbank
	Gaby	Vita	27.28	12 April 09	Lothian Trials	Meadowbank
	Charlie	Eyeington	27.35	13 June 09	Scot Schools	Grangemouth
	Faye	Kearney	27.65	2 Aug 09	HASL2	Meadowbank
	Jennifer	Arnott	28.43	3 May 09	SYAL 1	Grangemouth
	Rachel	Dinsdale	29.33	12 April 09	Lothian Trials	Meadowbank
	Anna	Bryans	30.20	3 June 09	Edin Schools	Meadowbank
	Laura	Robertson	30.29	12 April 09	Lothian Trials	Meadowbank
	Jenny	Cropley	30.91	5 July 09	SYAL 3	Grangemouth
	300m	Emily	Dudgeon	41.72	15 Aug 09	Scottish
Faye		Kearney	42.17	12 June 09	Scot Schools	Grangemouth
Fiona		Cleat	43.15	12 April 09	Lothian Trials	Meadowbank
Gaby		Vita	43.23	12 April 09	Lothian Trials	Meadowbank
Claire		Florence	44.70	30 Aug 09	SWAL3	Aberdeen
Ailsa		Mackie	45.40	3 June 09	Edin Schools	Meadowbank
Anna		Bryans	47.54	3 June 09	Edin Schools	Meadowbank
Laura		Robertson	48.04	8 July 09	OGM	Grangemouth
Lillian		Gowans	49.16	5 July 09	SYAL 3	Grangemouth
400m		Faye	Kearney	61.74	13 Sep 09	NJAL Final
	Gaby	Vita	64.40	26 April 09	NJAL1	Liverpool
800m	Emily	Dudgeon	2.10.28	13 Sep 09	NJAL Final	Derby
	Sam	Blair	2.20.47	6 Sep 09	UKYAL Final	Birmingham
	Faye	Kearney	2.32.45	26 April 09	NJAL1	Liverpool
	Laura	Robertson	2.34.2	31 May 09	SWAL2	Meadowbank
1500m	Emily	Dudgeon	4.43.02	24 May 09	NJAL2	Grangemouth
	Sam	Blair	4.53.74	13 Sep 09	NJAL Final	Derby
	Laura	Robertson	5.27.68	6 Sep 09	UKYAL Final	Birmingham
	Ailsa	Bruce	5.34.99	6 Sep 09	UKYAL Final	Birmingham
3000m	Ailsa	Bruce	11.23.41	23 Aug 09	SYAL Final	Grangemouth
	Laura	Robertson	12.27.77	13 Sep 09	NJAL Final	Derby
	Fiona	Cleat	15.40.27	26 July 09	NJAL4	Gateshead

80mHurdles	Lilian	Gowans	12.96	17 May 09	SYAL 2	Wishaw
	Rachel	Dinsdale	13.68	6 Sep 09	UKYAL Final	Birmingham
	Gabriella	Votta	13.7	19 April 09	SWAL 1	Grangemouth
300mHurdles	Fiona	Cleat	47.26	6 Sep 09	UKYAL Final	Birmingham
	Claire	Florence	49.27	6 Sep 09	UKYAL Final	Birmingham
	Lilian	Gowans	54.1	19 April 09	SWAL 1	Grangemouth
Long Jump	Rebecca	Law	4.98	2 Aug 09	HASL2	Meadowbank
	Jennifer	Arnott	4.86	15 Aug 09	Scottish	Grangemouth
	Ailsa	Mackie	4.77	24 May 09	NJAL4	Gateshead
	Rachel	Dinsdale	4.74	30 Aug 09	SWAL3	Aberdeen
	Sarah	Watters	4.53	3 May 09	SYAL 1	Grangemouth
	Gabriella	Vita	4.30	19 April 09	SWAL 1	Grangemouth
	Sarah	Grant	3.87	31 May 09	SWAL2	Meadowbank
	Rebecca	Caswell	2.37	5 July 09	SYAL 3	Grangemouth
Triple Jump	Ailsa	Mackie	9.80	16 Aug 09	Scottish	Grangemouth
