

EDINBURGH ATHLETIC CLUB

Content by *Keith Ridley*

CLUB YOUNG ATHLETE RANKING LISTS AS AT 30 SEPTEMBER 2010

The ranking lists below are based on outdoor results in 2010. Some performances may have been missed; please let Keith Ridley know of any omissions or errors (including names spelt incorrectly). These will be corrected as soon as possible.

<u>Under 20</u>	<u>Men</u>	<u>Forename</u>	<u>Surname</u>	<u>Performance</u>	<u>Date</u>	<u>Event</u>	<u>Venue</u>
100m		Allan	Hamilton	10.76	29 Aug 10	SAL 4	Grangemouth
		Isaiah	Symonds	11.06	29 Aug 10	SAL 4	Grangemouth
		Corey	Hastings	11.54	2 June 10	Edin Schools	Meadowbank
200m		Isaiah	Symonds	22.29	29 Aug 10	SAL 4	Grangemouth
		Peter	Loudon	23.73	6 June 10	L & B 3	Meadowbank
		Jordan	Newport	23.87	8 Aug 10	SAL 3	Wishaw
		Mark	Smith	23.90	6 June 10	L & B 3	Meadowbank
400m		Peter	Loudon	50.12	1 Sep 10	OGM	Grangemouth
		Lewis	Renton	54.65	2 June 10	Edin Schools	Meadowbank
800m		Peter	Loudon	1.54.73	29 Aug 10	SAL 4	Grangemouth
		Andrew	Crichton	1.54.74	16 May 10	Inter Region	Wishaw
		Marcus	Cram	2.01.12	12 June 10	Scot Schools	Grangemouth
		Edward	Dudgeon	2.01.44	8 Sep 10	OGM	Linwood
		Adam	Jack	2.05.00	29 Aug 10	SAL 4	Grangemouth
		Lewis	Renton	2.11.30	18 Apr 10	SAL 1	Aberdeen
1500m		Andrew	Crichton	3.56.18	13 June 10	Scottish U20	Grangemouth
		Edward	Dudgeon	4.09.94	1 Sep 10	OGM	Grangemouth
		Marcus	Cram	4.15.27	11 June 10	Scot Schools	Grangemouth
		Adam	Jack	4.15.71	20 June 10	SAL 2	Grangemouth
		Grant	McEwan	5.04.66	2 June 10	Edin Schools	Meadowbank
3000m		Andrew	Crichton	8.45.2	25 Apr 10	NJAL 1	Manchester
2000m S/C		Adam	Jack	6.35.4	27 June 10	NJAL3	Gateshead
		Fraser	Mann	6.57.85	23 May 10	NJAL 2	Meadowbank

3000m S/C	Adam	Jack	11.01.59	16 May 10	Inter Region	Wishaw
110mHurdles	Toby	Harris	14.89	20 June 10	England U20	Bedford
400m Hurdles	Toby	Harris	56.9	25 Apr 10	NJAL 1	Manchester
	Lewis	Renton	64.64	16 May 10	Inter Region	Wishaw
Long Jump	Allan	Hamilton	7.14	19 June 10	England U20	Bedford
	Corey	Hastings	6.37	18 Apr 10	SAL 1	Aberdeen
	Jordan	Newport	6.35	18 July 10	Scottish	Pitreavie
Triple Jump	Allan	Hamilton	14.77	12 June 10	Scot Schools	Grangemouth
	Corey	Hastings	12.34	12 June 10	Scot Schools	Grangemouth
	Peter	Loudon	11.84	20 June 10	SAL 2	Grangemouth
High Jump	Allan	Hamilton	1.90	9 May 10	L & B 2	Meadowbank
	Corey	Hastings	1.85	9 May 10	L & B 2	Meadowbank
Pole Vault	Allan	Hamilton	2.90	25 July 10	NJAL4	Scotstoun
	Craig	Dickson	2.40	23 May 10	NJAL 2	Meadowbank
Shot Putt	Ross	McManus	12.20	3 June 10	Fife Schools	Pitreavie
	Ross	McManus	10.06 (Sen)	16 May 10	Inter Region	Wishaw
	Andrew	Robertson	9.62	27 June 10	NJAL 3	Gateshead
	Jonathan	Murray	9.40	12 Sep 10	NJAL Final	Derby
	Andrew	Robertson	8.73 (Sen)	20 June 10	SAL 2	Grangemouth
	Myles	Paterson	8.72	23 May 10	NJAL 2	Meadowbank
	Dean	Murray	8.51	11 Apr 10	Lothian Trials	Meadowbank
	Dean	Murray	7.65 (Sen)	18 Apr 10	SAL 1	Aberdeen
Discus	Ross	McManus	39.02	3 June 10	Fife Schools	Pitreavie
	Raleigh	Salvesen	33.76	11 June 10	Scot Schools	Grangemouth
	Ross	McManus	29.93 (Sen)	16 May 10	Inter Region	Wishaw
	Andrew	Robertson	29.09	12 Sep 10	NJAL Final	Derby
	Andrew	Robertson	23.54 (Sen)	18 Apr 10	SAL 1	Aberdeen
	Myles	Paterson	22.15 (Sen)	18 Apr 10	SAL 1	Aberdeen
Javelin	Will	Lerche	59.20	12 June 10	Scot Schools	Grangemouth
	Adam	Simpson	45.21	2 June 10	Edin Schools	Meadowbank
	Myles	Paterson	43.91	12 June 10	Scot Schools	Grangemouth
	Andrew	Robertson	38.74	27 June 10	NJAL 3	Gateshead
	Jonathan	Murray	34.59	12 Sep 10	NJAL Final	Derby
	Ross	McManus	33.20	27 June 10	NJAL 3	Gateshead
	Dean	Murray	25.79	18 Apr 10	SAL 1	Aberdeen
Hammer	Ross	McManus	54.23	11 Apr 10	Lothian Trials	Meadowbank
	Ross	McManus	43.74 (Sen)	18 July 10	Scottish	Pitreavie
	Jonathan	Murray	38.20	4 Aug 10	OGM	Grangemouth
	Andrew	Robertson	22.01 (Sen)	20 June 10	SAL 2	Grangemouth
	Dean	Murray	16.95 (Sen)	18 Apr 10	SAL 1	Aberdeen
	Toby	Harris	8.41	25 Apr 10	NJAL 1	Manchester
4 x 100m	Allan Hamilton, Isaiah Symonds Tom Holligan, Kieran Kivlin		42.31	12 Sep 10	NJAL Final	Derby

4 x 400m	Toby Harris, Lewis Renton, Peter Loudon, Tom Holligan	3.42.48	18 Apr 10	SAL 1	Aberdeen
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Under 17

<u>Men</u>	<u>Forename</u>	<u>Surname</u>	<u>Performance</u>	<u>Date</u>	<u>Event</u>	<u>Venue</u>
100m	Tom	Holligan	10.84	21 Aug 10	English U17	Bedford
	Kieran	Kivlin	11.02	2 June 10	Edin Schools	Meadowbank
	John	Glen	11.46	11 June 10	Scot Schools	Grangemouth
	Freddy	Smith	11.65	2 June 10	Edin Schools	Meadowbank
	Calvin	Girvan	11.83	11 Apr 10	Lothian Trials	Meadowbank
	Cameron	Goodall	12.06	1 Aug 10	SYAL Final	Grangemouth
	Chris	Kelly	12.07	2 June 10	Edin Schools	Meadowbank
	Alex	North	12.1	4 April 10	OGM	Nithsdale
	Jordan	Charters	12.20	11 June 10	Scot Schools	Grangemouth
	Damon	Salmanzadeh	12.33	2 June 10	Edin Schools	Meadowbank
	Michael	Fernie	12.41	4 July 10	SYAL 3	Grangemouth
	Keiran	Reilly	12.42	11 Apr 10	Lothian Trials	Meadowbank
	Ben	Watson	13.09	11 Apr 10	Lothian Trials	Meadowbank
	Michael	Tomassi	13.54	11 Apr 10	Lothian Trials	Meadowbank
200m	Tom	Holligan	21.89	22 Aug 10	English U17	Bedford
	Kieran	Kivlin	22.37	2 June 10	Edin Schools	Meadowbank
	Jay	Younger	22.70	27 June 10	NJAL 3	Gateshead
	John	Glen	22.76	25 July 10	NJAL4	Scotstoun
	Freddy	Smith	23.50	2 June 10	Edin Schools	Meadowbank
	Alex	North	24.44	11 Apr 10	Lothian Trials	Meadowbank
	Michael	Fernie	24.55	2 June 10	Edin Schools	Meadowbank
	Euan	Smith	24.81	6 June 10	L & B 3	Meadowbank
	Keiran	Reilly	24.96	15 May 10	Scottish Closed	Wishaw
	Damon	Salmanzadeh	25.03	2 June 10	Edin Schools	Meadowbank
	Chris	Kelly	25.07	6 June 10	L & B 3	Meadowbank
	Ben	Watson	26.61	11 Apr 10	Lothian Trials	Meadowbank
	Michael	Tomassi	26.76	11 Apr 10	Lothian Trials	Meadowbank
	400m	Jay	Younger	48.49	22 Aug 10	English U17
Tom		Holligan	50.47	15 May 10	Scottish Closed	Wishaw
Alex		North	53.35	11 Apr 10	Lothian Trials	Meadowbank
Keiran		Reilly	54.08	11 Apr 10	Lothian Trials	Meadowbank
Seumas		Thomson	54.27	1 Aug 10	SYAL Final	Grangemouth
Damon		Salmanzadeh	54.84	4 July 10	SYAL 3	Grangemouth
Sam		Wightman	55.44	2 June 10	Edin Schools	Meadowbank
800m	Alex	North	2.05.0	4 April 10	OGM	Nithsdale
	Jake	Wightman	2.05.40	30 May 10	SYAL 2	Wishaw
	Ruaridh	Miller	2.12.58	9 May 10	L & B 2	Meadowbank
	Peter	Cameron	2.14.10	9 May 10	L & B 2	Meadowbank
	Ciaran	Turton	2.14.13	5 Sep 10	UK YAL Final	Manchester
	Angus	Inwood	2.15.38	2 June 10	Edin Schools	Meadowbank

