

2011 SENIOR WOMEN'S RANKINGS & TOP PERFORMANCES @ 10TH JULY

ANY AMMENDMENTS TO BILL WALKER at ziska400@gmail.com

<u>Event</u>	<u>Forename</u>	<u>Surname</u>		<u>Performance</u>	<u>Date</u>	<u>Event</u>	<u>Venue</u>
100m	Stacey	Downie		11.86(+3.2)	04/June	UKWAL	Leigh
	Beth	Finlayson	U20	12.33(+0.5)	10/June	Scottish Schools	Grangemouth
	Carly	Sharp		12.36 (+2.5)	19/June	SWAL 3	Meadowbank
	Rebecca	Casswell	U20	12.61 (+3.2)	28/May	Lothian Open	Meadowbank
	Catriona	Pennet		12.62(+1.9)	04/June	UKWAL	Leigh
	Hope	Robertson	U20	12.74(+2.4)	17/April	SWAL 1	Meadowbank
	Demi	Yorke	U17	12.74(+3.2)	28/May	Lothian Open	Meadowbank
	Erin	Froude		12.77(+5.1)	22/May	SWAL 2	Meadowbank
	Alisha	Sneddon	U17	12.90	15/May	SYAL	Scotstoun
	Jennnifer	Dunn		12.91(+3.1)	16/April	Scottish Univ.	Grangemouth
	Hannah	Chrisp	U20	12.93(+0.3)	11/May	LSAC v BU	Loughborough
	Isis	Moody	U15	12.97(+3.7)	22/May	SWAL 2	Meadowbank
	Rachel	Dinsdale	U20	13.07(+6.5)	29/May	NJAL	Scotstoun
	Natalie	Robbins	U13	13.12	19/June	SWAL 3	Meadowbank
	Liz	Wells	U15	13.21(+3.0)	22/May	SWAL 2	Meadowbank
	Gaby	Vita	U20	13.32	22/May	SWAL 2	Meadowbank
	Kirsty	McKean	U17	13.19	07/June	Edinburgh Schools	Meadowbank
	Rosie	Wilson	U15	13.40	17/April	SWAL 1	Meadowbank
	Emma	McGinty	U17	13.41(+4.0)	03/April	Lothian Trials	Meadowbank
	Lee	Gillie	U20	13.43(+3.2)	28/May	Lothian Open	Meadowbank
200m	Stacey	Downie		23.80(+1.7)	04/June	UKWAL	Leigh
	Carly	Sharp		24.89 (+2.7))	22/May	Loughborough Int.	Loughborough
	Beth	Finlayson	U20	24.59(+3.1)	19/June	UKWAL 2	Meadowbank
	Catriona	Pennet		25.56	17/April	SWAL 1	Meadowbank
	Caitlin	Hardie	U17	26.25	17/April	SWAL 1	Meadowbank
	Hope	Robertson	U20	26.26(+1.8)	17/April	SWAL 1	Meadowbank
	Jennifer	Dunn		26.37(+2.7)	03/April	Lothian Trials	Meadowbank
	Caitlin	Froude	U20	26.50(+5.4)	22/May	SWAL 2	Meadowbank
	Demi	Yorke	U17	26.72(+3.9)	03/April	Lothian Trials	Meadowbank
	Liz	Wells	U15	26.74(+1.2)	19/June	SWAL 3	Meadowbank
	Fiona	Cleat	U20	26.89(+4.2)	22/May	SWAL 2	Meadowbank
	Kirsty	McKean	U17	26.91	08/June	Edinburgh Schools	Meadowbank
	Rosie	Wilson	U15	27.01	15/May	SYAL	Scotstoun
	Hanah	Chrisp	U20	27.02	11/May	LSAC v BU	Loughborough
	Natalie	Robbins	U13	27.33(+1.9)	22/May	SWAL 2	Meadowbank
	Gaby	Vita	U20	27.55	22/May	SWAL 2	Scotstoun
	Erin	Boddie	U15G	27.58	28/May	Lothian Open	Meadowbank
	Emma	McGinty	U17	27.67(+3.9)	07/May	U18 Trials	Scotstoun
	Isis	Moody	U15G	27.86	28/May	Lothian Open	Meadowbank
	Lee	Gillie	U20	27.90(+3.2)	03/April	Lothian Trials	Meadowbank
Heidi	Biberbach-Lz	U15	27.69	15/May	SYAL 2	Scotstoun	