	Jennifer	Arnott	9.16	6 Sep 09	UKYAL Final	Birmingham
High Jump	Sarah	Watters	1.40	23 Aug 09	SYAL Final	Grangemouth
	Sarah	Grant	1.35	31 May 09	SWAL2	Meadowbank
	Ailsa	Mackie	1.35	31 May 09	SWAL2	Meadowbank
	Rachel	Dinsdale	1.35	6 Sep 09	UKYAL Final	Birmingham
Pole Vault	Katie	Murdoch	2.00	6 Sep 09	UKYAL Final	Birmingham
Shot Putt	Nicky	McMurtrie	10.24	3 May 09	SYAL 1	Grangemouth
	Lisa	Robertson	10.18	12 June 09	Scot Schools	Grangemouth
	Beth	Valente	8.06	19 April 09	SWAL 1	Grangemouth
	Laura	Robertson	4.15	30 Aug 09	SWAL3	Aberdeen
Discus	Nicky	McMurtrie	34.32	21 June 09	Scottish	Pitreavie
	Beth	Valente	27.21	13 Sep 09	NJAL Final	Derby
	Pippa	Valente	26.64	24 May 09	NJAL2	Grangemouth
	Kate	Turnbull	20.66	6 Sep 09	UKYAL Final	Birmingham
	Lisa	Robertson	19.77	6 Sep 09	UKYAL Final	Birmingham
	Gaby	Vita	18.88	2 Aug 09	HASL2	Meadowbank
	Gabby	Votta	15.76	12 April 09	Lothian Trials	Meadowbank
	Faye	Kearney	10.86	2 Aug 09	HASL2	Meadowbank
Hammer	Kate	Turnbull	39.21	5 Sep 09	Hammer GP	Grangemouth
	Beth	Valente	23.54	28 June 09	HASL1	Meadowbank
	Pippa	Valente	13.28	31 May 09	SWAL2	Meadowbank
Javelin	Nicky	McMurtrie	34.95	12 June 09	Scot Schools	Grangemouth
	Beth	Valente	34.27	30 Aug 09	SWAL3	Aberdeen
	Pippa	Valente	30.61	12 June 09	Scot Schools	Grangemouth
	Kate	Turnbull	14.52	6 Sep 09	UKYAL Final	Birmingham
4 x 100m	Gaby Vita, Charlie Eyeington, Faye Kearney, Rebecca Caswell		50.34	21 June 09	Scottish	Pitreavie

4 x 300m	Fiona Cleat, Claire Florence, Faye Kearney, Emily Dudgeon	2.54.00	6 Sep 09	UKYAL Final	Birmingham
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Under 15
Girls

	<u>Forename</u>	<u>Surname</u>	<u>Performance</u>	<u>Date</u>	<u>Event</u>	<u>Venue</u>
100m	Kirsty	McKean	13.18	17 May 09	SYAL 2	Wishaw
	Isla	McKenzie	13.38	17 June 09	School Int Area	Grangemouth
	Emma	McGinty	13.49	28 June 09	HASL 1	Meadowbank
	Laura	Page	13.71	3 May 09	SYAL 1	Grangemouth
	Firouzeh	Mitchell	13.77	12 April 09	Lothian Trials	Meadowbank
	Katie	Logan	13.83	1 August 09	FVL Fin Div1	Grangemouth
	Caitlin	Hardie	14.25	1 August 09	FVL Fin Div1	Grangemouth
	Kimberley	Smith	14.27	13 June 09	Scot Schools	Grangemouth
	Devin	Blackie	14.45	3 June 09	Edin Schools	Meadowbank
	Billie	Owens	14.8	18 June 09	FVL 3 Div 2	Grangemouth
	Clare	Mackie	14.87	28 June 09	HASL 1	Meadowbank
	Kimberley	Reed	15.00	28 June 09	HASL 1	Meadowbank