1500m	Jake	Wightman	4.13.89	15 May 10	Scottish Closed	Wishaw
	Ruaridh	Miller	4.23.72	14 Aug 10	Scottish	Scotstoun
	Peter	Cameron	4.38.75	11 Apr 10	Lothian Trials	Meadowbank
	Angus	Inwood	4.52.11	1 Aug 10	SYAL Final	Grangemouth
	Ciaran	Turton	5.00.97	5 Sep 10	UK YAL Final	Manchester
3000m	Jake	Wightman	9.06.60	12 June 10	Scot Schools	Grangemouth
	Peter	Cameron	10.11.70	5 May 10	OGM	Grangemouth
	Angus	Inwood	11.11.80	1 Aug 10	SYAL Final	Grangemouth
1500m S/C	Sam	Wightman	4.55.09	30 May 10	SYAL 2	Wishaw
	Ruaridh	Miller	5.13.47	5 Sep 10	UK YAL Final	Manchester
	Angus	Inwood	5.22.54	5 Sep 10	UK YAL Final	Manchester
	Peter	Cameron	5.54.50	30 May 10	SYAL 2	Wishaw
100mHurdles	Cameron	Goodall	13.85	5 Sep 10	UK YAL Final	Manchester
	Seumas	Thomson	14.50	5 Sep 10	UK YAL Final	Manchester
	Freddy	Smith	16.68	2 May 10	SYAL 1	Grangemouth
110m Hurdles	Cameron	Goodall	18.00	12 Sep 10	NJAL Final	Derby
400m Hurdles	Seumas	Thomson	58.91	1 Aug 10	SYAL Final	Grangemouth
	Seumas	Thomson	59.09 (U20)	25 July 10	NJAL4	Scotstoun
	Sam	Wightman	63.04	12 June 10	Scot Schools	Grangemouth
	Damon	Salmanzadeh	63.86	4 July 10	SYAL 3	Grangemouth
Long Jump	Freddy	Smith	5.83	2 May 10	SYAL 1	Grangemouth
	Jordan	Charters	5.52	1 Sep 10	OGM	Grangemouth
	Michael	Fernie	5.41	23 May 10	NJAL 2	Meadowbank
	Ben	Watson	5.14	11 Apr 10	Lothian Trials	Meadowbank
	Seumas	Thomson	5.12	25 Apr 10	NJAL 1	Manchester
	Angus	Inwood	4.84	5 Sep 10	UK YAL Final	Manchester
	Andrew	Loudon	4.48	4 April 10	OGM	Nithsdale
Triple Jump	Freddy	Smith	12.20	11 June 10	Scot Schools	Grangemouth
	Seumas	Thomson	11.04	5 Sep 10	UK YAL Final	Manchester
	Andrew	Loudon	10.21	9 May 10	L & B 2	Meadowbank
	Damon	Salmanzadeh	9.76	5 Sep 10	UK YAL Final	Manchester
	Fergus	Greig	9.28	1 Aug 10	SYAL Final	Grangemouth
High Jump	Michael	Fernie	1.70	20 June 10	SAL 2	Grangemouth
	Chris	Kelly	1.65	11 Apr 10	Lothian Trials	Meadowbank
	Damon	Salmanzadeh	1.64	2 June 10	Edin Schools	Meadowbank
	Freddy	Smith	1.60	2 May 10	SYAL 1	Grangemouth
	Sam	Wightman	1.55	1 Aug 10	SYAL Final	Grangemouth
	Seumas	Thomson	1.50	25 Apr 10	NJAL 1	Manchester
Pole Vault	Freddy	Smith	2.40	23 May 10	NJAL 2	Meadowbank
	John	King	2.40	5 Sep 10	UK YAL Final	Manchester

Shot Putt	Andrew Loudon	10.39	1 Sep 10	OGM	Grangemouth	
	Fergus Greig	9.96	5 Sep 10	UK YAL Final	Manchester	
	John King	9.64	1 Sep 10	OGM	Grangemouth	
	Ben Watson	8.74	11 Apr 10	Lothian Trials	Meadowbank	
	Kieran Kivlin	7.86	2 May 10	SYAL 1	Grangemouth	
	Andrew Loudon	7.65 (U20)	25 Apr 10	NJAL 1	Manchester	
Discus	Fergus Greig	34.47	1 Aug 10	SYAL Final	Grangemouth	
	Matthew Reid	28.61	11 June 10	Scot Schools	Grangemouth	
	John King	26.03	5 Sep 10	UK YAL Final	Manchester	
	Andrew Loudon	23.57	11 June 10	Scot Schools	Grangemouth	
	John King	23.37 (U20)	23 May 10	NJAL 2	Meadowbank	
	Damon Salmazadeh	22.21	4 July 10	SYAL 3	Grangemouth	
	Andrew Loudon	21.02	4 July 10	SYAL 3	Grangemouth	
	Andrew Loudon	20.22 (U20)	25 Apr 10	NJAL 1	Manchester	
Javelin	Chris Thomson	44.16	11 June 10	Scot Schools	Grangemouth	
	Angus Inwood	39.91	11 June 10	Scot Schools	Grangemouth	
	Matthew Reid	37.58	11 June 10	Scot Schools	Grangemouth	
	Barney Withall	31.70	5 Sep 10	UK YAL Final	Manchester	
	John King	22.70	30 May 10	SYAL 2	Wishaw	
	Andrew Loudon	20.13	30 May 10	SYAL 2	Wishaw	
Hammer	Ben Watson	19.81	9 May 10	L & B 2	Meadowbank	
	John King	33.22	1 Aug 10	SYAL Final	Grangemouth	
	John King	24.98 (U20)	27 June 10	NJAL 3	Gateshead	
4 x 100m	Fergus Greig	24.50	5 Sep 10	UK YAL Final	Manchester	
	Cameron Goodall, Tom Holligan John Glen, Kieran Kivlin		43.50	5 Sep 10	UK YAL Final	Manchester
4 x 400m	Tom Holligan, John Glen, Kieran Kivlin, Jay Younger		3.24.53	5 Sep 10	UK YAL Final	Manchester

Under 15

<u>Boys</u>	<u>Forename</u>	<u>Surname</u>	<u>Performance</u>	<u>Date</u>	<u>Event</u>	<u>Venue</u>
100m	Kyle Hogg	11.76	15 May 10	Scottish Closed	Wishaw	
	Ben Robbins	12.11	2 June 10	Edin Schools	Meadowbank	
	Jamie Batho	12.13	1 Sep 10	OGM	Grangemouth	
	Coran Darling	12.20	11 Apr 10	Lothian Trials	Meadowbank	
	Daniel Holligan	12.65	5 Sep 10	UK YAL Final	Manchester	
	Callum Jones	13.33	21 July 10	OGM	Grangemouth	
	Luca Vita	13.45	2 June 10	Edin Schools	Meadowbank	
	Chris Davies	13.7	17 June 10	FVL 3 Div 2	Grangemouth	
	Guy Wardrop	13.76	4 July 10	SYAL 3	Grangemouth	
	Lewis Axton	15.0	17 June 10	FVL 3 Div 2	Grangemouth	
	Tafadzwa Msengezi	15.29	11 Apr 10	Lothian Trials	Meadowbank	
	Calum Robertson	15.8	29 Apr 10	FVL 1 Div 2	Grangemouth	

200m	Ben	Robbins	23.85	11 June 10	Scot Schools	Grangemouth
	Kyle	Hogg	23.92	15 May 10	Scottish Closed	Wishaw
	Jamie	Batho	24.84	11 June 10	Scot Schools	Grangemouth
	Coran	Darling	24.88	11 Apr 10	Lothian Trials	Meadowbank
	Daniel	Holligan	26.06	7 Aug 10	FVL Div 1 Final	Grangemouth
	Saul	Melvin-Farr	26.51	2 June 10	Edin Schools	Meadowbank
	Luca	Vita	27.44	2 June 10	Edin Schools	Meadowbank
	Callum	Jones	27.98	7 Aug 10	FVL Div 1 Final	Grangemouth
	Michael	Cameron	29.68	7 Aug 10	FVL Div 2 Final	Grangemouth
	Cameron	Gilmour	30.14	11 Apr 10	Lothian Trials	Meadowbank
	Struan	Graven	30.5	19 May 10	FVL 2 Div 2	Meadowbank
	Michael	Hudson	30.80	11 Apr 10	Lothian Trials	Meadowbank
	Lewis	Axton	31.4	19 May 10	FVL 2 Div 2	Meadowbank
	400m	Ben	Robbins	52.82	15 Aug 10	Scottish
Coran		Darling	54.64	12 June 10	Scot Schools	Grangemouth
Daniel		Holligan	58.66	1 Aug 10	SYAL Final	Grangemouth
Cameron		Gilmour	59.1	16 June 10	FVL 3 Div 1	Meadowbank
Hamish		Campbell	59.7	17 June 10	School Int Area	Grangemouth
Michael		Cameron	61.86	4 Sep 10	FVL Pres Sel	Grangemouth
Michael		Hudson	63.2	17 June 10	FVL 3 Div 2	Grangemouth
800m	Jake	Kerr	2.16.62	5 Sep 10	UK YAL Final	Manchester
	Cameron	Gilmour	2.16.64	1 Aug 10	SYAL Final	Grangemouth
	Robert	Bough	2.18.10	9 May 10	L & B 2	Meadowbank
	Michael	Cameron	2.21.55	11 Apr 10	Lothian Trials	Meadowbank
	Donald	Inwood	2.21.69	2 June 10	Edin Schools	Meadowbank
	Michael	Hudson	2.21.7	19 May 10	FVL 2 Div 2	Meadowbank
	Ben	Robbins	2.24.37	12 Sep 10	Pit Trophy	Pitreavie
	Jamie	Batho	2.30.20	12 Sep 10	Pit Trophy	Pitreavie
	Gregor	Burns	2.35.8	19 May 10	FVL 2 Div 2	Meadowbank
	Dominic	O'Hare	2.37.10	9 May 10	L & B 2	Meadowbank
	Saul	Farr	2.39.67	2 June 10	Edin Schools	Meadowbank
	Angus	Hamilton	2.48.74	11 Apr 10	Lothian Trials	Meadowbank
	1500m	Robert	Bough	4.32.44	5 Sep 10	UK YAL Final
Jake		Kerr	4.39.02	12 June 10	Scot Schools	Grangemouth
Michael		Hudson	4.42.24	12 June 10	Scot Schools	Grangemouth
Cameron		Gilmour	4.47.4	28 Apr 10	FVL 1 Div 1	Grangemouth
Jack		Harrison	4.54.20	12 June 10	Scot Schools	Grangemouth
Dominic		O'Hare	5.01.03	1 Aug 10	SYAL Final	Grangemouth
Michael		Cameron	5.05.2	29 Apr 10	FVL 1 Div 2	Grangemouth
Max		Stirling	5.35.4	17 June 10	School Int Area	Grangemouth
1 Mile		Robert	Bough	5.03.27	7 Aug 10	FVL Div 1 Final
	Cameron	Gilmour	5.14.34	7 Aug 10	FVL Div 1 Final	Grangemouth
	Michael	Cameron	5.23.56	7 Aug 10	FVL Div 2 Final	Grangemouth
	Dominic	O'Hare	5.24.26	7 Aug 10	FVL Div 2 Final	Grangemouth
80mHurdles	Jamie	Batho	11.64	15 Aug 10	Scottish	Scotstoun
	Ben	Black	12.8	17 June 10	School Int Area	Grangemouth
	Saul	Melvin-Farr	13.44	1 Aug 10	SYAL Final	Grangemouth
	Guy	Wardrop	14.65	7 Aug 10	FVL Div 1 Final	Grangemouth
	Callum	Jones	15.36	11 Apr 10	Lothian Trials	Meadowbank

