30th December 2021

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| **Under 13 Boys** |
| 100m  | Kingsley Cunningham | 12.06 NR | Birmingham | 04 Sep 2011 |
| 200m | Ben Robbins | 25.26 | Birmingham | 01 Sep 2009 |
| 800m | Josh Kerr | 2:15.24 | Meadowbank | 09 May 2010 |
| 1500m | Josh Kerr | 4.30.86 NR | Grangemouth | 12 Jun 2010 |
| 75m Hurdles | Michael Dennis | 12.36 | Sportcity | 02 Sep 2012 |
|  | Michael Dennis | 12.35 (w) | Meadowbank | 08 Apr 2012 |
| Long Jump | Toby Harris | 4.98 |  | 2004 |
| High Jump | Owen Ashall | 1.63 | Meadowmill | 09 May 2015 |
| Pole Vault | Matthew Jones | 2.10 | Meadowbank | 10 Apr 2005 |
| Shot | Ben Robbins | 11.42 | Pitreavie | 13 Sep 2009 |
| Discus | Ben Robbins | 25.15 | Grangemouth | 05 Aug 2009 |
| Javelin | Fergus Pim | 35.02 | Grangemouth | 19 May 2019 |
| Pentathlon | Isaac Johnston | 2023 | Livingston | 14 Aug 2016 |
| 4 x 100m | Felipe Alves, Silvano Marcantonio, Craig Lennie, Kingsley Cunningham | 51.79 | Pitreavie | 18 Jul 2010 |
| 3 x 800m | Tom Holligan, Edward Dudgeon, Davy Rowan | 7.05.27 NR | Dumfries | 19 Jun 2005 |
| NR = National Record |

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| **Under 15 Boys** |
| 100m | Michael Olsen  | 11.03 NR | Aberdeen | 18 Aug 2013 |
|  | Michael Olsen | 10.97 (w) | Bedford | 31 Aug 2013 |
| 200m | Morro Bajo | 22.56 | Scotstoun | 23 Jul 2011 |
| 300m | Alexander Poustie-Williamson | 36.50 | Grangemouth | 10 Jun 2018 |
| 800m | Shaun Devenney | 1:59.28 | Birmingham | 14 Aug 2005 |
| 1500m | Josh Kerr | 4:05.26 | Aberdeen | 11 Aug 2012 |
| 1 Mile | Graham Scobie | 4.58.3 | Pitreavie | 02 Aug 2003 |
| 3000m | Chris O’Hare | 9:44.04 | Scotstoun | 31 Jul 2005 |
| 80m Hurdles | Cameron Goodall | 11.33 | Grangemouth | 14 Jun 2008 |
|  | Cameron Goodall | 11.17 (w) | Grangemouth | 24 Aug 2008 |
| Long Jump | Rob Henderson | 6.14 | Bedford | 08 Sep 2018 |
| Triple Jump | Freddie Rooke | 12.11 | Aberdeen | 18 Aug 2013 |
| High Jump | Ross Hepburn  | 2.04 NR | Meadowbank | 22 Aug 1976 |
| Pole Vault | Fred Smith | 2.95 | Birmingham | 06 Sep 2009 |
| Shot | Willie Smith | 14.26 | Grangemouth | 23 Jun 1979 |
| Discus | Craig Smith | 39.92 | Pitreavie | 09 Sep 1995 |
| Hammer | Stewart Munro | 50.00 | Meadowbank | 15 Sep 1974 |
| Javelin | Graham Denholm | 50.24 | Aalborg (DEN) | 30 Jul 1995 |
| Pentathlon | Fred Smith | 2671 | Birmingham | 15 Aug 2009 |
| 4 x 100m | Calvin Girvan, Tom Holligan, Kieran Kivlin, Cameron Goodall | 45.25 | Manchester | 07 Sep 2008 |
| 4 x 300m | Silvano Marcantonio, Josh Kerr, Jake Roulstone, Sandy Wilson | 2.34.78 NR | Manchester | 02 Sep 2012 |
| 3 x 800m | Jamie Smith, Chris O’Hare, Shaun Devenney | 6.30.22 | Dumfries | 19 Jun 2005 |
| NR = National Record |