	Caitlin	O'Neil	15.1	18 June 09	FVL 3 Div 1	Pitreavie
	Lizzie	Ashcroft	15.45	12 April 09	Lothian Trials	Meadowbank
	Isla	Scott-Pierce	15.50	1 August 09	FVL Fin Div2	Grangemouth
	Fiona	Murray	16.0	22 April 09	FVL 1 Div 2	Pitreavie
	Onagh	Murray	17.2	22 April 09	FVL 1 Div 2	Pitreavie
200m	Isla	McKenzie	27.48	6 Sep 09	UKYAL Final	Birmingham
	Kirsty	McKean	27.64	2 Aug 09	HASL2	Meadowbank
	Emma	McGinty	28.15	3 May 09	SYAL 1	Grangemouth
	Laura	Page	28.7	19 April 09	SWAL 1	Grangemouth
	Nicole	Baxter	28.96	2 Aug 09	HASL2	Meadowbank
	Blair	Wood	28.97	12 April 09	Lothian Trials	Meadowbank
	Madeline	Roy	29.47	1 August 09	FVL Fin Div2	Grangemouth
	Clare	Mackie	29.5	14 May 09	FVL 2 Div 2	Pitreavie
	Kimberley	Smith	29.57	2 Aug 09	HASL2	Meadowbank
	Caitlin	Hardie	29.63	1 August 09	FVL Fin Div1	Grangemouth
	Devin	Blackie	29.63	3 June 09	Edin Schools	Meadowbank
	Kirsten	Peters	29.66	5 July 09	SYAL 3	Grangemouth
	Claire	Mackie	29.91	2 Aug 09	HASL2	Meadowbank
	Katie	Logan	30.0	14 May 09	FVL 2 Div 1	Grangemouth
	Kimberley	Reed	30.11	2 Aug 09	HASL2	Meadowbank
	Eilidh	Thomson	30.66	3 June 09	Edin Schools	Meadowbank
	Billie	Owens	31.62	12 April 09	Lothian Trials	Meadowbank
Rachel	Robertson	31.7	31 May 09	SWAL2	Meadowbank	
300m	Blair	Wood	43.89	28 June 09	HASL 1	Meadowbank
	Kirsty	McKean	44.11	28 June 09	HASL 1	Meadowbank
	Eilidh	Thomson	45.56	8 July 09	OGM	Grangemouth
	Rachael	Dunn	46.16	28 June 09	HASL 1	Meadowbank
	Nicole	Baxter	47.6	18 June 09	FVL 3 Div 1	Pitreavie
	Kimberley	Smith	49.26	28 June 09	HASL 1	Meadowbank
	Billie	Owens	54.5	18 June 09	FVL 3 Div 2	Grangemouth

800m	Blair	Wood	2.21.3	19 April 09	SWAL 1	Grangemouth
	Kirsten	Peters	2.22.1	31 May 09	SWAL2	Meadowbank
	Olivia	Mackenzie	2.24.37	23 Aug 09	SYAL Final	Grangemouth
	Rachael	Dunn	2.25.52	5 July 09	SYAL 3	Grangemouth
	Olivia	O'Hare	2.28.7	31 May 09	SWAL2	Meadowbank
	Anna	Hyde	2.33.03	30 Aug 09	SWAL3	Aberdeen
	Caitlin	Gray	2.33.60	3 June 09	Edin Schools	Meadowbank
	Isla	Mackenzie	2.33.90	30 Aug 09	SWAL3	Aberdeen
	Eilidh	Thomson	2.35.80	12 June 09	Scot Schools	Grangemouth
	Nicole	Baxter	2.38.30	2 Aug 09	HASL2	Meadowbank
	Tatiana	Spens	2.48.4	14 May 09	FVL 2 Div 1	Grangemouth
	Kirsty	Emslie	2.52.45	12 April 09	Lothian Trials	Meadowbank
	Ellen	Renton	3.00.88	3 June 09	Edin Schools	Meadowbank
	1500m	Olivia	O'Hare	4.52.10	23 Aug 09	SYAL Final