400m	Stacey	Downie		54.83	28/May	Lothian Open	Meadowbank
	Lynsey	Sharp		55.27	02/July	UKWAL 2	Meadowbank
	Katherine	Evans		56.01	08/May	Loughborough Trials	Scotstoun
	Lauren	Peffers		57.40	08/May	Loughborough Trials	Scotstoun
	Mhairi	McDonald		57.62	19/June	SWAL 3	Meadowbank
	Siobhan	Hanlon		59.26	17/April	SWAL 1	Meadowbank
	Emily	Dudgeon	U20	59.63	08/May	Loughborough Trials	Scotstoun
	Caitlin	Froude		59.83	17/April	SWAL 1	Meadowbank
	Kirsten	Peters	U17	60.9s	10/July	NJAL 3	Manchester
	Fiona	Cleat	U20	62.59	10/June	Scottish Schools	Grangemouth
	Paula	Gass	U20	63.15	10/April	Petrovac	Inverness
	Gaby	Vita	U20	63.45	10/June	Scottish Schools	Grangemouth
	Natalie	Griffiths		64.46	03/April	Lothian Trials	Meadowbank
800m	Lynsey	Sharp	U23	2.01.98	13/June	J.O.Memorial	Prague
	Emily	Dudgeon	U20	2.10.59	02/July	UKWAL 2	Meadowbank
	Laura	Dunn	U23	2.10.80	04/June	UKWAL	Leigh
	Katja	Eravisto		2.11.70			Finland
	Kathryn	Evans		2.12.27	11/June	BMC	Watford
	Emily	Stewart	U23	2.13.21	19/June	SWAL 3	Meadowbank
	Olivia	O'Hare	U17	2.12.8s	10/July	NJAL 3	Manchester
	Kirsten	Peters	U17	2.14.97	19/June	SWAL 3	Meadowbank
	Rosie	Wilson	U15	2.19.40	19/June	SWAL 3	Meadowbank
	Emma Dunnett		U17	2.20.52	17/June	BMC	Scotstoun
	Hannah	Cameron	U15	2.21.82	15/May	SYAL 2	Scotstoun
	Rachel	Dunn	U17	2.22.89	15/May	SYAL 2	Scotstoun
	Phoebe	Crossthwai	U15	2.23.06	10/June	Scottish Schools	Grangemouth
	Ali	Hunter	U15	2.24.87	15/May	SYAL 2	Scotstoun
	Emily	Strathdee	U15	2.25.51	10/June	Scottish Schools	Grangemouth
	Blair	Wood	U17	2.26.02	11/June	Scottish Schools	Grangemouth
	Isabelle	Bough	U17	2.26.07	11/June	Scottish Schools	Grangemouth
	Olivia	McKenzie	U17	2.26.52	17/April	SWAL 1	Meadowbank
1500m	Sarah	Hood		4.22.01	09/July	BMC	Solihul
	Emily	Stewart	U23	4.25.11	11/June	SWAL 3	Meadowbank
	Marabeth	Shiel		4.26.17	30/April	Stan-Lyall Invit	Ind. USA
	Katja	Eravisto		4.35.71			Finland
	Laura	Dunn		4.36.08	19/June	SWAL 3	Meadowbank
	Lynsey	Sharp		4.36.27	17/April	SWAL 1	Meadowbank
	Olivia	O'Hare	U17	4.42.18	10/June	Scottish Schools	Grangemouth
	Olivia	O'Hare	U17	4.42.18	10/June	Scottish Schools	Grangemouth
	Rachel	Dunn	U17	4.48.73	10/June	Scottish Schools	Grangemouth
	Ali	Hunter	U15	4.52.36	11/June	Scottish Schools	Grangemouth
	Phoebe	Crosthwaite	U15	4.55.62	19/June	SWAL 3	Meadowbank
3000m	Sarah	Hood		9.27.93	28/June	BMS	Stretford