	Struan Lewis	Graven Axton	15.9 17.83	2 June 10 7 Aug 10	Edin Schools FVL Div 1 Final	Meadowbank Grangemouth
Long Jump	Jamie	Batho	5.83	12 Sep 10	Pit Trophy	Pitreavie
	Kyle	Hogg	5.59	15 May 10	Scottish Closed	Wishaw
	Callum	Jones	5.04	5 Sep 10	UK YAL Final	Manchester
	Coran	Darling	4.97	7 July 10	Super 8	Scotstoun
	Ben	Black	4.61	30 May 10	SYAL 2	Wishaw
	Saul	Melvin-Farr	4.52	2 June 10	Edin Schools	Meadowbank
	Murray	McLennan	4.29	12 Sep 10	Pit Trophy	Pitreavie
	Struan	Graven	3.99	6 June 10	L & B 3	Meadowbank
	Lewis	Axton	3.72	19 May 10	FVL 2 Div 2	Meadowbank
	Callum	Robertson	3.35	19 May 10	FVL 2 Div 2	Meadowbank
Triple Jump	Ben	Black	10.85	12 June 10	Scot Schools	Grangemouth
	Callum	Jones	10.63	11 June 10	Scot Schools	Grangemouth
	Murray	McLennan	9.08	4 Aug 10	OGM	Grangemouth
	Lewis	Axton	8.36	4 Sep 10	FVL Pres Sel	Grangemouth
	Luca	Vita	8.01	9 May 10	L & B 2	Meadowbank
	Gregor	Burns	7.94	7 Aug 10	FVL Div 2 Final	Grangemouth
High Jump	Ben	Black	1.65	5 Sep 10	UK YAL Final	Manchester
	Callum	Jones	1.45	11 Apr 10	Lothian Trials	Meadowbank
	Cameron	Gilmour	1.40	4 July 10	SYAL 3	Grangemouth
	Struan	Graven	1.35	2 June 10	Edin Schools	Meadowbank
	Callum	Robertson	1.30	11 Apr 10	Lothian Trials	Meadowbank
	Chris	Davies	1.30	17 June 10	FVL 3 Div 2	Grangemouth
Pole Vault	Callum	Robertson	1.80	11 Apr 10	Lothian Trials	Meadowbank
Shot Putt	Gary	Robertson	12.45	11 June 10	Scot Schools	Grangemouth
	Hamish	Campbell	12.38	2 June 10	Edin Schools	Meadowbank
	Ben	Robbins	10.07	30 May 10	SYAL 2	Wishaw
	Max	Stirling	9.81	17 June 10	School Int Area	Grangemouth
	Jamie	Batho	9.68	5 June 10	Scot Sch Pent	Grangemouth
	Jake	Kerr	8.27	15 May 10	Scottish Closed	Wishaw
	Luca	Vita	6.85	28 Apr 10	FVL 1 Div 1	Grangemouth
	George	Loudon	6.36	21 July 10	OGM	Grangemouth
	Michael	Cameron	5.72	7 Aug 10	FVL Div 2 Final	Grangemouth
	Calum	Robertson	4.45	29 Apr 10	FVL 1 Div 2	Grangemouth
Discus	Ben	Robbins	30.77	7 Aug 10	FVL Div 1 Final	Grangemouth
	Hamish	Campbell	27.15	17 June 10	School Int Area	Grangemouth
	Gary	Robertson	26.90	5 Sep 10	UK YAL Final	Manchester
	Max	Stirling	23.26	2 June 10	Edin Schools	Meadowbank
	Jake	Kerr	21.63	2 June 10	Edin Schools	Meadowbank
	Jamie	Batho	15.42	7 Aug 10	FVL Div 1 Final	Grangemouth
	Luca	Vita	14.45	6 June 10	L & B 3	Meadowbank

Javelin	Jake Kerr	32.17	2 June 10	Edin Schools	Meadowbank
	Ben Black	30.87	2 June 10	Edin Schools	Meadowbank
	Hugh Ferguson	20.79	2 June 10	Edin Schools	Meadowbank
	Callum Robertson	19.40	2 June 10	Edin Schools	Meadowbank
	Callum Jones	16.71	30 May 10	SYAL 2	Wishaw
	Luca Vita	14.36	9 May 10	L & B 2	Meadowbank
	Michael Cameron	12.31	7 July 10	Super 8	Scotstoun
	Tafaadzwa Msengezi	7.71	19 May 10	FVL 2 Div 2	Meadowbank
Hammer	Max Stirling	31.31	1 Aug 10	SYAL Final	Grangemouth
	Gary Robertson	24.87	5 Sep 10	UK YAL Final	Manchester
Pentathlon	Jamie Batho	2528	5 June 10	Scot Sch Pent	Grangemouth
4 x 100m	Kyle Hogg, Ben Robbins, Jamie Batho, Coran Darling	46.90	18 July 10	Scottish	Pitreavie
4 x 400m		3.53.84	1 Aug 10	SYAL Final	Grangemouth
3 x 800m	Cameron Gilmour, Jake Kerr, Robert Bough	7.00.50	13 June 10	Scottish U20	Grangemouth

Under 13

<u>Boys</u>	<u>Forename</u>	<u>Surname</u>	<u>Performance</u>	<u>Date</u>	<u>Event</u>	<u>Venue</u>
100m	Kingsley Cunningham	12.75	5 Sep 10	UK YAL Final	Manchester	
	Silvano Marcantonio	13.04	1 Aug 10	SYAL Final	Grangemouth	
	Craig Lennie	13.15	5 Sep 10	UK YAL Final	Manchester	
	Felipe Alves	13.44	7 Aug 10	FVL Div 1 Final	Grangemouth	
	Jamie Underwood	15.0	29 Apr 10	FVL 1 Div 2	Grangemouth	
	Cal McLennan	15.0	29 Aug 10	OGM	Nithsdale	
	Joe Riemersma	15.1	17 June 10	FVL 3 Div 2	Grangemouth	
	Duncan Darling	15.10	11 Apr 10	Lothian Trials	Meadowbank	
	Charlie Brett	15.33	11 Apr 10	Lothian Trials	Meadowbank	
	Paul Ireland	16.2	29 Apr 10	FVL 1 Div 2	Grangemouth	
	Jamie Loudon	16.76	7 Aug 10	FVL Div 1 Final	Grangemouth	
	200m	Silvano Marcantonio	26.15	5 Sep 10	UK YAL Final	Manchester
		Kingsley Cunningham	27.54	5 Sep 10	UK YAL Final	Manchester
Craig Lennie		27.56	12 Sep 10	Pit Trophy	Pitreavie	
Felipe Alves		28.20	1 Aug 10	SYAL Final	Grangemouth	
Josh Kerr		29.17	6 June 10	L & B 3	Meadowbank	
Cal McLennan		30.00	4 Aug 10	OGM	Grangemouth	
Charlie Brett		30.0	19 May 10	FVL 2 Div 2	Meadowbank	
Duncan Darling		30.39	2 May 10	SYAL 1	Grangemouth	
Joe Riemersma		30.4	19 May 10	FVL 2 Div 2	Meadowbank	
Sean Stout		30.89	30 May 10	SYAL 2	Wishaw	
Calum Batho		30.92	7 Aug 10	FVL Div 1 Final	Grangemouth	
Joe Riemersma		31.23	6 June 10	L & B 3	Meadowbank	
Charlie Brett		32.08	6 June 10	L & B 3	Meadowbank	
Jamie Underwood		33.04	11 Apr 10	Lothian Trials	Meadowbank	
Paul Ireland		33.11	7 Aug 10	FVL Div 1 Final	Grangemouth	
Daniel Cringean		33.47	12 Sep 10	Pit Trophy	Pitreavie	