Emma		Dunnnett	4.54.8	31 May 09	SWAL2	Meadowbank
Rachael		Dunn	4.56.14	17 June 09	School Int Area	Grangemouth
Blair		Wood	5.07.00	5 July 09	SYAL 3	Grangemouth
Olivia		Mackenzie	5.08.52	13 June 09	Scot Schools	Grangemouth
Caitlin		Gray	5.08.54	13 June 09	Scot Schools	Grangemouth
Anna		Hyde	5.08.56	8 July 09	OGM	Grangemouth
Oonagh		Dunnnett	5.17.8	31 May 09	SWAL2	Meadowbank
Tatiana		Spens	5.22.0	23 April 09	FVL 1 Div 1	Pitreavie
1 Mile	Olivia	O'Hare	5.22.87	1 August 09	FVL Fin Div1 FVL Fin Div1	Grangemouth
	Tatiana	Spens	6.11.24	1 August 09		Grangemouth
75mHurdles	Kirsty	McKean	12.32	16 Aug 09	Scottish	Grangemouth
	Emma	McGinty	12.42	16 Aug 09	Scottish	Grangemouth
	Caitlin	O'Neil	13.58	1 August 09	FVL Fin Div1	Grangemouth
	Kerry-Anne	Hastings	13.67	1 August 09	FVL Fin Div1	Grangemouth
	Isla	Scott-Pierce	14.11	1 August 09	FVL Fin Div2	Grangemouth
Long Jump	Kirsty	McKean	5.15	30 Aug 09	SWAL3	Aberdeen
	Katie	Logan	4.74	23 Aug 09	SYAL Final	Grangemouth
	Isla	Mackenzie	4.47	5 July 09	SYAL 3	Grangemouth
	Devin	Blackie	4.36	12 April 09	Lothian Trials	Meadowbank
	Laura	Page	4.17	12 April 09	Lothian Trials	Meadowbank
	Emma	McGinty	4.12	28 June 09	HASL1	Meadowbank
	Caitlin	O'Neill	3.99	31 May 09	SWAL2	Meadowbank
	Billie	Owens	3.70	12 April 09	Lothian Trials	Meadowbank
	Barrie	Lyll	3.62	14 May 09	FVL 2 Div 2	Pitreavie
	Isla	Scott-Pierce	3.49	1 August 09	FVL Fin Div2	Grangemouth
	Kimberley	Smith	3.31	1 August 09	FVL Fin Div2	Grangemouth
High Jump	Caitlin	O'Neil	1.50	31 May 09	SWAL2	Meadowbank
	Kerry-Anne	Hastings	1.50	6 Sep 09	UKYAL Final	Birmingham
	Naomi	Symonds	1.35	16 Aug 09	Scottish	Grangemouth
	Tatiana	Spens	1.35	12 June 09	Scot Schools	Grangemouth
	Katie	Logan	1.30	19 April 09	SWAL 1	Grangemouth
	Kimberley	Reed	1.25	2 Aug 09	HASL2	Meadowbank
	Eilidh	Thomson	1.24	3 June 09	Edin schools	Meadowbank

Pole Vault	Katie	Logan	1.95	6 Sep 09	UKYAL Final	Birmingham
Shot Putt	Naomi	Symonds	10.51	6 Sep 09	UKYAL Final	Birmingham
	Katie	Logan	9.07	13 June 09	Scot Schools	Grangemouth
	Kimberley	Reed	8.32	30 Aug 09	SWAL3	Aberdeen
	Rachel	Robertson	6.50	31 May 09	SWAL2	Meadowbank
	Kirsten	Turnbull	5.96	23 April 09	FVL 1 Div 1	Pitreavie
	Lisa	Wilson	5.86	22 April 09	FVL 1 Div 2	Pitreavie
	Fiona	Murray	5.58	22 April 09	FVL 1 Div 2	Pitreavie
Discus	Kimberley	Reed	28.43	2 Aug 09	HASL2	Meadowbank
	Rachel	Robertson	23.08	28 June 09	HASL1	Meadowbank