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| **Under 17 Men** |
| 100m | Peter Little | 10.6 | Meadowbank | 28 May 1977 |
|  | Morro Bajo | 10.59 (w) | Bedford | 31 Aug 2013 |
| 200m | Peter Little | 21.24 NR | Donetsk (UKR) | 21 Aug 1977 |
|  | Peter Little | 21.0 (w) | Aldershot | 30 Jul 1977 |
| 400m | Scott Hughson | 48.26 | Coventry | 26 Aug 2007 |
| 800m | Kris Gauson | 1.52.11 | Chelmsford | 17 Jul 2004 |
| 1500m | Josh Kerr | 3.52.46 | Bedford | 30 Aug 2014 |
| 1 Mile | John Lees | 4.18.2 | Wolverhampton | 10 Aug 1968 |
| 3000m | Josh Kerr | 8.35.15 | Bedford | 31 Aug 2014 |
| 100m Hurdles | Stuart McAslan | 13.3 | Meadowbank | 08 Sep 1979 |
| 400m Hurdles | Seumas Thomson | 54.89 | Cardiff | 16 Jul 2011 |
| 1500 S/C | Nigel Jones | 4.19.4 | Aldersley | 08 Aug 1976 |
| Long Jump | Peter Little | 7.12 | Yeovil | 16 Jul 1977 |
| Triple Jump | Stuart McAslan | 14.43 | Meadowbank | 08 Sep 1979 |
| High Jump | Ross Hepburn | 2.08 | Meadowbank | 29 Jul 1978 |
| Pole Vault | Callum Newby | 4.17 | Sportcity | 05 Aug 2018 |
| Shot | Willie Smith | 15.37 | Birmingham | 18 Jul 1981 |
| Discus | Paul Buxton | 41.38 | Grangemouth | 30 Jun 1973 |
| Hammer | Brian Riddles | 59.08 | Meadowbank | 15 Jul 1974 |
| Javelin | Danny Scullion  | 56.48 | Cwmbran | 24 Aug 1974 |
| Decathlon | Howard Bell | 5478 | Grangemouth | 5-6 Jun 2014 |
| 4 x 100m | Kingsley Cunningham, Sandy Wilson, Jake Roulstone, Michael Olsen | 42.89 | Pitreavie | 16 Jun 2014 |
| 4 x 400m | Tom Holligan, John Glen, Kieran Kivlin, Jay Younger | 3.24.53 | Manchester | 05 Sep 2010 |
| 3 x 800m | Alex Carcas, Paul Ireland, Josh Kerr | 6.06.47 | Pitreavie | 16 Jun 2014 |
| NR = National Record |

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| **Under 20 Men** |
| 100m | Jamie Henderson | 10.21 NR | Birmingham | 06 Aug 1987 |
| 200m | Cameron Tindle | 20.71 | Bydgoszcz (POL) | 21 Jul 2016 |
| 400m | Roger Jenkins | 46.7 | Oslo (NOR) | 20 Aug 1974 |
| 800m | Jake Wightman | 1.48.01 | Trafford | 06 Aug 2013 |
| 1500m | Josh Kerr | 3.41.08 | Eugene (USA) | 08 Jun 2016 |
| 1 Mile | Jake Wightman | 4.00.62 | Olympic park | 27 Jul 2013 |
| 3000m | Tom Hanlon | 8.11.27 |  | 1985 |
| 5000m | Alistair Hutton | 14.35.4 | Meadowbank | 14 Jul 1973 |
| 110m Hurdles | Angus McKenzie | 14.46 | Duisburg (GER) | 25 Aug 1973 |
|  | Scott Connal | 14.46 | Sportcity | 04 Aug 2019 |
|  | Scott Connal | 14.16 (w) | Bedford | 26 May 2019 |
| 400m Hurdles | Stephen Murphy | 53.2 | Meadowbank | 13 Aug 2000 |
| 2000 S/C | Tom Hanlon | 5.32.84 NRNational Record | Athens (GRE) | 20 Jul 1986 |
| Long Jump | Angus McKenzie | 7.45 | Vittel (FRA) | 19 Aug 1972 |
| **Triple Jump** | **Berachiah Ajala** | **15.89 NR** | **Grangemouth** | **14 Aug 2021** |
| High Jump | Brian Burgess | 2.15 | Meadowbank | 26 Jun 1976 |
| Pole Vault | Gregor Maclean | 4.70 | Barking | 01 Aug 2009 |
| Shot | Paul Buxton | 16.65 | Meadowbank | 21 Jun 1975 |
| Discus | Paul Mardle | 54.50 | Meadowbank | 27 Jun 1981 |
| Hammer | Peter Holmes | 62.90 | Grangemouth | 29 Jul 2007 |
| Javelin | Will Lerche | 59.20 | Grangemouth | 12 Jun 2010 |
| Decathlon | Scott Connal | 7057 | Bedford | 25-26 May 2019 |
| 4 x 100m | Allan Hamilton, Isaiah Symonds, Tom Holligan, Kieran Kivlin | 42.31 | Derby | 12 Sep 2010 |
| 4 x 400m | Seumas Thomson, Jake Wightman, Ben Robbins, Peter Loudon | 3.23.26 | Gateshead | 24 Jun 2012 |
| NR = National Record |

