

Scottish National Athletics League Match #1 - 28/05/2023

Aberdeen Sports Village

Results

Event 1 Women 15-16 300 Meter Hurdles U17W

=====				
57.50 U17W Points Standard				
Name	Year Team	Finals	Points	
=====				
Heat 1				
1	Hannah McDermott U	VP Glasgow	47.77	20
2	Madeleine Mackenzi	Giffnock North AC	50.59	18
3	Niamh Reilly U17	Cumbernauld Aac	51.27	16
4	Kirstin Penman U17	Dunfermline	54.08	14
5	Primrose Beaton U1	Banchory Stonehaven	54.23	13

Event 2 Women 17+ 400 Meter Hurdles U20W/SW

=====				
1:16.00 SW Points Standard				
1:17.50 U20W Points Standard				
Name	Year Team	Finals	Points	
=====				
1	Emily Craig Sen	Edinburgh AC	1:01.36	20
2	Catriona Scott U20	VP Glasgow	1:10.74	20
3	Becky Dunphy Sen	VP Glasgow	1:13.05	18
4	Millie Aitken U20	East Kilbride Aac	1:17.64	18

Event 3 Men 15-16 400 Meter Hurdles U17M

=====				
1:07.00 U17M Points Standard				
Name	Year Team	Finals	Points	
=====				
1	Cameron Scott U17	Banchory Stonehaven	1:01.67	20

Event 4 Men 15+ 400 Meter Hurdles U20M/SM

=====				
1:05.00 SM Points Standard				
1:06.00 U20M Points Standard				
Name	Year Team	Finals	Points	
=====				
1	Bradley Frances Se	Edinburgh AC	56.25	20
2	Martin Hayes Sen	VP Glasgow	1:01.22	20
3	Tom Palmer U20	Elgin AC	1:01.76	18

Event 5 Men 15+ 200 Meter Sprint U17+ Pool 1

=====				
25.00 SM Points Standard				
25.20 U20M Points Standard				
25.50 U17M Points Standard				
Name	Year Team	Finals	Points	
=====				
Heat 1 Wind: 1.2				
1	Rory Voss U20	Pitreavie Aac	22.01	20
2	Max Leslie Sen	Edinburgh AC	22.06	20
3	Liam Suttie Sen	Aberdeen Aac	22.18	18
4	Struan Linton Sen	Aberdeen Aac	22.39	16
5	Harris Mackie U17	Pitreavie Aac	22.60	20
6	Omar Bajo U17	Edinburgh AC	22.65	18
7	Rory Brogan U17	Edinburgh AC	22.68	16
Heat 2 Wind: -0.6				
1	Robin Snedden U20	Inverness Harriers	22.59	18
2	Mateo Hughes U20	Edinburgh AC	22.75	16
3	Alexander Poustie	Edinburgh AC	22.84	14
4	Liam Daly U20	Inverness Harriers	23.18	13
5	Samuel Okpadje Sen	Edinburgh AC	23.21	
6	Felix Chan U17	Giffnock North AC	23.54	12
7	Dylan Drummond Sen	Cumbernauld Aac	23.84	14

8	Cheuk Hang	Brendan	Edinburgh AC	24.23	
Heat 3 Wind: 3.0					
1	Dylan McCulloch	U1	Central AC	23.10	14
2	Angus Rennie	U17	Giffnock North AC	23.42	13
3	James Fleming	Sen	Aberdeen Aac	23.69	
4	Finlay Cunningham		Livingston AC	23.74	11
5	Finn Bryce	U17	Aberdeen Aac	24.09	10
6	George Ross	U17	Ross County AC	24.13	9
7	Alexander McIntosh		Banchory Stonehaven	24.44	8
8	Daniel Bruce	U17	Kilbarchan AC	25.02	5
Heat 4 Wind: 3.0					
1	Wan Tella	Sen	Edinburgh AC	24.03	13
2	Finlay Marchant	U2	Aberdeen Aac	24.68	11
3	Louis Docherty	U17	Kilbarchan AC	24.80	7
4	Felix Crawford	U17	Banchory Stonehaven	24.94	6
5	Luc Macleod	U17	Banchory Stonehaven	25.04	
6	Scott Ritchie	U17	Kilbarchan AC	25.36	
7	Andrew Lumsden	U17	Elgin AC	25.58	
8	Luk Miller-Gallego		Aberdeen Aac	25.60	
Heat 5 Wind: 2.6					
1	Andrew Bennie	U20	VP Glasgow	24.08	12
2	Ruari Williams	U20	Banchory Stonehaven	25.19	10
3	Ruaridh Mackenzie-		Elgin AC	25.41	4
4	Oran McShane	U17	Kilbarchan AC	26.10	
5	Craig Amaeshi	U17	Aberdeen Aac	26.28	
6	Coby Keith	U20	Aberdeen Aac	26.84	
7	Callum Ballantyne		Cumbernauld Aac	27.71	
Heat 6 Wind: 2.5					
1	Oluwafemi Leo	Simp	Edinburgh AC	23.61	
2	Michael Onyemeziem		Aberdeen Aac	25.48	3
3	Fabio Farina	U17	Edinburgh AC	26.28	
4	Sriram Thiagu	U17	Harmeny AC	27.32	
5	Ben Farmer	U17	Cumbernauld Aac	27.36	
6	Ian Wallace El-Pag		Cumbernauld Aac	28.17	