	Naomi	Symonds	22.96	16 Aug 09	Scottish	Grangemouth
	Laura-Beth	Sproule	16.01	1 August 09	FVL Fin Div2	Grangemouth
	Kimberley	Smith	11.83	1 August 09	FVL Fin Div2	Grangemouth
Javelin	Kimberley	Reed	22.12	23 Aug 09	SYAL Final	Grangemouth
	Rachel	Robertson	16.02	5 July 09	SYAL 3	Grangemouth
	Laura Beth	Sproule	13.31	3 May 09	SYAL 1	Grangemouth
	Kimberley	Smith	6.70	14 May 09	FVL 2 Div 2	Pitreavie
Hammer	Kimberley	Reed	45.73	8 August 09	English Champ	Bedford
4 x 100m	Kirsty McKean, Emma McGinty Isla McKenzie, Blair Wood		51.78	21 June 09	Scottish	Pitreavie
3 x 800m	Blair Wood, Olivia Mackenzie, Rachael Dunn		7.25.41	9 August 09	Scottish	Grangemouth

Under 13

Girls

	<u>Forename</u>	<u>Surname</u>	<u>Performance</u>	<u>Date</u>	<u>Event</u>	<u>Venue</u>
75m	Rosie	Wilson	10.40	17 May 09	SYAL 2	Wishaw
	Elizabeth	Wells	10.76	3 May 09	SYAL 1	Grangemouth
	Morayo	Benson	10.96	5 July 09	SYAL 3	Grangemouth
	McKenzie	Bell	11.02	17 May 09	SYAL 2	Wishaw
	Erin	Boddie	11.99	5 July 09	SYAL 3	Grangemouth
100m	Katie	Robertson	14.12	13 June 09	Scot Schools	Grangemouth
	Rosie	Wilson	14.28	30 Aug 09	SWAL3	Aberdeen
	Lizzie	Wells	14.4	31 May 09	SWAL2	Meadowbank
	Morayo	Benson	14.48	28 June 09	HASL 1	Meadowbank
	McKenzie	Bell	14.74	12 April 09	Lothian Trials	Meadowbank
	Heide	Biberbach- Laidlaw	14.9	23 April 09	FVL 1 Div 1	Pitreavie
	Hannah	Cameron	15.19	12 April 09	Lothian Trials	Meadowbank
	Erin	Boddie	15.4	12 April 09	Lothian Trials	Meadowbank
	Ellie	McGinty	15.47	12 April 09	Lothian Trials	Meadowbank
	Charlotte	Robison	15.69	13 Sep 09	Pit Trophy	Pitreavie
	Charlotte	Miller	15.8	22 April 09	FVL 1 Div 2	Pitreavie
	Hannah	Paterson	16.0	12 April 09	Lothian Trials	Meadowbank
	Hannah	Ferguson	16.0	12 April 09	Lothian Trials	Meadowbank

	Suzanna	Arnott	16.4	18 June 09	FVL 3 Div 2	Grangemouth
	Katie	Smith	16.55	28 June 09	HASL 1	Meadowbank
	Iona	Steadman	16.8	12 April 09	Lothian Trials	Meadowbank
	Georgina	Loudon	17.0	22 April 09	FVL 1 Div 2	Pitreavie
	Chloe	Prentice	17.39	12 April 09	Lothian Trials	Meadowbank
	Abigail	Gray	17.44	12 April 09	Lothian Trials	Meadowbank
	Eleanour	Stewart	17.40	12 April 09	Lothian Trials	Meadowbank
	Danielle	Stoddart	17.46	1 August 09	FVL Fin Div2	Grangemouth
150m	Rosie	Wilson	20.09	3 May 09	SYAL 1	Grangemouth
	Lizzie	Wells	20.87	5 July 09	SYAL 3	Grangemouth
	Katie	Robertson	21.44	6 Sep 09	UKYAL Final	Birmingham