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| **Under 13 Girls** |
| 100m | Natalie Robbins | 13.12 | Meadowbank | 19 Jun 2011 |
|  | Lorraine Morris | 13.0 | Meadowbank | 14 May 1972 |
|  | Jillian Marshall | 13.0 | Westerlands | 28 May 1975 |
|  | Firouzeh Mitchell | 12.87 (w) | Meadowbank | 22 Apr 2007 |
| 200m | Firouzeh Mitchell | 26.85 | Grangemouth | 08 Jun 2007 |
|  | Lorraine Morris | 26.6 | Meadowbank | 15 July 1972 |
| 800m | Emma Johnson | 2.17.91 | Livingston | 24 Aug 2016 |
| 1200m | Emma Johnson | 3.49.54 | Grangemouth | 19 Jun 2016 |
| 1500m | Emma Johnson | 4.44.32 NR | Grangemouth | 11 Jun 2016 |
| 70m Hurdles | Ailsa Mackie | 11.48 | Birmingham | 04 Sep 2005 |
| Long jump | Rebecca Grieve | 4.78 | Scotstoun | 13 Aug 2017 |
|  | Rebecca Grieve | 4.81 (w) | Scotstoun | 19 Aug 2017 |
| Triple Jump | Ellie O'Hara | 9.84 | Livingston | 06 Jun 2015 |
| High Jump | Rose Jones | 1.58 | Sportcity | 07 Sep 2019 |
| Shot | Natalie Robbins | 9.66 | Birmingham | 04 Sep 2011 |
| Discus | Natalie Robbins | 23.32 | Grangemouth | 03 Aug 2011 |
| Hammer | Natalie Robbins | 31.44 | Grangemouth | 17 Sep 2011 |
| Javelin | Claudia Preiss | 28.82 | Bedford | 03 Sep 2016 |
| Pentathlon | Rebecca Grieve | 2366 | Grangemouth | 02 Jul 2017 |
| 4 x 100m | Alice Ball, Olivia AndersonIsla Stewart, Anna Widdowson | 52.87 NR | Bedford | 08 Sep 2018 |
| 3 x 800m | Gillian Doig, Sandra Hamilton, ? | 7.23.1 NR | Meadowbank | 23 Aug 1981 |
| NR = National Record |

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| **Under 15 Girls** |
| 100m | Dawn Flockhart | 12.30 | Crystal Palace | 25 Jul 1981 |
|  | Fay Nixon | 12.1 | Stretford | 30 Aug 1975 |
|  | Fay Nixon | 11.9 (w) | Grangemouth | 24 Aug 1975 |
| 200m | Dawn Flockhart | 24.63 NR | Dublin | 04 Jul 1981 |
| 300m | Katie Johnson | 41.93 | Grangemouth | 11 May 2019 |
| 800m | Katie Johnson | 2.09.63 | Bedford | 01 Sep 2019 |
| 1500m | Katie Johnson | 4.33.44 | Bedford | 25 Aug 2018 |
| 75m Hurdles | Pat Campbell | 11.35 | CrystalPalace | 21 Aug 1976 |
| Long Jump | Molly Reville | 5.51 | Grangemouth | 10 Aug 2019 |
| Triple Jump | Ellie O’Hara | 11.17 | Scotstoun | 20 Aug 2017 |
| High Jump | Carly Sharp | 1.70 | Meadowbank | 28 Apr 2002 |
| Pole Vault | Rosie Brown | 2.51 | Grangemouth | 21 Aug 2016 |
| Shot | Mary Anderson | 12.03 |  | 1982 |
| Discus | Lynn Robertson | 34.36 | Watford | 24 Jun 1972 |
| Hammer | Natalie Robbins | 48.92 | Birmingham | 07 Sep 2013 |
| Javelin | Amy Preiss | 32.99 | Loughborough | 12 Sep 2015 |
| Pentathlon | Mary Anderson | 3121 | Grangemouth | 09 May 1982 |
| 4 x 100m |  | 49.9 | Grangemouth | 10 Jun 1973 |
| 4 x 300m | Molly Reville, Anise Macaulay Orr, Marissa Maclean, Katie Johnson | 2.52.37 | Sportcity | 07 Sep 2019 |
| 3 x 800m | Emily Owens, Sam Blair, Emily Dudgeon | 7.06.01 | Meadowbank | 17 Jun 2007 |
| NR = National Record |