	Emily	Stewart	U23	9.30.88	08/May	Loughbro trials	Scotstoun
	Laura	Dunn		9.55.80	08/May	Loughbro trials	Scotstoun
	Emma	Dunnnett	U17	10.27.19	03/April	OGM	Inverness
	Susan	Ridley	V45	10.34.25	28/May	Scottish Masters	Meadowbank
	Rachel	Dunn	U17	10.50.4s	10/July	NJAL 3	Manchester
	Oonagh	Dunnnett	U17	10.53.78	03/April	OGM	Inverness
	Rossanna	Stewart	U17	11.26.30	19-Jun	SWAL 3	Meadowbank
	Rona	MacNiven		11.27.30	27-Jan	Illawong	Australia
	Cath	Ferry	V35	11.27.86	02/July	UKWAL 2	Meadowbank
	Karen	Dobbie	V	11.37.53	02/July	UKWAL 3	Meadowbank
5000m	Marabeth	Shield		16.34.16	25/March	Stan.Un. Invit	Stanford Univ,USA
2Km S/C	Sarah	Hood		6.51.73	17/June	Glas.Milers	Glasgow
100mH	Catriona	Pennet		14.36	17/April	SWAL 1	Meadowbank
	Emma	Lowry	U23	15.95	19/June	SWAL 3	Meadowbank
	Sarah	Watters	U20	17.42(+5.2)	16/April	Scottish Univ.	Grangemouth
	Avril	Jackson		18.97	17/April	SWAL 1	Meadowbank
	Lillian	Gowans		19.19	17/April	SWAL 1	Meadowbank
400mH	Avril	Jackson		63.44	08/May	Loughbro Trials	Scotstoun
	Lauren	Stoddart	U23	67.14	22/May	SWAL 2	Meadowbank
	Fiona	Trew	U20	65.57	19/June	SWAL 3	Meadowbank
	Natalie	Griffiths		69.98	02/July	UKWAL 2	Meadowbank
	Olivia	McKenzie	U17	75.3s	10/July	NJAL 3	Manchester
	Laura	Robertson		77.57	03/April	Lothian Trials	Meadowbank
High J.	Jayne	Nisbet		1.83	19/June	Midland Champs	BIRMINGHAM
	Emma	Nuttall	U20	1.82	26/June	AAA U23 Champs	Bedford
	Jayne	Nisbet		1.83	19/June	Midland Champs	BIRMINGHAM
	Emma	Lowry	U23	1.64	02/July	AAA U23 Champs	Bedford
	Caitlin	O'Neil	U17	1.60	03/April	Lothian Trials	Meadowbank
	Kerry-Ann	Hastings	U17	1.55	01/May	NJAL	Preston
	Alisha	Sneddon	U17	1.50	17/April	SWAL 1	Meadowbank
	Paula	Gass	U20	1.50	17/April	SWAL 1	Meadowbank
	Sara	Watters	U20	1.45	16/April	Scot. Univ.	Grangemouth
	Ella	Teasdale		1.40	17/April	SWAL 1	Meadowbank
	Amy	Costello	U15	1.40	17/April	SWAL 1	Meadowbank
	Ellie	McGinty	U15	1.40	17/April	SWAL 1	Meadowbank
	Sarah	Lowry	U15	1.40	24/April	SYAL 1	Grangemouth
	Katie	Robertson	U15	1.40	09/June	Scottish Schools	Grangemouth
PV	Ella	Teasdale		2.70	17/April	SWAL 1	Meadowbank
	Caitlin	O'Neil	U17	2.30	17/April	SWAL 1	Meadowbank
	Kerry-Ann	Hastings	U17	2.00	01/May	NJAL	Preston