	Emily	Strathdee	21.5	17 May 09	SYAL 2	Wishaw
	Hannah	Cameron	21.82	3 May 09	SYAL 1	Grangemouth
200m	Rosie	Wilson	28.1	31 May 09	SWAL2	Meadowbank
	Lizzie	Wells	29.3	31 May 09	SWAL2	Meadowbank
	Ellie	McGinty	29.54	30 Aug 09	SWAL3	Aberdeen
	Mckenzie	Bell	30.0	19 April 09	SWAL 1	Grangemouth
	Katie	Robertson	30.2	30 Aug 09	SWAL3	Aberdeen
	Hannah	Cameron	30.37	2 Aug 09	HASL2	Meadowbank
	Erin	Boddie	31.0	14 May 09	FVL 2 Div 2	Pitreavie
	Charlotte	Robison	31.4	2 Aug 09	HASL2	Meadowbank
	Hannah	Paterson	32.1	14 May 09	FVL 2 Div 2	Pitreavie
	Cara	Brown	32.7	14 May 09	FVL 2 Div 1	Grangemouth
	Georgina	Loudon	32.9	2 Aug 09	HASL2	Meadowbank
	Hannah	Ferguson	35.33	12 April 09	Lothian Trials	Meadowbank
	Billie	Armstrong	35.35	1 August 09	FVL Fin Div2	Grangemouth
	Abigail	Gray	37.07	12 April 09	Lothian Trials	Meadowbank
	Chloe	Prentice	38.41	12 April 09	Lothian Trials	Meadowbank
300m	Georgina	Loudon	52.34	8 July 09	OGM	Grangemouth
800m	Rosie	Wilson	2.27.43	30 Aug 09	SWAL3	Aberdeen
	Hannah	Cameron	2.30.04	6 Sep 09	UKYAL Final	Birmingham
	Emily	Strathdee	2.32.63	3 June 09	Edin Schools	Meadowbank
	Ali	Hunter	2.36.02	13 Sep 09	Pit Trophy	Pitreavie
	Heide	Biberbach-Laidlaw	2.41.74	3 May 09	SYAL 1	Grangemouth
	Georgina	Loudon	2.43.93	5 July 09	SYAL 3	Grangemouth
	Millie	Stretton	2.44.2	23 April 09	FVL 1 Div 1	Pitreavie
	Claire	Prentice	2.52.4	18 June 09	FVL 3 Div 1	Pitreavie
	Katie	Smith	2.53.56	28 June 09	HASL1	Meadowbank
	Joanna	Prentice	2.56.5	18 June 09	FVL 3 Div 1	Pitreavie
	Katie	Robertson	3.00.33	19 July 09	Scottish CE	Pitreavie
	Billie	Armstrong	3.04.23	3 June 09	Edin Schools	Meadowbank
	Eleanour	Stewart	3.12.79	12 April 09	Lothian Trials	Meadowbank
	Abigail	Gray	3.19.95	12 April 09	Lothian Trials	Meadowbank
	Suzanna	Arnott	3.24.5	14 May 09	FVL 2 Div 2	Pitreavie
1200m	Emily	Strathdee	4.01.38	6 Sep 09	UKYAL Final	Birmingham
	Ali	Hunter	4.02.22	6 Sep 09	UKYAL Final	Birmingham
	Hannah	Cameron	4.07.78	23 Aug 09	SYAL: Final	Grangemouth
	Millie	Stretton	4.23.01	3 May 09	SYAL 1	Grangemouth

1500m	Emily	Strathdee	5.20.75	1 August 09	FVL Fin Div1	Grangemouth
	Ali	Hunter	5.22.94	1 August 09	FVL Fin Div1	Grangemouth
	Georgina	Loudon	6.07.60	1 August 09	FVL Fin Div2	Grangemouth
70mHurdles	Katie	Robertson	12.20	30 Aug 09	SWAL3	Aberdeen
	Ellie	McGinty	13.14	6 Sep 09	UKYAL Final	Birmingham
	Charlotte	Robison	13.55	13 Sep 09	Pit Trophy	Pitreavie