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| **Under 17 Women** |
| 100m | Fay Nixon | 11.8 | Glenrothes | 12 Jul 1976 |
|  | Fay Nixon | 11.6 (w) | Meadowbank | 04 Sep 1977 |
|  | Helen Golden | 11.6 (w) | Grangemouth | 05 Jul 1969 |
| 200m | Helen Golden | 23.95 | Crystal Palace | 30 Aug 1969 |
|  | Helen Golden | 23.85 (w) | London | 01 Sep 1969 |
| 300m | Fay Nixon | 38.6 | Grangemouth | 10 Sep 1977 |
| 400m | Anne Clarkson | 55.0 | Middlesbrough | 16 Aug 1975 |
| **800m** | **Katie Johnson** | **2.06.04** | **Bedford** | **20 Jun 2021** |
| 1500m | Yvonne Murray | 4.29.23 | Birmingham | 18 Jul 1981 |
| 3000m | Yvonne Murray | 9.30.0 NR | Dublin | 04 Jul 1981 |
| 80m Hurdles | Lesley Scott | 11.2 | Belfast | 04 Aug 1979 |
| 300m Hurdles | Katie Purves | 42.66 | Sheffield | 14 Sep 2013 |
| 1500 S/C | Zaynah Aziz | 5.25.11 | Grangemouth | 01 Aug 2015 |
| Long Jump | Ellie O’Hara | 6.07 | Grangemouth | 18 Aug 2019 |
| Triple Jump | Ellie O’Hara | 12.58 NR | Bedford | 22 Jun 2019 |
| High Jump | Jade Carlyle | 1.70 | Grangemouth | 01 Aug 2015 |
| Pole Vault | Kirsty Maguire | 3.11 | Middlesbrough | 25 Jul 1999 |
| Shot | Lucy Davison | 12.05 | Grangemouth | 12 May 2018 |
| Discus | Alison Grey | 44.34 NR | Grangemouth | 10 Jun 19891989 |
| Hammer | Natalie Robbins | 55.29 | Grangemouth | 22 Aug 2015 |  |
| Javelin | Keira Waddell | 50.39 NR | Loughborough | 31 Aug 2018 |
| Heptathlon | Holly McArthur | 5051 NR | Aberdeen | 03 Jul 2016 |
| 4 x 100m |  | 48.5 | Grangemouth | 19 Jul 1974 |
| 4 x 300m | Katie Reville, Abigail Davison, Niamh Edgar, Isla Innes | 2.46.95 NR | Grangemouth | 08 Jul 2018 |
| 3 x 800m | Kirsten Peters, Louisa Stewart, Olivia O’Hare | 7.00.08 | Grangemouth | 13 Jun 2010 |
| NR = National Record |