800m	Josh	Kerr	2.15.24	9 May 10	L & B 2	Meadowbank
	Duncan	Darling	2.23.34	4 July 10	SYAL 3	Grangemouth
	Sean	Stout	2.26.13	1 Aug 10	SYAL Final	Grangemouth
	Joe	Arthur	2.34.97	11 Apr 10	Lothian Trials	Meadowbank
	Fraser	Peters	2.36.03	4 Sep 10	FVL Pres Sel	Grangemouth
	Calum	Batho	2.38.52	12 Sep 10	Pit Trophy	Pitreavie
	Paul	Ireland	2.40.4	17 June 10	FVL 3 Div 2	Grangemouth
	Jamie	Underwood	2.47.2	17 June 10	FVL 3 Div 2	Grangemouth
	Charlie	Brett	2.51.51	11 Apr 10	Lothian Trials	Meadowbank
	Jamie	Loudon	3.03.0	4 April 10	OGM	Nithsdale
	1500m	Josh	Kerr	4.30.86	12 June 10	Scot Schools
Joe		Arthur	5.06.04	4 July 10	SYAL 3	Grangemouth
Fraser		Peters	5.17.14	7 Aug 10	FVL Div 1 Final	Grangemouth
Paul		Ireland	5.22.09	4 Sep 10	FVL Pres Sel	Grangemouth
75mHurdles	Silvano	Marcantonio	13.41	5 Sep 10	UK YAL Final	Manchester
	Calum	Batho	13.43	12 Sep 10	Pit Trophy	Pitreavie
	Connor	Lane	13.47	5 Sep 10	UK YAL Final	Manchester
	Jamie	Laughland	15.54	4 July 10	SYAL 3	Grangemouth
	Daniel	Cringean	17.00	12 Sep 10	Pit Trophy	Pitreavie
	Jamie	Underwood	17.59	11 Apr 10	Lothian Trials	Meadowbank
	Farrel	O'Sullivan	18.2	29 Aug 10	OGM	Nithsdale
Long Jump	Cal	McLennan	4.30	29 Aug 10	OGM	Nithsdale
	Craig	Lennie	4.15	7 Aug 10	FVL Div 1 Final	Grangemouth
	Josh	Kerr	4.15	5 Sep 10	UK YAL Final	Manchester
	Sean	Stout	4.06	4 July 10	SYAL 3	Grangemouth
	Duncan	Darling	4.05	11 Apr 10	Lothian Trials	Meadowbank
	Joe	Riemersma	3.88	12 Sep 10	Pit Trophy	Pitreavie
	Daniel	Cringean	3.62	12 Sep 10	Pit Trophy	Pitreavie
	Farrel	O'Sullivan	3.42	29 Aug 10	OGM	Nithsdale
	Paul	Ireland	3.39	7 Aug 10	FVL Div 2 Final	Grangemouth
	Jamie	Laughland	3.32	12 Sep 10	Pit Trophy	Pitreavie
	Jamie	Loudon	3.31	4 April 10	OGM	Nithsdale
High Jump	Josh	Kerr	1.40	28 Apr 10	FVL 1 Div 1	Grangemouth
	Jamie	Underwood	1.35	5 Sep 10	UK YAL Final	Manchester
	Connor	Lane	1.30	5 Sep 10	UK YAL Final	Manchester
	Cal	McLennan	1.15	4 July 10	SYAL 3	Grangemouth
	Sean	Stout	1.10	28 Apr 10	FVL 1 Div 1	Grangemouth
	Paul	Ireland	1.10	29 Apr 10	FVL 1 Div 2	Grangemouth
Shot Putt	Felipe	Alves	8.62	1 Aug 10	SYAL Final	Grangemouth
	Silvano	Marcantonio	7.32	4 July 10	SYAL 3	Grangemouth
	Josh	Kerr	6.77	2 May 10	SYAL 1	Grangemouth
	Cal	McLennan	6.02	4 July 10	SYAL 3	Grangemouth
	Jamie	Underwood	4.97	19 May 10	FVL 2 Div 2	Meadowbank
	Paul	Ireland	3.05	19 May 10	FVL 2 Div 2	Meadowbank
Discus	Cal	McLennan	14.20	6 June 10	L & B 3	Meadowbank

Javelin	Cole	Imrie	25.51	4 Sep10	FVL Pres Sel	Grangemouth
	Cal	McLennan	23.11	12 Sep 10	Pit Trophy	Pitreavie
	Calum	Batho	11.39	12 Sep 10	Pit Trophy	Pitreavie
	Jamie	Underwood	8.54	11 Apr 10	Lothian Trials	Meadowbank
4 x 100m	Felipe Alves, Silvano Marcantonio, Craig Lennie, Kingsley Cunningham		51.79	18 July 10	Scottish	Pitreavie
3 x 800m	Sean Stout, Duncan Darling, Josh Kerr		7.18.43	13 June 10	Scottish U20	Grangemouth

Under 11
Boys

	<u>Forename</u>	<u>Surname</u>	<u>Performance</u>	<u>Date</u>	<u>Event</u>	<u>Venue</u>
75m	Michael	Dennis	11.62	12 Sep 10	Pit Trophy	Pitreavie
	Mathew	Robison	13.06	12 Sep 10	Pit Trophy	Pitreavie
80m	Alistair	Louden	14.5	4 April 10	OGM	Nithsdale
100m	Michael	Dennis	14.49	7 Aug 10	FVL Div 1 Final	Grangemouth
	Thomas	Day-Lewis	15.0	16 June 10	FVL 3 Div 1	Meadowbank
	Aidan	Spence	15.4	28 Apr 10	FVL 1 Div 1	Grangemouth
	Broy	Blood	15.6	17 June 10	FVL 3 Div 2	Grangemouth
	Jamie	Boyd	15.90	11 Apr 10	Lothian Trials	Meadowbank
	Stuart	Frankland	16.22	9 May 10	L & B 2	Meadowbank
	Luke	Cadger	16.7	17 June 10	FVL 3 Div 2	Grangemouth
	Max	High	16.8	29 Apr 10	FVL 1 Div 2	Grangemouth
	Vinnie	Froude	17.73	11 Apr 10	Lothian Trials	Meadowbank
	Neil	Mulvihill	18.16	11 Apr 10	Lothian Trials	Meadowbank
	Sean	Hewat	18.43	11 Apr 10	Lothian Trials	Meadowbank
150m	Michael	Dennis	22.14	12 Sep 10	Pit Trophy	Pitreavie
200m	Michael	Dennis	29.60	4 Aug 10	OGM	Grangemouth
	Thomas	Day-Lewis	31.23	6 June 10	L & B 3	Meadowbank
	Aidan	Spence	31.8	20 May 10	FVL 2 Div 1	Grangemouth
	Jamie	Boyd	33.28	6 June 10	L & B 3	Meadowbank
	Mathew	Robison	35.18	7 Aug 10	FVL Div 1 Final	Grangemouth
	Max	High	36.5	19 May 10	FVL 2 Div 2	Meadowbank
800m	Sean	Hewat	39.48	11 Apr 10	Lothian Trials	Meadowbank
	Jamie	Boyd	2.38.98	11 Apr 10	Lothian Trials	Meadowbank
	Michael	Dennis	2.50.00	9 May 10	L & B 2	Meadowbank
	Michael	Swinton	2.51.4	20 May 10	FVL 2 Div 1	Grangemouth
	Thomas	Day-Lewis	2.59.0	28 Apr 10	FVL 1 Div 1	Grangemouth
	Max	High	3.11.5	29 Apr 10	FVL 1 Div 2	Grangemouth
Long Jump	Mathew	Robison	3.25.4	17 June 10	FVL 3 Div 2	Grangemouth
	Michael	Dennis	4.12	12 Sep 10	Pit Trophy	Pitreavie
	Michael	Swinton	3.46	28 Apr 10	FVL 1 Div 1	Grangemouth
	Thomas	Day-Lewis	3.17	9 May 10	L & B 2	Meadowbank
	Staurt	Frankland	3.15	9 May 10	L & B 2	Meadowbank

	Max	High	3.10	29 Apr 10	FVL 1 Div 2	Grangemouth
	Vinnie	Froude	3.08	9 May 10	L & B 2	Meadowbank
	Mathew	Robison	2.89	12 Sep 10	Pit Trophy	Pitreavie
	Luke	Mattison	2.66	11 Apr 10	Lothian Trials	Meadowbank
	Alistair	Loudon	2.42	4 April 10	OGM	Nithsdale
High Jump	Neil	Mulvihill	1.37	11 Apr 10	Lothian Trials	Meadowbank
	Michael	Dennis	1.20	4 Aug 10	OGM	Grangemouth
	Max	High	1.00	19 May 10	FVL 2 Div 2	Meadowbank
	Thomas	Day-Lewis	0.80	20 May 10	FVL 2 Div 1	Grangemouth
Shot Putt	Michael	Dennis	7.07	4 Sep 10	FVL Pres Sel	Grangemouth
	Michael	Swinton	6.44	7 Aug 10	FVL Div 1 Final	Grangemouth
	Mathew	Robison	4.94	7 Aug 10	FVL Div 2 Final	Grangemouth
	Luke	Mattison	4.72	7 Aug 10	FVL Div 2 Final	Grangemouth
	Broy	Blood	4.53	17 June 10	FVL 3 Div 2	Grangemouth
	Stuart	Frankland	4.52	9 May 10	L & B 2	Meadowbank
Triathlon						
4 x 100m	Thomas Day-Lewis, Michael Swinton, Michael Dennis, Aiden Spence		60.8	16 June 10	FVL 3 Div 1	Meadowbank