Event 6 Women 15+ 200 Meter Sprint U17+ Pool 1

=====
 28.60 SW Points Standard
 28.80 U20W Points Standard
 29.00 U17W Points Standard
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Name	Year	Team	Finals	Points	
===== Heat 1 Wind: 1.7					
1	Charlotte Bevan	Se	Aberdeen Aac	24.99	20
2	Katie Dinwoddie	S	Pitreavie Aac	25.11	18
3	Lucy Fraser	Sen	VP Glasgow	25.24	20
4	Sophie Thomas	U17	Dunfermline	25.26	20
5	Emma Barclay	Sen	Aberdeen Aac	25.74	16
6	Sophie Widdoson	U2	Edinburgh AC	25.78	18
7	Tamsin Fowlie	U20	Elgin AC	26.43	14
8	Heather Bruce	Sen	Aberdeen Aac	26.45	
Heat 2 Wind: 2.6					
1	Mica McCloud	U17	Central AC	26.08	18
2	Darcie Black	U20	Dunfermline	26.29	16
3	Lauren Abbott	U17	Elgin AC	26.66	16
4	Sara Burns	U17	Edinburgh AC	26.73	14
5	Caitlin McGeachy	U	Giffnock North AC	26.85	13
6	Stroma Fraser	U20	Inverness Harriers	27.13	13
7	Jedidah Ajala	U17	Edinburgh AC	27.26	10
8	Erin Partridge	U17	Falkirk Vict	28.06	6
Heat 3 Wind: 3.2					
1	Zoe Wilson	U17	VP Glasgow	26.94	12
2	Emily Fawkes	U17	Falkirk Vict	27.11	11
3	Ava Cruickshank	U1	Elgin AC	27.54	9
4	Alexandra Cathie	U	Whitemoss AC	27.85	12
5	Enam Evong	U17	Livingston AC	27.99	7

6	Lucy Cheung U17	Banchory Stonehaven	28.38	5
7	Adora Sotannde U17	Edinburgh AC	28.42	
Heat 4 Wind: 1.9				
1	Rowan Calveley U17	Central AC	27.66	8
2	Lexi Grant U17	Elgin AC	28.46	
3	Olivia Geddes U17	Arbroath and	29.69	
4	Eilidh Scobbie U17	Harmeny AC	29.70	
5	Callie McDonald U1	Banchory Stonehaven	29.79	
Heat 5 Wind: 1.9				
1	Erin Daly U17	Aberdeen Aac	28.49	4
2	Esther Taylor U17	Harmeny AC	28.81	3
3	Indya Kenny U17	Arbroath and	29.96	
4	Sarah Taylor U17	Aberdeen Aac	30.07	
5	Ellie McGee U17	Aberdeen Aac	30.39	
Heat 6 Wind: 2.8				
1	Eve Chalmers U17	Edinburgh AC	27.95	
2	Iona Jack U17	Cumbernauld Aac	30.14	
3	Ava Anderson U17	Cumbernauld Aac	31.03	
4	Jessica Thain U17	Arbroath and	31.51	
5	Sandra Mitusch Sen	Central AC	33.67	

Event 7 Women 15+ 1500 Meter Steeplechase U17+

=====				
	7:30.00	U20W Points Standard		
	7:30.00	SW Points Standard		
	7:30.00	U17W Points Standard		
Name		Year Team	Finals	Points
=====				
Heat 1				
1	Becky Dunphy Sen	VP Glasgow	5:20.74	20
2	Ariane Baillie U1	Pitreavie Aac	5:28.08	20
--	Cara McMinn U17	Kilbarchan AC	DNF	