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| **Under 20 Women** |
| 100m | Alisha Rees | 11.59 NRNational Record | Eton | 02 Jun 2018 |
|  | Helen Golden | 11.47 (w) | Meadowbank | 17 Jul 1970 |
|  | Helen Golden | 11.3 (w) | Meadowbank | 30 May 1970 |
| 200m | Alisha Rees | 23.32 | Sportcity | 16 Aug 2017 |
|  | Alisha Rees | 23.12 (w)National Record | Eton | 03 Jun 2017 |
| 400m | Alison Reid | 53.8 | Grangemouth | 28 May 1981 |
| 800m | Emily Dudgeon | 2.02.32 | Barcelona (ESP) | 11 Jul 2012 |
| 1500m | Yvonne Murray | 4.15.1 | Grangemouth | 18 Jul 1982 |
| 1 Mile | Yvonne Murray | 4.43.78 | Crystal Palace | 09 Sep 1983 |
| 3000m | Yvonne Murray | 9.04.14 NRNational Record | Meadowbank | 28 May 1983 |
| 5000m | Yvonne Murray | 15.52.55 NR | Meadowbank | 29 May 1983 |
| 100m Hurdles | Holly McArthur | 13.93 | Grosseto (ITA) | 20 Jul 2017 |
|  | Holly McArthur | 13.79 (w) | Scotstoun | 19 Aug 2017 |
| 400m Hurdles | Allison Curbishley | 59.04 NRNational Record | San Sebastian (ESP) | 30 Jul 1993 |
| 1500 S/C | Emily Strathdee | 5.14.24 | Birmingham | 07 Sep 2014 |
| 2000 S/C | Lauren Stoddart | 7.21.88 | Manchester | 03 July 2010 |
| Long Jump | Moira Maguire | 6.39 | Meadowbank | 22 Jul 1970 |
|  | Moira Maguire | 6.48 (w) | The Hague (NED) | 17 May 1970 |
| Triple Jump | Jayne Nisbet | 13.01 NR | Meadowbank | 22 Apr 2007 |
| High Jump | Emma Nuttall | 1.82 | Bedford | 26 Jun 2011 |
| Pole Vault | Kirsty Maguire | 3.60 | Grangemouth | 20 Apr 2002 |
| Shot  | Mary Anderson | 15.48 NRNational Record | Floro (NOR) | 08 Sep 1985 |
| Discus | Hannah Evenden | 45.26 | Bedford | 31 May 2010 |
| Hammer | Kimberley Reed | 61.77 | Bedford | 03 May 2014 |
| Javelin | Lisa Glover | 46.04 NR | Bedford | 03 May 2008 |
| Heptathlon | Holly McArthur | 5687 NR | Grosseto (ITA) | 21 Jul 2017 |
| 4 x 100m |  | 48.4 | Scunthorpe | 23 Jun 2002 |
| 4 x 400m | Rosie Wilson, Erin Boddie,Kirsten Peters, Emily Dudgeon | 3.52.22 | Derby | 09 Sep 2012 |
| 3 x 800m |  | 7:02.51 NR | Grangemouth | 16 Jul 2013 |
| NR = National Record |

Other boys/men records:

U15 400m Ben Robbins 50.18 Bedford, 21 Aug 2011

U15 400m Hurdles Scott Hughson 58.80 Grangemouth, 11 Jun 2005

U15 4 x 400m Keiran Reilly, 3.36.98 Birmingham, 06 Sep 2009

Seumas Thomson,

John Glen,

 Kieran Kivlin

U17 300m Ben Robbins 34.28 Grangemouth, 01 Sep 2013

U17 2000 S/C Andrew Mackay 6.08.8 Meadowbank, 08 Sep 1979

U20 10000m Alistair Hutton 30.38.2 Meadowbank, 22 Jul 1973

U20 110H (3’6”) Angus McKenzie 14.46 Duisburg (GER), 25 Aug 1973

U20 3000 S/C Tom Hanlon 8.47.49 (NR) Lloret de Mar (SPA), 08 Jun 1986

U20 Shot (7.26kg) Paul Buxton 16.47 Meadowbank, 25 May 1975

U20 Discus (2kg) Paul Mardle 53.42 Haringey, 25 July 1981

U20 Hammer (7.26kg) Paul Buxton 60.24 Meadowbank, 17 June 1975

U20 Javelin <1986 John Guthrie 63.66 1982

Other girls/women records:

U13 4 x 200m 1.55.5 Meadowbank, 23 Aug 1976

U15 Javelin (old) Valerie Price 40.72 Grangemouth, 11 Aug 1976

U15 4 x 200m 1.47.6 Meadowbank, 23 Aug 1981

U17 shot (4kg) Mary Anderson 14.04 (NR) Newcastle, 06 May 1984

U17 Javelin (600g) Keira Waddell 44.17 Aberdeen, 19 Aug 2018

U17 Javelin (old) Nicola Emblem 50.82 Prague, 14 Jun 1987

U17 400m Hurdles Holly McArthur 60.23 (NR) Bedford, 19 Jun 2016

U17 4 x 200m Kim Hogg, Lesley Black, 1.42.7 Grangemouth, 02 Jun 1985

Joanna Douglas, Julie More

U17 4 x 400m Rosie Wilson, 3.56.09 Manchester, 02 Jun 2013

Hannah Cameron,

Erin Boddie,

Katie Purves

U20 Javelin (old) Nicola Emblem 56.96 1990