Under 20 Women

	<u>Forename</u>	<u>Surname</u>	<u>Performance</u>	<u>Date</u>	<u>Event</u>	<u>Venue</u>
100m	Hope	Robertson	12.34	7 July 10	Super8	Scotstoun
	Sarah	Warnock	12.86	25 July 10	NJAL4	Scotstoun
	Amy	Rogers	12.95	29 Aug 10	SWAL 3	Scotstoun
	Faye	Nicholson	13.02	29 Aug 10	SWAL 3	Scotstoun
	Emma	Nuttall	13.18	23 May 10	NJAL 2	Meadowbank
	Hannah	Chrisp	13.24	26 May 10	LSAC	Loughborough
	Fiona	Cleat	13.38	11 Apr 10	Lothian Trials	Meadowbank
	Sarah	Watters	13.39	11 June 10	Scot Schools	Grangemouth
200m	Hope	Robertson	25.44	4 July 10	GYG	Gothenburg
	Emily	Dudgeon	26.81	4 Aug 10	OGM	Grangemouth
	Caitlin	Froude	26.85	6 June 10	L & B 3	Meadowbank
	Emma	Nuttall	26.87	5 June 10	UKWL 1	Birmingham
	Fiona	Cleat	26.87	29 Aug 10	SWAL 3	Scotstoun
	Emma	Lowry	27.12	15 May10	WG Com Event	Woodford
	Natalie	Griffiths	28.87	6 June 10	L & B 3	Meadowbank
400m	Emily	Dudgeon	58.3	12 Sep 10	NJAL Final	Derby
	Caitlin	Froude	59.61	13 June 10	Scottish U20	Grangemouth
	Fiona	Trew	60.59	9 May 10	L & B 2	Meadowbank
	Lauren	Stoddart	61.67	20 June 10	SWAL 2	Meadowbank
800m	Emily	Stewart	2.12.94	29 Aug 10	SWAL 3	Scotstoun
	Emily	Dudgeon	2.19.3	25 Apr 10	NJAL 1	Manchester
	Emma	Lowry	2.29.45	16 May10	WG Com Event	Woodford
1500m	Emily	Stewart	4.27.08	24 Aug 10	OGM	Stretford
	Kitty	Walsh	5.02.1	18 Apr 10	SWAL 1	Meadowbank

3000m	Lauren	Stoddart	11.50.64	23 May 10	NJAL 2	Meadowbank
100m Hurdles	Emma	Lowry	16.40	15 May10	England CE	Bedford
	Sarah	Waters	18.03	27 June 10	NJAL 3	Gateshead
	Lilian	Gowans	18.45	11 June 10	Scot Schools	Grangemouth
	Lauren	Stoddart	20.03	12 Sep 10	NJAL Final	Derby
	Laura	Robertson	21.52	23 May 10	NJAL 2	Meadowbank
400m Hurdles	Lauren	Stoddart	65.33	27 June 10	NJAL 3	Gateshead
	Fiona	Trew	67.24	12 June 10	Scot Schools	Grangemouth
	Fiona	Cleat	67.61	27 June 10	NJAL 3	Gateshead
1500m S/C	Lauren	Stoddart	5.15.1	25 Apr 10	NJAL 1	Manchester
2000m S/C	Lauren	Stoddart	7.21.88	16 May 10	Inter Region	Wishaw
High Jump	Emma	Nuttall	1.78	12 June 10	Scot Schools	Grangemouth
	Emma	Lowry	1.71	15 May10	England CE	Bedford
	Sarah	Warnock	1.55	12 Sep 10	NJAL Final	Derby
	Sarah	Watters	1.45	20 June 10	SWAL 2	Meadowbank
Pole Vault	Emma	Lowry	2.15	25 July 10	NJAL4	Scotstoun
	Emma	Nuttall	1.70	23 May 10	NJAL 2	Meadowbank
Long Jump	Sarah	Warnock	6.07	20 June 10	England U20	Bedford
	Faye	Nicholson	5.93	18 July 10	Scottish	Pitreavie
	Laurie	McKenna	5.35	11 June 10	Scot Schools	Grangemouth
	Emma	Lowry	5.00	16 May10	WG Com Event	Woodford
	Sarah	Watters	4.97	11 June 10	Scot Schools	Grangemouth
Triple Jump	Sarah	Warnock	12.13	18 July 10	Scottish	Pitreavie
	Sarah	Watters	9.96	16 May 10	Inter Region	Wishaw
	Fiona	Cleat	8.19	20 June 10	SWAL 2	Meadowbank
Shot	Hannah	Evenden	13.40	17 Apr 10	OGM	Liverpool
	Emma	Lowry	11.40	15 May10	England CE	Bedford
	Lisa	Robertson	10.01	11 June 10	Scot Schools	Grangemouth
	Lilian	Gowans	5.70	18 Apr 10	SWAL 1	Meadowbank
Javelin	Emma	Lowry	18.69	16 May10	WG Com Event	Woodford
Discus	Hannah	Evenden	45.26	31 May 10	Inter Counties	Bedford
Hammer	Hannah	Evenden	55.76	12 June 10	North Eng Ch	Manchester
	Kate	Turnbull	34.82	29 May 10	Hammer GP	Grangemouth
Heptathlon	Emma	Lowry	4163	5-6 June 10	England CE	Bedford
4 x 100	Sarah Warnock, Rachel Dinsdale, Hope Robertson, Becky Caswell		49.35	27 June 10	NJAL 3	Gateshead
4 x 400	Faye Kearney, Fiona Trew, Caitlin Froude, Emily Dudgeon		4.02.1	25 Apr 10	NJAL 1	Manchester

Under 17

<u>Women</u>	<u>Forename</u>	<u>Surname</u>	<u>Performance</u>	<u>Date</u>	<u>Event</u>	<u>Venue</u>
100m	Rebecca	Caswell	12.59	29 Aug 10	SWAL 3	Scotstoun
	Bethany	Finlayson	12.62	2 May 10	SYAL 1	Grangemouth
	Rachel	Dinsdale	12.87	11 June 10	Scot Schools	Grangemouth
	Rebecca	Law	12.95	29 Aug 10	SWAL 3	Scotstoun
	Isla	McKenzie	13.58	30 May 10	SYAL 2	Wishaw
	Charlie	Eyeington	13.62	2 June 10	Edin Schools	Meadowbank
	Sarah	Grant	13.74	2 June 10	Edin Schools	Meadowbank
	Katie	Logan	14.64	11 June 10	Scot Schools	Grangemouth
200m	Bethany	Finlayson	25.00	23 May 10	NJAL 2	Meadowbank
	Rebecca	Law	26.82	20 June 10	SWAL 2	Meadowbank
	Rachel	Dinsdale	26.84	27 June 10	NJAL 3	Gateshead
	Faye	Kearney	27.31	20 June 10	SWAL 2	Meadowbank
	Paula	Gass	27.47	10 July 10	Scot CE	Pitreavie
	Charlie	Eyeington	27.92	2 June 10	Edin Schools	Meadowbank
	Sarah	Grant	28.51	2 June 10	Edin Schools	Meadowbank
	Kirsten	Peters	29.11	4 Aug 10	OGM	Grangemouth
	Isla	Scott-Pearce	29.57	4 July 10	SYAL 3	Grangemouth
300m	Bethany	Finlayson	39.27	15 May 10	Scottish Closed	Wishaw
	Faye	Kearney	42.55	15 May 10	Scottish Closed	Wishaw
	Isla	McKenzie	43.85	2 May 10	SYAL 1	Grangemouth
	Kirsten	Peters	44.67	20 June 10	SWAL 2	Meadowbank
	Blair	Wood	44.70	9 May 10	L & B 2	Meadowbank
	Olivia	McKenzie	46.04	4 July 10	SYAL 3	Grangemouth
	Rachael	Dunn	47.34	11 Apr 10	Lothian Trials	Meadowbank
	Laura	Robertson	49.30	2 June 10	Edin Schools	Meadowbank
400m	Faye	Kearney	62.71	27 June 10	NJAL 3	Gateshead
800m	Olivia	O'Hare	2.14.98	9 May 10	L & B 2	Meadowbank
	Louisa	Stewart	2.16.62	9 May 10	L & B 2	Meadowbank
	Kirsten	Peters	2.17.38	15 Aug 10	Scottish	Scotstoun
	Olivia	McKenzie	2.21.79	9 May 10	L & B 2	Meadowbank
	Rachel	Dunn	2.26.19	23 May 10	NJAL 2	Meadowbank
	Emma	Dunnett	2.26.63	15 Aug 10	Scottish	Scotstoun
	Blair	Wood	2.27.71	2 June 10	OGM	Grangemouth
	Oonagh	Dunnett	2.36.87	15 Aug 10	Scottish	Scotstoun
	Laura	Robertson	2.41.91	30 May 10	SYAL 2	Wishaw
	Paula	Gass	2.47.44	10 July 10	Scot CE	Pitreavie
1500m	Olivia	O'Hare	4.44.4	25 Apr 10	NJAL 1	Manchester
	Louisa	Stewart	4.44.51	11 June 10	Scot Schools	Grangemouth
	Kirsten	Peters	4.51.52	21 July 10	OGM	Grangemouth
	Rachael	Dunn	4.52.81	20 June 10	SWAL 2	Meadowbank
	Olivia	McKenzie	5.00.27	23 May 10	NJAL 2	Meadowbank
	Emma	Dunnett	5.08.29	14 Aug 10	Scottish	Scotstoun
	Oonagh	Dunnett	5.15.49	14 Aug 10	Scottish	Scotstoun
	Caitlin	Gray	5.20.85	2 June 10	Edin Schools	Meadowbank

