

Athletes must arrive as close to their declaration time as possible, compete and then leave the facility as soon as practical at the end of their event.								
TRACK								
Event No	Declarations		Call Up Time	Start Time	Event	Age Group	Band	Heats
	Open	Close						
1	12:45	13:00	13:20	13:30	75m	U11	A	1
2	12:50	13:05	13:25	13:35	100m	U13	B	2 to 3
3	12:55	13:10	13:30	13:40	100m	U15	C	4 to 5
3	13:00	13:15	13:35	13:45	100m	U15	D	6 to 7
5	13:15	13:30	13:50	14:00	100m	U20/SEN	F	9
6	13:20	13:35	13:55	14:05	100m	U17	G	10 to 11
8	13:25	13:40	14:00	14:10	100m	SEN	H	12
Break								
12	13:55	14:10	14:30	14:40	1500m	U15	A	14 to 15
13	14:10	14:25	14:45	14:55	1500m	U17	B	16
16	14:20	14:35	14:55	15:05	400m	U17	A	17
17	14:25	14:40	15:00	15:10	400m	U20/SEN	B	18
FIELD								
23	12:30	12:45	13:05	13:15	Shot Putt	All	A	
21	12:55	12:55	13:15	13:25	Long Jump	All	B	
24	13:45	14:00	14:20	14:30	Javelin	All	C	

Field Events: 2 Warm Up and 6 Competition Trials