Long Jump	Elizabeth	Wells	4.43	30 Aug 09	SWAL3	Aberdeen
	Katie	Robertson	4.08	3 May 09	SYAL 1	Grangemouth
	Ellie	McGinty	4.06	18 June 09	FVL 3 Div 1	Pitreavie
	Charlotte	Robison	3.90	2 Aug 09	HASL2	Meadowbank
	Ellie	McGinty	3.86	2 Aug 09	HASL2	Meadowbank
	McKenzie	Bell	3.77	12 April 09	Lothian Trials	Meadowbank
	Rosie	Wilson	3.54	2 Aug 09	HASL2	Meadowbank
	Hannah	Ferguson	3.33	18 June 09	FVL 3 Div 1	Pitreavie
	Erin	Boddie	3.33	18 June 09	FVL 3 Div 2	Grangemouth
	Suzanna	Arnott	3.17	12 April 09	Lothian Trials	Meadowbank
	Hannah	Paterson	3.04	12 April 09	Lothian Trials	Meadowbank
	Iona	Steadman	2.59	12 April 09	Lothian Trials	Meadowbank
High Jump	Katie	Robertson	1.45	28 June 09	HASL1	Meadowbank
	Ellie	McGinty	1.30	17 May 09	SYAL 2	Wishaw
	Suzanna	Arnott	1.15	12 April 09	Lothian Trials	Meadowbank
	Erin	Boddie	1.15	1 August 09	FVL Fin Div2	Grangemouth
Shot Putt	Morayo	Benson	8.70	5 July 09	SYAL 3	Grangemouth
	Katie	Robertson	7.22	30 Aug 09	SWAL3	Aberdeen
	Ellie	McGinty	6.41	30 Aug 09	SWAL3	Aberdeen
	Samantha	Higgs	6.13	14 May 09	FVL 2 Div 1	Grangemouth
	Georgina	Loudon	5.59	2 Aug 09	HASL2	Meadowbank
	Hannah	Paterson	5.34	14 May 09	FVL 2 Div 2	Pitreavie
	Katherine	Caswell	5.23	8 July 09	OGM	Grangemouth
	Eleanour	Stewart	5.08	12 April 09	Lothian Trials	Meadowbank
	Erin	Boddie	4.57	14 May 09	FVL 2 Div 2	Pitreavie
Javelin	Ellie	McGinty	17.10	1 August 09	FVL Fin Div1	Grangemouth
	Katie	Robertson	15.92	12 April 09	Lothian Trials	Meadowbank
	Marayo	Benson	8.00	1 August 09	FVL Fin Div1	Grangemouth
Discus						
Pentathlon	Katie	Robertson	2110	19 July 09	Scottish CE	Pitreavie
4 x 100m			54.6	31 May 09	SWAL2	Meadowbank
3 x 800m	Hannah Cameron, Emily Strathdee, Rosie Wilson		7.49.22	9 August 09	Scottish	Grangemouth

Under 11
Girls

	<u>Forename</u>	<u>Surname</u>	<u>Performance</u>	<u>Date</u>	<u>Event</u>	<u>Venue</u>
75m	Natalie	Robbins	11.25	13 Sep 09	Pit Trophy	Pitreavie
100m	Natalie	Robbins	14.93	28 June 09	HASL 1	Meadowbank
	Ella	Watt	15.7	18 June 09	FVL 3 Div 2	Grangemouth
	Kelly	Whigham	15.7	23 April 09	FVL 1 Div 1	Pitreavie
	Rachel	Ferguson	16.1	23 April 09	FVL 1 Div 1	Pitreavie
	Hannah	Logan	16.3	18 June 09	FVL 3 Div 2	Grangemouth
	Olivia	Walls	16.33	28 June 09	HASL 1	Meadowbank
	Christy	Guild	16.81	12 April 09	Lothian Trials	Meadowbank
	Carolyn	Cameron	16.94	1 August 09	FVL Fin Div2	Grangemouth