3000m	Rachael	Dunn	11.01.42	5 Sep 10	UK YAL Final	Manchester
	Oonagh	Dunnett	11.07.62	29 Aug 10	SWAL 3	Scotstoun
	Caitlin	Gray	11.30.26	12 Sep 10	NJAL Final	Derby
80mHurdles	Isla	McKenzie	12.90	2 June 10	Edin Schools	Meadowbank
	Caitlin	O'Neil	13.37	2 June 10	Edin Schools	Meadowbank
	Rachel	Dinsdale	13.5	20 June 10	SWAL 2	Meadowbank
	Paula	Gass	13.74	10 July 10	Scot CE	Pitreavie
	Isla	Scott-Pearce	13.9	4 July 10	SYAL 3	Grangemouth
	Laura	Robertson	14.38	2 June 10	Edin Schools	Meadowbank
	Sarah	Grant	15.37	11 Apr 10	Lothian Trials	Meadowbank
300mHurdles	Isla	McKenzie	49.7	11 Apr 10	Lothian Trials	Meadowbank
	Rachel	Dinsdale	50.27	20 June 10	SWAL 2	Meadowbank
	Laura	Robertson	50.78	5 Sep 10	UK YAL Final	Manchester
	Olivia	Mackenzie	52.55	5 Sep 10	UK YAL Final	Manchester
400mHurdles	Isla	McKenzie	70.5	25 Apr 10	NJAL 1	Manchester
Long Jump	Rebecca	Law	5.23	14 Aug 10	Scottish	Scotstoun
	Rachel	Dinsdale	5.13	12 June 10	Scot Schools	Grangemouth
	Katie	Logan	4.93	5 Sep 10	UK YAL Final	Manchester
	Sarah	Grant	4.71	11 Apr 10	Lothian Trials	Meadowbank
	Isla	McKenzie	4.65	25 Apr 10	NJAL 1	Manchester
	Paula	Gass	4.63	10 July 10	Scot CE	Pitreavie
Triple Jump	Rebecca	Law	10.21	1 Aug 10	SYAL Final	Grangemouth
	Rachel	Dinsdale	9.75	9 May 10	L & B 2	Meadowbank
	Laura	Robertson	7.31	25 Apr 10	NJAL 1	Manchester
High Jump	Caitlin	O'Neil	1.60	2 June 10	Edin Schools	Meadowbank
	Paula	Gass	1.55	1 Aug 10	SYAL Final	Grangemouth
	Naomi	Symonds	1.45	30 May 10	SYAL 2	Wishaw
	Sarah	Grant	1.45	20 June 10	SWAL 2	Meadowbank
Pole Vault	Caitlin	O'Neil	2.30	23 May 10	NJAL 2	Meadowbank
	Katie	Logan	2.15	25 July 10	NJAL4	Scotstoun
Shot Putt	Naomi	Symonds	9.94	27 June 10	NJAL 3	Gateshead
	Katie	Logan	9.84	25 July 10	NJAL4	Scotstoun
	Paula	Gass	9.62	17 June 10	FVL 3 Div 2	Grangemouth
	Nicky	McMurtrie	9.18	27 June 10	NJAL 3	Gateshead
	Bethany	Valente	8.70	5 Sep 10	UK YAL Final	Manchester
	Kimberley	Reed	7.53	30 May 10	SYAL 2	Wishaw
	Caitlin	O'Neil	5.97	23 May 10	NJAL 2	Meadowbank
	Rachel	Robertson	5.82	29 Aug 10	SWAL 3	Scotstoun
Discus	Kimberley	Reed	33.53	12 Sep 10	NJAL Final	Derby
	Nicky	McMurtrie	32.17	12 June 10	Scot Schools	Grangemouth
	Naomi	Symonds	28.42	12 June 10	Scot Schools	Grangemouth
	Bethany	Valente	27.28	12 June 10	Scot Schools	Grangemouth
	Kelly	Bodley	21.98	4 Aug 10	OGM	Grangemouth
	Rachel	Robertson	21.12	15 Aug 10	Scottish	Scotstoun

Hammer	Kimberley	Reed	51.02	29 Aug 10	SWAL 3	Scotstoun
	Kelly	Bodley	39.29	10 Apr 10	Hammer GP	Grangemouth
	Bethany	Valente	23.59	11 Apr 10	Lothian Trials	Meadowbank
Javelin	Paula	Gass	41.66	12 Sep 10	NJAL Final	Derby
	Nicky	McMurtrie	37.30	25 July 10	NJAL4	Scotstoun
	Bethany	Valente	35.54	15 May 10	Scottish Closed	Wishaw
	Kimberley	Reed	21.81	2 June 10	Edin Schools	Meadowbank
	Rachel	Robertson	14.27	29 Aug 10	SWAL 3	Scotstoun
	Laura	Robertson	7.06	30 May 10	SYAL 2	Wishaw
Heptathlon	Paula	Gass	3824	10 July 10	Scot CE	Pitreavie
4 x 100m			51.05	2 May 10	SYAL 1	Grangemouth
4 x 300m			2.57.41	1 Aug 10	SYAL Final	Grangemouth
3 x 800m	Kirsten Peters, Louisa Stewart, Olivia O'Hare		7.00.08	13 June 10	Scottish U20	Grangemouth

Under 15

	<u>Girls</u>	<u>Forename</u>	<u>Surname</u>	<u>Performance</u>	<u>Date</u>	<u>Event</u>	<u>Venue</u>
100m		Kirsty	McKean	13.11	29 Aug 10	SWAL 3	Scotstoun
		Caitlin	Hardie	13.16	9 May 10	L & B 2	Meadowbank
		Lizzie	Wells	13.33	2 June 10	Edin Schools	Meadowbank
		Emma	McGinty	13.46	12 June 10	Scot Schools	Grangemouth
		McKenzie	Bell	13.84	2 June 10	Edin Schools	Meadowbank
		Kirsty	Deland	13.86	7 Aug 10	FVL Div 1 Final	Grangemouth
		Andrea	Tod	13.93	11 Apr 10	Lothian Trials	Meadowbank
		Katie	Robertson	13.93	12 June 10	Scot Schools	Grangemouth
		Rosie	Wilson	13.95	9 May 10	L & B 2	Meadowbank
		Heide	B-Laidlaw	14.3	29 Apr 10	FVL 1 Div 2	Grangemouth
		Frances	Watson	14.6	28 Apr 10	FVL 1 Div 1	Grangemouth
		Erin	Boddie	14.6	29 Apr 10	FVL 1 Div 2	Grangemouth
		Charlotte	Robison	14.6	16 June 10	FVL 3 Div 1	Meadowbank
		Morayo	Benson	14.77	11 Apr 10	Lothian Trials	Meadowbank
		Holly	Callaghan	15.1	17 June 10	FVL 3 Div 2	Grangemouth
		Eleanour	Walker-Stewart	15.37	2 June 10	Edin Schools	Meadowbank
200m		Kirsty	McKean	26.73	15 Aug 10	Scottish	Scotstoun
		Caitlin	Hardie	27.19	29 Aug 10	SWAL 3	Scotstoun
		Lizzie	Wells	27.6	17 June 10	School Int Area	Grangemouth
		Rosie	Wilson	28.28	11 Apr 10	Lothian Trials	Meadowbank
		Emma	McGinty	28.30	11 Apr 10	Lothian Trials	Meadowbank
		McKenzie	Bell	28.52	2 June 10	Edin Schools	Meadowbank
		Barrie	Lyell	29.00	2 June 10	Edin Schools	Meadowbank
		Eilidh	Thomson	29.03	15 Aug 10	Scottish	Scotstoun
		Heide	B-Laidlaw	29.24	7 Aug 10	FVL Div 1 Final	Grangemouth
		Kirsty	Deland	29.25	1 Sep 10	OGM	Grangemouth
		Katie	Robertson	29.4	20 May 10	FVL 2 Div 1	Grangemouth
		Erin	Boddie	29.40	2 June 10	Edin Schools	Meadowbank
		Hannah	Cameron	29.63	6 June 10	L & B 3	Meadowbank
		Anna	Hogarth	30.16	6 June 10	L & B 3	Meadowbank

	Charlotte	Robison	30.6	12 Sep 10	Pit Trophy	Pitreavie
	Emily	Strathdee	30.79	11 Apr 10	Lothian Trials	Meadowbank
	Joanne	Prentice	31.32	6 June 10	L & B 3	Meadowbank
	Sara	Findlay	31.6	19 May 10	FVL 2 Div 2	Meadowbank
	Holly	Callaghan	31.82	7 Aug 10	FVL Div 1 Final	Grangemouth
300m	Kirsty	McKean	44.83	7 July 10	Super 8	Scotstoun
	Anna	Hyde	44.90	21 July 10	OGM	Grangemouth
	Heide	B-Laidlaw	45.5	17 June 10	FVL 3 Div 2	Grangemouth
	Eilidh	Thomson	46.3	16 June 10	FVL 3 Div 1	Meadowbank
	McKenzie	Bell	46.4	16 June 10	FVL 3 Div 1	Meadowbank
	Lizzie	Wells	47.93	7 July 10	Super 8	Scotstoun
	Anna	Hogarth	48.44	1 Sep 10	OGM	Grangemouth
800m	Anna	Hyde	2.24.19	5 Sep 10	UK YAL Final	Manchester
	Rosie	Wilson	2.24.61	29 Aug 10	SWAL 3	Scotstoun
	Hannah	Cameron	2.26.17	4 Sep 10	FVL Pres Sel	Grangemouth
	Isla	Pawson	2.27.45	9 May 10	L & B 2	Meadowbank
	Emily	Strathdee	2.29.67	11 June 10	Scot Schools	Grangemouth
	Eilidh	Thomson	2.30.29	11 Apr 10	Lothian Trials	Meadowbank
	Ali	Hunter	2.31.31	9 May 10	L & B 2	Meadowbank
	Heide	B-Laidlaw	2.32.04	12 Sep 10	Pit Trophy	Pitreavie
	Roseanna	Stewart	2.33.65	9 May 10	L & B 2	Meadowbank
	Erin	Cant	2.34.7	19 May 10	FVL 2 Div 2	Meadowbank
	Sarah	Findlay	2.37.62	9 May 10	L & B 2	Meadowbank
	Martha	Wightman	2.38.79	2 June 10	Edin Schools	Meadowbank
	Alison	Brown	2.44.48	11 Apr 10	Lothian Trials	Meadowbank
	Joanna	Prentice	2.47.5	20 May 10	FVL 2 Div 1	Grangemouth
	Eleanour	Walker-Stewart	2.57.00	9 May 10	L & B 2	Meadowbank
	Billie	Armstrong	3.02.45	2 June 10	Edin Schools	Meadowbank
	Ellen	Renton	3.05.49	2 June 10	Edin Schools	Meadowbank
1500m	Isla	Pawson	5.05.24	5 Sep 10	UK YAL Final	Manchester
	Ali	Hunter	5.08.19	5 Sep 10	UK YAL Final	Manchester
	Roseanna	Stewart	5.09.87	1 Sep 10	OGM	Grangemouth
	Emily	Strathdee	5.10.82	15 Aug 10	Scottish	Scotstoun
	Anna	Hyde	5.11.69	30 May 10	SYAL 2	Wishaw
	Hannah	Cameron	5.15.26	29 Aug 10	SWAL 3	Scotstoun
	Rosie	Wilson	5.22.0	7 July 10	Super 8	Scotstoun
	Sara	Findlay	5.30.0	29 Apr 10	FVL 1 Div 2	Grangemouth
1 Mile	Ali	Hunter	5.33.97	7 Aug 10	FVL Div 1 Final	Grangemouth
	Hannah	Cameron	5.40.63	7 Aug 10	FVL Div 1 Final	Grangemouth
	Roseanna	Stewart	5.53.88	4 Sep 10	FVL Pres Sel	Grangemouth
75mHurdles	Emma	McGinty	12.4	2 June 10	Edin Schools	Meadowbank
	Kerry-Anne	Hastings	12.5	2 June 10	Edin Schools	Meadowbank
	Kirsty	McKean	13.12	11 Apr 10	Lothian Trials	Meadowbank
	Charlotte	Robison	13.59	7 Aug 10	FVL Div 1 Final	Grangemouth
	Kirsten	Turnbull	13.9	2 June 10	Edin Schools	Meadowbank
	Katie	Robertson	14.21	7 Aug 10	FVL Div 1 Final	Grangemouth
	Erin	Boddie	14.81	4 Sep 10	FVL Pres Sel	Grangemouth
	Laura	Sproule	15.1	2 June 10	Edin Schools	Meadowbank
			16.01	7 Aug 10	FVL Div 1 Final	Grangemouth

