Athletes must arrive as close to their declaration time as possible, compete and then leave the facility as soon as practical at the end of their event.								
TRACK								
Event No	Declarations Open Close		Call Up Time	Start Time	Event	Age Group	Band	Heats
1	12:45	13:00	13:20	13:30	75m	U11	Α	1
2	12:50	13:05	13:25	13:35	200m	SEN	Α	2
3	12:55	13:10	13:30	13:40	200m	SEN	В	3
4/5	13:00	13:15	13:35	13:45	200m	U20	С	4 to 5
6	13:05	13:20	13:40	13:50	200m	U15B	D	6 to 7
7	13:10	13:25	13:45	13:55	200m	U15G	E	8 to 9
8	13:15	13:30	13:50	14:00	200m	U13B	F	10
9	13:20	13:35	13:55	14:05	200m	U13G	G	11 to 12
10/11	13:35	13:50	14:10	14:20	800m	U17	Α	13 to 14
12	13:45	14:00	14:20	14:30	800m	U15B	В	15
13	13:50	14:05	14:25	14:35	800m	U15G	С	16 to 18
14	14:05	14:20	14:40	14:50	800m	U13	D	19
FIELD								
15	12:35	12:50	13:10	13:20	Shot Putt	All	Α	
16	12:30	12:45	13:00	13:25	Long Jump	All	В	
17	13:30	13:45	14:05	14:15	Javelin	All	С	

Field Events: 2 Warm Up and 6 Competition Trials