U	Sarah	Warnock	U23	5.90(4.4)	01/May	BUCS	Bedford
	Lisa	Ferguson		5.89(+1.0)	04/June	UKWAL	Leigh
	Faye	Nicholson	U20	5.78	26/June	AAA U23 Champs	Bedford
	Liz	Wells	U15	5.27	10/June	Scottish Schools	Grangemouth
	Kirsty	McKean	U17	5.23	24/April	SYAL 1	Grangemouth
	Catriona	Pennet		5.07	17/April	SWAL 1	Meadowbank
	Demi	Yorke	U17	5.05	17/April	SWAL 1	Meadowbank
	Sarah	Watters		4.93	24/April	SYAL 1	Grangemouth
	Eilidh	Peterson	U20	4.78	22/May	SWAL 2	Meadowbank
	Paula	Gass	U20	4.77	10/April	Petrovac	Inverness
	Rachel	Dinsdale	U20	4.75	02/July	UkWAL 2	Meadowbank
TJ	Jayne	Nisbet		12.26	08/May	Scottish Open	Scotstoun
	Sarah	Warnock		11.16	17/April	SWAL 1	Meadowbank
	Eilidh	Peterson	U20	10.30	22/May	SWAL 2	Meadowbank
	Lisa	Ferguson		10.01	04/June	UKWAL	Leigh
	Rachel	Dinsdale	U20	10.03	10/July	NJAL 3	Manchester
	Sarah	Watters	U20	9.78	03/April	Lothian Trials	Meadowbank
	Demi	Yorke	U17	9.23	24/April	SYAL 1	Grangemouth
Shot	Hannah	Evenden		13.22	25/June	AAA U23 Champs	Bedford
	Jayne	Nisbet		11.87	02/July	UKWAL 2	Meadowbank
	Emma	Lowry	U23	10.53	19/June	SWAL 3	Meadowbank
	Paula	Gass	U20	10.00	26/March	Open Meeting	Inverness
	Naomi	Symonds		9.95	09/June	Scottish Schools	Grangemouth
	Nicola	Falconer		9.59	22/May	SWAL 2	Meadowbank
	Cristtel	Ramirez		8.54	01/May	SWAL 1	Meadowbank
	Kimberley	Reed	U17	8.10	03/April	Lothian Trials	Meadowbank
	Katie	Logan	U17	8.34	19/June	SWAL 3	Meadowbank
	Sarah	Watters	U20	7.94	16/April	Scottish Univ.	Grangemouth
Discus	Hannah	Evenden		44.73	25/June	AAA U23 Champs	Bedford
	Juliet	Wyatt		39.58	10/April	Petrofac	Inverness
	Kimberley	Reed	U17	34.74	19/June	SWAL 3	Meadowbank
	Nicola	Falconer		33.55	02/July	UKWAL 2	Meadowbank
	Beth	Valente	U20	28.69	22/May	SWAL 2	Meadowbank
	Kelly	Bodley	U20	22.08	17/April	SWAL 1	Meadowbank
	Cristel	Ramirez		18.28	17/April	SWAL 1	Meadowbank
Javelin	Paula	Gass		38.57	01/May	NJAL 1	Preston
	Nicola	Falconer		37.16	17/April	SWAL 1	Meadowbank
	Beth	Valente	U20	30.48	01/May	NJAL 1	Preston
	Kimberley	Reed	U17	21.34	03/April	Lothian Trials	Meadowbank
	Susan	McKelvie		21.04	02/July	UKWAL 2	Meadowbank
	Cristtel	Ramirez		20.25	28/May	Lothian Open	Meadowbank

Hammer	Susan	McKelvie	63.76	22/May	Loughbro Int	Loughborough	
	Kimberley	Reed	U17	55.98	09/June	Scottish Schools	Grangemouth
	Hannah	Evenden		55.43	22/May	Loughborough Int.	Loughborough
	Kelly	Bodley	U20	43.85	09/June	Scottish Schools	Grangemouth
	Nicola	Falconer		40.02	09/April	Hammer GP	Grangemouth