Long Jump	Kirsty McKean	5.11	18 Apr 10	SWAL 1	Meadowbank	
	Lizzie Wells	4.80	30 May 10	SYAL 2	Wishaw	
	Emma McGinty	4.59	11 Apr 10	Lothian Trials	Meadowbank	
	Charlotte Robison	4.36	20 May 10	FVL 2 Div 1	Grangemouth	
	Heide B-Laidlaw	4.23	19 May 10	FVL 2 Div 2	Meadowbank	
	Andrea Tod	4.18	11 Apr 10	Lothian Trials	Meadowbank	
	Katie Robertson	4.16	20 May 10	FVL 2 Div 1	Grangemouth	
	Erin Boddie	3.85	19 May 10	FVL 2 Div 2	Meadowbank	
	Barrie Lyell	3.80	2 June 10	Edin Schools	Meadowbank	
	Ellen Renton	3.69	2 June 10	Edin Schools	Meadowbank	
	Rosie McCaskey	3.65	9 May 10	L & B 2	Meadowbank	
	High Jump	Kerry-Anne Hastings	1.60	2 June 10	Edin Schools	Meadowbank
		Katie Robertson	1.40	2 May 10	SYAL 1	Grangemouth
Charlotte Robison		1.30	16 June 10	FVL 3 Div 1	Meadowbank	
Eilidh Thomson		1.28	2 June 10	Edin Schools	Meadowbank	
Holly Callaghan		1.25	17 June 10	FVL 3 Div 2	Grangemouth	
Erin Boddie		1.20	17 June 10	FVL 3 Div 2	Grangemouth	
Pole Vault	Kerry-Anne Hastings	2.00	5 Sep 10	UK YAL Final	Manchester	
	Emma McGinty	1.80	5 Sep 10	UK YAL Final	Manchester	
Shot Putt	Morayo Benson	8.81	5 Sep 10	UK YAL Final	Manchester	
	Kirsten Turnbull	8.50	12 June 10	Scot Schools	Grangemouth	
	Emma McGinty	7.90	18 Apr 10	SWAL 1	Meadowbank	
	Laura Sproule	7.42	12 June 10	Scot Schools	Grangemouth	
	Samantha Higgs	6.56	28 Apr 10	FVL 1 Div 1	Grangemouth	
	Katie Robertson	5.91	18 Apr 10	SWAL 1	Meadowbank	
	Erin Boddie	5.85	29 Apr 10	FVL 1 Div 2	Grangemouth	
	Georgina Loudon	5.66	21 July 10	OGM	Grangemouth	
Heide B-Laidlaw	3.89	29 Apr 10	FVL 1 Div 2	Grangemouth		
Discus	Kirsten Turnbull	25.31	2 June 10	Edin Schools	Meadowbank	
	Samantha Higgs	19.90	4 July 10	SYAL 3	Grangemouth	
	Laura Sproule	18.07	2 June 10	Edin Schools	Meadowbank	
	Morayo Benson	16.96	5 Sep 10	UK YAL Final	Manchester	
Javelin	Samantha Higgs	22.06	29 Aug 10	SWAL 3	Scotstoun	
	Morayo Benson	20.57	5 Sep 10	UK YAL Final	Manchester	
	Katie Robertson	11.19	18 Apr 10	SWAL 1	Meadowbank	
	Ali Hunter	11.04	7 July 10	Super 8	Scotstoun	
	Caitlin Hardie	7.87	18 Apr 10	SWAL 1	Meadowbank	
	Rosie Wilson	7.24	7 July 10	Super 8	Scotstoun	
	Sara Findlay	6.31	19 May 10	FVL 2 Div 2	Meadowbank	
	Erin Cant	5.17	19 May 10	FVL 2 Div 2	Meadowbank	
4 x 100m		52.08	2 May 10	SYAL 1	Grangemouth	
3 x 800m	Eilidh Thomson, Ali Hunter, Heide Biberbach-Laidlaw	7.33.68	13 June 10	Scottish U20	Grangemouth	

Under 13

Girls	Forename	Surname	Performance	Date	Event	Venue
75m	Katie	Robinson	10.88	5 Sep 10	UK YAL Final	Manchester
	Lauren	Gage	10.89	5 Sep 10	UK YAL Final	Manchester
	Natalie	Robbins	11.04	2 May 10	SYAL 1	Grangemouth
	Caitlin	Hayes	11.33	1 Aug 10	SYAL Final	Grangemouth
	Charlotte	Miller	11.44	4 July 10	SYAL 3	Grangemouth
	Amy	Costello	12.22	4 July 10	SYAL 3	Grangemouth
100m	Isis	Moody	13.53	29 Aug 10	SWAL 3	Scotstoun
	Lauren	Gage	13.89	2 June 10	Edin Schools	Meadowbank
	Charlotte	Miller	14.20	2 June 10	Edin Schools	Meadowbank
	Natalie	Robbins	14.30	5 May 10	OGM	Grangemouth
	Ellie	McGinty	14.95	9 May 10	L & B 2	Meadowbank
	Caitlin	Hayes	14.97	7 Aug 10	FVL Div 1 Final	Grangemouth
	Taylor	Healy	15.01	7 Aug 10	FVL Div 1 Final	Grangemouth
	Katie	Robinson	15.1	16 June 10	FVL 3 Div 1	Meadowbank
	Kelly	Whigham	15.46	7 Aug 10	FVL Div 1 Final	Grangemouth
	Poppy	Scott	15.91	11 Apr 10	Lothian Trials	Meadowbank
	Alice	McCaskey	15.93	9 May 10	L & B 2	Meadowbank
	Esme	Stewart	16.02	11 Apr 10	Lothian Trials	Meadowbank
	Sarah	Mattison	16.1	17 June 10	FVL 3 Div 2	Grangemouth
	Lucy	Witherspoon	16.22	9 May 10	L & B 2	Meadowbank
	Rebecca	Haldane	16.31	11 Apr 10	Lothian Trials	Meadowbank
	Hannah	Fergusson	16.47	11 Apr 10	Lothian Trials	Meadowbank
	Franca	Still	16.55	11 Apr 10	Lothian Trials	Meadowbank
	Olivia	Walls	16.61	11 Apr 10	Lothian Trials	Meadowbank
	Corinne	Axton	16.7	29 Apr 10	FVL 1 Div 2	Grangemouth
	Kirsten	Windeveer	17.20	11 Apr 10	Lothian Trials	Meadowbank
150m	Isis	Moody	20.70	5 Sep 10	UK YAL Final	Manchester
	Natalie	Robbins	20.84	2 May 10	SYAL 1	Grangemouth
	Katie	Robinson	21.6	30 May 10	SYAL 2	Wishaw
	Lauren	Gage	21.64	5 Sep 10	UK YAL Final	Manchester
	Charlotte	Miller	22.16	4 July 10	SYAL 3	Grangemouth
	Katie	Smith	23.20	4 July 10	SYAL 3	Grangemouth
200m	Isis	Moody	28.42	29 Aug 10	SWAL 3	Scotstoun
	Lauren	Gage	29.51	29 Aug 10	SWAL 3	Scotstoun
	Natalie	Robbins	29.66	5 May 10	OGM	Grangemouth
	Taylor	Healey	29.8	19 May 10	FVL 2 Div 2	Meadowbank
	Katie	Robinson	29.81	20 June 10	SWAL 2	Meadowbank
	Charlotte	Miller	29.9	20 May 10	FVL 2 Div 1	Grangemouth
	Isis	Moody	30.5	18 Apr 10	SWAL 1	Meadowbank
	Caitlin	Hayes	30.89	7 Aug 10	FVL Div 1 Final	Grangemouth
	Ellie	McGinty	30.9	20 May 10	FVL 2 Div 1	Grangemouth
	Caitlin	Hayes	31.36	6 June 10	L & B 3	Meadowbank
	Megan	Low Clark	32.3	19 May 10	FVL 2 Div 2	Meadowbank
	Ailsa	Clark	32.99	12 Sep 10	Pit Trophy	Pitreavie
	Charlotte	Lazarowicz	33.47	11 Apr 10	Lothian Trials	Meadowbank
	Franca	Still	34.84	11 Apr 10	Lothian Trials	Meadowbank
	Corinne	Axton	35.17	4 Sep 10	FVL Pres Sel	Grangemouth
	Hannah	Fergusson	35.59	11 Apr 10	Lothian Trials	Meadowbank
	Kirsten	Windeveer	36.29	11 Apr 10	Lothian Trials	Meadowbank

