

EDINBURGH AC



SENIOR RECORDS (OUTDOORS)

at 24 October 2021

Senior Men					
100m	Allan Wells	10.11	NR	Moscow (RUS)	24 Jul 1980
200m	Allan Wells	20.21	NR	Moscow (RUS)	28 Jul 1980
400m	Roger Jenkins	46.49		Crystal Palace	06 Sep 1975
800m	Jake Wightman	1:44.18		Ostrava (CZE)	08 Aug 2020
1500m	Josh Kerr	3:29.05	NR	Tokyo	05 Aug 2021
1 Mile	Jake Wightman	3:52.02		Olympic Park	21 Jul 2019
3000m	John Robson	7:45.81		Crystal Palace	13 Jul 1984
5000m	Josh Kerr	13:23.78		Irvine CA (USA)	15 May 2021
10000m	Allister Hutton	27:59.12		Aachen (GER)	30 May 1986
110mH	David Wilson	13.9		Warsaw (POL)	29 Jun 1974
400mH	Blair Young	50.48			10 Nov 1999
3000 S/C	Tom Hanlon	8:12.58	NR	Monte Carlo (MON)	03 Aug 1991
Long Jump	Allan Hamilton	7.88		Azusa (USA)	15 Apr 2016
Triple Jump	Berachiah Ajala	15.89		Grangemouth	14 Aug 2021
High Jump	Brian Burgess	2.20		Crystal Palace	11 Jun 1978
Pole Vault	Richard Williamson	4.98		El Paso (USA)	17 Apr 1978
Shot	Paul Buxton	18.93	NR	Los Angeles (USA)	13 May 1977
Discus	Paul Buxton	56.42		Meadowbank	06 Aug 1976
Hammer	Chris Black	75.40		Crystal Palace	23 Jul 1983
Javelin	John Guthrie	67.44		Grangemouth	17 May 1989
Decathlon	Stewart McCallum	7335		Moscow (RUS)	19 Aug 1973
4 x 100m	Allan Wells, Dave Clark, Jamie Henderson, Elliot Bunney	40.19	NR	Haringey	20 Aug 1988
4 x 400m	Peter Hoffman, Paul Forbes, Norman Gregor, Roger Jenkins	3:08.93	NR	Crystal Palace	06 Sep 1975
Road Racing :					
1 Mile	Chris O'Hare	3:51.7		New York (USA)	08 Sep 2019
5K	John Robson	13.36		Newcastle	27 Mar 1985
5 Mile	Neil Tennant	22.48		Ruislip	19 Feb 1989
10K	Allister Hutton	28.13		Birmingham	28 Apr 1984
10 Mile	Allister Hutton	46.05		Motherwell	03 Apr 1982
Half Marathon	Allister Hutton	1:02.28		Newcastle	21 Jun 1987
Marathon	Allister Hutton	2:09.16		London	21 Apr 1985
100K	Robert Turner	7:00.30		Redwick	31 Mar 2018

NR = National Record

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Senior Women					
100m	Helen Golden	11.40	NR	Crystal Palace	20 Jul 1974
200m	Beth Dobbin	22.50	NR	Olympic Park	20 Jul 2019
400m	Allison Curbishley	50.71	NR	Kuala Lumpur (MAS)	18 Sep 1998
800m	Lynsey Sharp	1:57.69	NR	Rio de Janeiro (BRA)	20 Aug 2016
1500m	Yvonne Murray	4:01.20		Oslo (NOR)	04 Jul 1987
1 Mile	Yvonne Murray	4:22.64		Oslo (NOR)	22 Jul 1994
3000m	Yvonne Murray	8:29.02	NR	Seoul (KOR)	25 Sep 1988
5000m	Yvonne Murray	14:56.94		Crystal Palace	07 Jul 1995
10000m	Yvonne Murray	31:56.97		Victoria (CAN)	24 Aug 1994
100mH	Elaine McMaster	13.60		Brisbane (AUS)	07 Oct 1982
	Elaine McMaster	13.48 (w)		Antrim	12 Jun 1982
400mH	Sineadh Dudgeon	55.24		Birmingham	24 July 1999
2Km S/C	Emily Stewart	6:36.45		Bedford	06 May 2013
3Km S/C	Emily Stewart	9:51.42		Ninove (BEL)	27 Jul 2013
Long Jump	Sarah Warnock	6.42		Birmingham	29 Jun 2014
	Moira Maguire	6.48 (w)		The Hague (NED)	17 May 1970
Triple Jump	Gillian Kerr	13.25		Birmingham	30 Jun 2007
	Gillian Kerr	13.42 (w)		Birmingham	30 Jun 2007
High Jump	Emma Nuttall	1.87		Birmingham	13 Jul 2013
	Moira Maguire	1.87		Meadowbank	11 May 1980
Pole Vault	Courtney MacGuire	4.18		Birmingham	03 Aug 2019
Shot	Margaret Ritchie	18.99	NR	Tucson (USA)	07 May 1983
Discus	Margaret Ritchie	67.48	NR	Walnut (USA)	26 Apr 1981
Hammer	Shirley Webb	67.58	NR	Loughborough	15 Jul 2005
Javelin	Lorna Jackson	57.19		Peterborough	09 Jul 2000
Heptathlon	Holly McArthur	5687		Grosseto (ITA)	21 Jul 2017
4 x 100m	Alison Robb, Sheila Pringle, Helen Golden, Liz Sutherland	45.2	NR	Crystal Palace	27 Jun 1970
4 x 400m	Mary Munro Elaine Douglas, Anne Clarkson Anne Littlejohn	3:39.3	NR	Crystal Palace	21 Sep 1974
Road Racing :					
5K	Yvonne Murray	15.20		Aberdeen	22 May 1993
5 Mile	Yvonne Murray	25.54		Haddington	31 May 1984
10K	Yvonne Murray	32.24		Barnsley	02 Apr 1997
10 Mile	Freya Murray/Ross	52.27		Portsmouth	24 Oct 2010
Half Marathon	Lorna Irving	1:11.44		Ayr	06 Sep 1987
Marathon	Freya Murray	2:28.10		London	22 Apr 2012
100K	Natalie Christie	8:50.41		Boddington	19 Jun 2010

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Other men records:

1000m	Jake Wightman	2:16.27	Stockholm (SWE), 10 Jun 2018
Javelin (old version)	John Guthrie	72.62	29 Jul 1985
4 x 200m	Peter Hoffman, Keith Ridley, Norman Gregor, Roger Jenkins	1:27.6	28 Jul 1974

Other women records:

Pentathlon	Moira Maguire	4309	01 Sep 1979
1000m Walk	Sara-Jane Cattermole	4:19.0	06 Jul 2004
1500m Walk	Sara-Jane Cattermole	6:35.2	16 Dec 2000
3000m Walk	Sara-Jane Cattermole	13:52.6	01 Mar 2002
5000m Walk	Sara-Jane Cattermole	23:44.0	23 Jun 2002
9000m Walk	Sara-Jane Cattermole	43:30.0	07 Apr 2002
10000m Walk	Sara-Jane Cattermole	47:05.0	15 Jul 2001
15000m Walk	Sara-Jane Cattermole	76:00.0	01 Aug 2004
20000m Walk	Sara-Jane Cattermole	96:40 (NR)	Perth (AUS), 04 Mar 2000