	Sarah	Wilson	17.8	22 April 09	FVL 1 Div 2	Pitreavie
	Flora	Guild	18.55	12 April 09	Lothian Trials	Meadowbank
	Lora	Grieve	19.70	28 June 09	HASL 1	Meadowbank
150m	Natalie	Robbins	22.51	13 Sep 09	Pit Trophy	Pitreavie
	Olivia	Walls	25.01	13 Sep 09	Pit Trophy	Pitreavie
200m	Natalie	Robbins	31.12	1 August 09	FVL Fin Div1	Grangemouth
	Kelly	Whigham	33.45	14 May 09	FVL 2 Div 1	Grangemouth
	Rachel	Ferguson	33.73	12 April 09	Lothian Trials	Meadowbank
	Olivia	Walls	34.47	2 Aug 09	HASL2	Meadowbank
	Ella	Watt	35.18	1 August 09	FVL Fin Div1	Grangemouth
	Carolyn	Cameron	35.28	2 Aug 09	HASL2	Meadowbank
	Rachel	Hardie	36.65	1 August 09	FVL Fin Div2	Grangemouth
	Hannah	Logan	37.85	1 August 09	FVL Fin Div2	Grangemouth
600m	Carolyn	Cameron	2.21.29	2 Aug 09	HASL2	Meadowbank
800m	Hilary	Lavin	2.57.01	28 June 09	HASL 1	Meadowbank
	Amy	Armstrong	2.58.38	1 August 09	FVL Fin Div1	Grangemouth
	Carolyn	Cameron	3.04.17	13 Sep 09	Pit Trophy	Pitreavie
	Olivia	Walls	3.08.88	28 June 09	HASL 1	Meadowbank
	Rachel	Ferguson	3.13.93	12 April 09	Lothian Trials	Meadowbank
	Hannah	Logan	3.16.41	12 April 09	Lothian Trials	Meadowbank
	Lucy	Witherspoon	3.19.1	22 April 09	FVL 1 Div 2	Pitreavie
	Ella	Watt	3.20.2	22 April 09	FVL 1 Div 2	Pitreavie
Long Jump	Natalie	Robbins	3.95	19 July 09	Scottish CE	Pitreavie
	Kelly	Whigham	3.33	12 April 09	Lothian Trials	Meadowbank
	Rachel	Ferguson	3.23	12 April 09	Lothian Trials	Meadowbank
	Ella	Watt	3.21	22 April 09	FVL 1 Div 2	Pitreavie
	Amy	Armstrong	3.18	1 August 09	FVL Fin Div1	Grangemouth
	Hannah	Logan	3.09	12 April 09	Lothian Trials	Meadowbank
	Olivia	Walls	2.97	2 Aug 09	HASL2	Meadowbank
	Carolyn	Cameron	2.93	13 Sep 09	Pit Trophy	Pitreavie
High Jump	Rachel	Ferguson	1.15	12 April 09	Lothian Trials	Meadowbank
	Kelly	Whigham	1.10	14 May 09	FVL 2 Div 1	Grangemouth

Shot Putt	Natalie	Robbins	6.19	2 Sep 09	OGM	Grangemouth
	Rachel	Ferguson	4.61	18 June 09	FVL 3 Div 1	Pitreavie
	Hannah	Logan	4.31	18 June 09	FVL 3 Div 2	Grangemouth
	Zoe	Merrilees	4.28	1 August 09	FVL Fin Div2	Grangemouth
	Andrea	Waugh	3.75	12 April 09	Lothian Trials	Meadowbank
	Amy	Armstrong	3.34	1 August 09	FVL Fin Div1	Grangemouth
Javelin	Natalie	Robbins	12.17	19 July 09	Scottish CE	Pitreavie
Triathlon	Natalie	Robbins	720	19 July 09	Scottish CE	Pitreavie
4 x 100m	Kelly Whigham Rachel Ferguson Amy Armstrong, , Natalie Robbins		63.1	18 June 09	FVL 3 Div 1	Pitreavie