800m	Esme	Stewart	2.36.27	29 Aug 10	SWAL 3	Scotstoun
	Jade	Carlyle	2.42.11	12 Sep 10	Pit Trophy	Pitreavie
	Hilary	Lewin	2.44.46	20 June 10	SWAL 2	Meadowbank
	Franca	Still	2.45.47	30 May 10	SYAL 2	Wishaw
	Amy	Armstrong	2.48.57	20 June 10	SWAL 2	Meadowbank
	Katie	Smith	2.49.5	4 July 10	SYAL 3	Grangemouth
	Olivia	Walls	2.57.5	2 May 10	SYAL 1	Grangemouth
	Katie	Robinson	3.00.49	11 Apr 10	Lothian Trials	Meadowbank
	1200m	Hilary	Lewin	4.28.49	30 May 10	SYAL 2
Esme		Stewart	4.32.51	5 Sep 10	UK YAL Final	Manchester
Katie		Smith	4.35.20	5 Sep 10	UK YAL Final	Manchester
Anna		Jaap	4.56.45	1 Aug 10	SYAL Final	Grangemouth
Olivia		Walls	4.58.20	30 May 10	SYAL 2	Wishaw
1500m	Esme	Stewart	5.20.75	7 Aug 10	FVL Div 1 Final	Grangemouth
	Amy	Armstrong	5.49.18	7 Aug 10	FVL Div 1 Final	Grangemouth
70mHurdles	Ellie	McGinty	12.18	5 Sep 10	UK YAL Final	Manchester
	Amy	Costello	13.88	5 Sep 10	UK YAL Final	Manchester
	Lucy	Weatherspoon	15.88	2 May 10	SYAL 1	Grangemouth
	Esme	Stewart	15.94	12 Sep 10	Pit Trophy	Pitreavie
	Corinne	Axton	18.65	9 May 10	L & B 2	Meadowbank
Long Jump	Ellie	McGinty	4.42	20 June 10	SWAL 2	Meadowbank
	Isis	Moody	4.00	29 Aug 10	SWAL 3	Scotstoun
	Katie	Robinson	3.94	16 June 10	FVL 3 Div 1	Meadowbank
	Natalie	Robbins	3.78	9 May 10	L & B 2	Meadowbank
	Caitlin	Hayes	3.75	20 June 10	SWAL 2	Meadowbank
	Rebecca	Haldane	3.74	16 June 10	FVL 3 Div 1	Meadowbank
	Joanna	Duthie	3.45	9 May 10	L & B 2	Meadowbank
	Ailsa	Clarke	3.44	12 Sep 10	Pit Trophy	Pitreavie
	Amy	Costello	3.38	11 Apr 10	Lothian Trials	Meadowbank
	Alice	McCaskey	3.37	9 May 10	L & B 2	Meadowbank
	Sarah	Mattison	3.27	11 Apr 10	Lothian Trials	Meadowbank
	Charlotte	Miller	3.15	9 May 10	L & B 2	Meadowbank
	Corinne	Axton	3.14	17 June 10	FVL 3 Div 2	Grangemouth
	Esme	Stewart	3.13	30 May 10	SYAL 2	Wishaw
	Hannah	Fergusson	3.11	11 Apr 10	Lothian Trials	Meadowbank
	Kelly	Whigham	3.11	11 Apr 10	Lothian Trials	Meadowbank
	Olivia	Walls	3.01	11 Apr 10	Lothian Trials	Meadowbank
	Kirsten	Windever	2.83	11 Apr 10	Lothian Trials	Meadowbank
High Jump	Ellie	McGinty	1.40	30 May 10	SYAL 2	Wishaw
	Amy	Costello	1.40	5 Sep 10	UK YAL Final	Manchester
	Kelly	Whigham	1.05	11 Apr 10	Lothian Trials	Meadowbank

Shot Putt	Natalie	Robbins	8.86	12 Sep 10	Pit Trophy	Pitreavie
	Isis	Moody	6.92	5 Sep 10	UK YAL Final	Manchester
	Ellie	McGinty	6.67	4 July 10	SYAL 3	Grangemouth
	Taylor	Healey	5.76	19 May 10	FVL 2 Div 2	Meadowbank
	Charlotte	Miller	5.68	20 May 10	FVL 2 Div 1	Grangemouth
	Sarah	Mattison	4.89	11 Apr 10	Lothian Trials	Meadowbank
	Katie	Smith	4.71	1 Aug 10	SYAL Final	Grangemouth
	Katie	Jack	4.66	19 May 10	FVL 2 Div 2	Meadowbank
	Corrinne	Axton	4.33	4 Sep 10	FVL Pres Sel	Grangemouth
	Amy	Armstrong	3.95	1 Aug 10	SYAL Final	Grangemouth
Javelin	Ellie	McGinty	17.72	7 Aug 10	FVL Div 1 Final	Grangemouth
	Esme	Stewart	9.18	7 Aug 10	FVL Div 1 Final	Grangemouth
	Hannah	Fergusson	7.18	7 Aug 10	FVL Div 2 Final	Grangemouth
4 x 100m	Isis Moody, Lauren Gage, Ellie McGinty, Katie Robinson		55.82	5 Sep 10	UK YAL Final	Manchester
3 x 800m	Esme Stewart, Hilary Lewin, Olivia Walls		8.33.09	13 June 10	Scottish U20	Grangemouth

Under 11

	<u>Forename</u>	<u>Surname</u>	<u>Performance</u>	<u>Date</u>	<u>Event</u>	<u>Venue</u>
75m	Rachel	Fergusson	11.53	12 Sep 10	Pit Trophy	Pitreavie
	Julia	Laughland	12 Sep 10	Pit Trophy	Pitreavie	
100m	Rachael	Fergusson	14.75	7 Aug 10	FVL Div 1 Final	Grangemouth
	Julia	Laughland	14.75	4 Sep 10	FVL Pres Sel	Grangemouth
	Carolyn	Cameron	15.79	11 Apr 10	Lothian Trials	Meadowbank
	Catherine	Bough	16.5	7 Aug 10	FVL Div 1 Final	Grangemouth
	Rowena	Hosie	17.06	11 Apr 10	Lothian Trials	Meadowbank
	Kenzie	Robertson	17.4	29 Apr 10	FVL 1 Div 2	Grangemouth
	Flora	Mealyou	18.00	9 May 10	L & B 2	Meadowbank
	Amelia	Mapson	18.16	11 Apr 10	Lothian Trials	Meadowbank
200m	Julia	Laughland	31.0	20 May 10	FVL 2 Div 1	Grangemouth
	Rachel	Fergusson	31.26	7 Aug 10	FVL Div 1 Final	Grangemouth
	Sian	Philips	32.92	7 Aug 10	FVL Div 1 Final	Grangemouth
	Rowena	Hosie	35.29	6 June 10	L & B 3	Meadowbank
	Carolyn	Cameron	35.82	11 Apr 10	Lothian Trials	Meadowbank
	Eilidh	Douglas	36.6	19 May 10	FVL 2 Div 2	Meadowbank
	Eva	Clark	37.57	6 June 10	L & B 3	Meadowbank
	Amelia	Mapson	38.2	19 May 10	FVL 2 Div 2	Meadowbank
800m	Julia	Laughland	2.55.41	12 Sep 10	Pit Trophy	Pitreavie
	Ishbel	Strathdee	2.55.79	12 Sep 10	Pit Trophy	Pitreavie
	Carolyn	Cameron	2.55.79	12 Sep 10	Pit Trophy	Pitreavie
	Sian	Phillips	2.57.1	20 May 10	FVL 2 Div 1	Grangemouth
	Catherine	Bough	3.00.1	20 May 10	FVL 2 Div 1	Grangemouth
	Rowena	Hosie	3.04.2	19 May 10	FVL 2 Div 2	Meadowbank
	Julia	Laughland	3.06.95	11 Apr 10	Lothian Trials	Meadowbank
	Esther	Zijerfeld	3.08.26	11 Apr 10	Lothian Trials	Meadowbank
	Flora	Mealyou	3.27.77	9 May 10	L & B 2	Meadowbank

Long Jump	Rachael	Fergusson	3.88	4 Sep 10	FVL Pres Sel	Grangemouth
	Julia	Laughland	3.82	6 June 10	L & B 3	Meadowbank
	Ishbel	Strathdee	3.36	12 Sep 10	Pit Trophy	Pitreavie
	Rowena	Hosie	3.14	6 June 10	L & B 3	Meadowbank
	Carolyn	Cameron	3.08	12 Sep 10	Pit Trophy	Pitreavie
	Amelia	Mapson	2.78	6 June 10	L & B 3	Meadowbank
	Kenzie	Robertson	2.38	29 Apr 10	FVL 1 Div 2	Grangemouth
	Eva	Clark	2.49	6 June 10	L & B 3	Meadowbank
High Jump	Rachael	Fergusson	1.22	20 May 10	FVL 2 Div 1	Grangemouth
	Catherine	Bough	1.15	20 May 10	FVL 2 Div 1	Grangemouth
	Amelia	Mapson	1.00	9 May 10	L & B 2	Meadowbank
Shot Putt	Catherine	Bough	4.45	7 Aug 10	FVL Div 1 Final	Grangemouth
	Julia	Laughland	4.27	16 June 10	FVL 3 Div 1	Meadowbank
	Rachel	Fergusson	4.17	16 June 10	FVL 3 Div 1	Meadowbank
	Amelia	Mapson	3.89	9 May 10	L & B 2	Meadowbank
	Carolyn	Cameron	3.63	7 Aug 10	FVL Div 1 Final	Grangemouth
Javelin						
Triathlon						
4 x 100m	Sian Phillips, Catherine Bough, Rachel Fergusson, Julia Laughland		61.2	16 June 10	FVL 3 Div 1	Meadowbank