

## PROVISIONAL LOTHIAN & BORDERS TIMETABLE

PROGRAMME WILL BE ADJUSTED ONCE ENTRIES CLOSE

FIELD EVENTS						
TIME	TRACK	U11	U13	U15	U17	17 & OVER
10am	400mH 300mH	SHOT B & G	LONG J BOYS			HIGH JUMP
10.20	100m U11B					
10.30	100m U11G				POLE VAULT	
10.40	100m u13B					
10.50	100m U13G		SHOT PUTT BOYS			
11.05	100m U15B					
11.15	100m U15G		LONG J GIRLS			
11.25	100m U17M				SHOT PUTT	
11.35	100m SM					
11.40	100m U17W	HIGH J B & G				JAVELIN
11.45	100m SW		SHOT PUTT GIRLS			
11.55	800m U11B					
12.00	800m U11G					
12.05	800m U13B				TRIPLE JUMP	
12.15	800m U13G					
12.25	800m U15B					
12.30	800m U15G					
12.35	800m U17W					
12.40	800m SW					
12.45	800m U17M					
12.50	800m SM					
<b>LUNCH</b>						
13.30	70mH U13G				HIGH JUMP	LONG JUMP
13.40	75mH U13B					
13.45	75mH U15G					
13.55	80mH U15B					
14.00	80mH U17W					
14.05	100mH SW	LONG JUMP			LONG JUMP BOYS	
14.10	100mHU17M					
14.15	110mH SM					
14.20	200m SM					
14.25	200m U17M		JAVELIN			
14.35	200m U17W					
14.40	200m SW		HIGH JUMP			
14.50	200m U11B					
15.00	200m U11G					
15.10	200m U15B					
15.25	200m U15G					
15.35	200m U13B					
15.45	200m U13G					
15.55	1500m M					
16.05	1500m W					

<b>16.15</b>	300m U15B					
<b>16.25</b>	300m U15G					
<b>16.30</b>	300m U17W					
<b>16.40</b>	400m SW					
<b>16.45</b>	400m U17M					
<b>16.50</b>	400m SM					

**PLACES IN TRACK EVENTS WILL BE BASED ON ELECTRIC TIMES (ie NO FINALS)**