Event 8 Men 15+ 3000 Meter Run U17+

=====				
	10:30.00	SM Points Standard		
	10:45.00	U20M Points Standard		
	11:00.00	U17M Points Standard		
Name		Year Team	Finals	Points
=====				
1	Lachlan Oates Sen	Shettleston	8:39.03	20
2	Caleb McGuire U20	Aberdeen Aac	8:59.87	20
3	Fearghas Thomson S	Aberdeen Aac	9:00.65	18
4	Henry Sutton Sen	VP Glasgow	9:09.92	16
5	Jack Wallace U17	Giffnock North AC	9:16.01	20
6	Sam Coull U20	Inverness Harriers	9:49.04	18
7	Matthew Holden U17	Harmeny AC	9:53.90	18
8	Ryan Knights U17	Kilbarchan AC	10:03.39	16

Event 9 Women 15-16 300 Meter Run U17W

=====				
	47.50	U17W Points Standard		
Name		Year Team	Finals	Points
=====				
1	Aaliyah McCloud U1	Central AC	40.96	20
2	Annie McLean U17	Shettleston	42.38	18
3	Emily Fawkes U17	Falkirk Vict	42.71	16
4	Sophie Thomas U17	Dunfermline	43.10	14
5	Alannah Snowden U1	Livingston AC	43.15	13
6	Zoe Wilson U17	VP Glasgow	44.33	10
7	Emily Williams U17	Giffnock North AC	44.55	9
Heat 2				
1	Megan McKay U17	Edinburgh AC	43.52	12
2	Eve Chalmers U17	Edinburgh AC	43.68	11
3	Niamh Reilly U17	Cumbernauld Aac	45.09	7
4	Lucy Mclean U17	Banchory Stonehaven	45.88	6

5 Rhona Bompfrey U17	Aberdeen Aac	46.54	5
6 Alannah McAulay-Or	Edinburgh AC	46.84	
7 Ava Cruickshank U1	Elgin AC	47.77	
Heat 3			
1 Rowan Calveley U17	Central AC	44.88	8
2 Dashka McDonald U1	Edinburgh AC	46.48	
3 Lucy Cheung U17	Banchory Stonehaven	46.66	4
4 Erin Daly U17	Aberdeen Aac	47.00	3
5 Callie McDonald U1	Banchory Stonehaven	49.67	
6 Sarah McAllister U	Aberdeen Aac	50.68	

Event 10 Women 17+ 400 Meter Sprint U20W/SW

=====			
1:06.00	SW Points Standard		
1:07.50	U20W Points Standard		
Name	Year Team	Finals	Points
=====			
Heat 1			
1 Emily Craig Sen	Edinburgh AC	57.50	20
2 Emma Barclay Sen	Aberdeen Aac	58.79	18
3 Codie McHolm U20	Law & District	1:00.35	20
4 Alexandra Cathie U	Whitemoss AC	1:01.73	18

Event 11 Men 15+ 400 Meter Sprint U17+

=====			
55.00	SM Points Standard		
56.00	U20M Points Standard		
57.00	U17M Points Standard		
Name	Year Team	Finals	Points
=====			
1 Max Leslie Sen	Edinburgh AC	49.52	20
2 Omar Bajo U17	Edinburgh AC	49.59	20
3 Robin Snedden U20	Inverness Harriers	50.55	20
4 Calum Mackenzie U2	Cumbernauld Aac	51.75	18
5 Andrew Baldwin Sen	Aberdeen Aac	52.54	18
6 Harris Morrison U2	Greenock Glenpark	53.96	
Heat 2			
1 Finlay Cunningham	Livingston AC	52.24	18
2 Dylan Drummond Sen	Cumbernauld Aac	52.81	16
3 Euan Laird U17	Harmeny AC	53.32	16
4 Duncan MacDonald U	Aberdeen Aac	53.43	16
5 Liam Daly U20	Inverness Harriers	53.88	14
6 Finlay McKay U17	Aberdeen Aac	54.04	14
7 Cheuk Hang Brendan	Edinburgh AC	56.84	14
Heat 3			
1 Allan Cameron Sen	Cumbernauld Aac	56.29	
2 Tom Palmer U20	Elgin AC	56.87	13
3 Alex Arris U17	Aberdeen Aac	57.27	
4 Phil Holden Sen	Harmeny AC	57.69	
5 Ruairidh Mackenzie-	Elgin AC	58.78	
6 Callum Ballantyne	Cumbernauld Aac	1:03.55	

Event 12 Men 15+ 1500 Meter Run U17+

=====			
4:40.00	SM Points Standard		
4:50.00	U20M Points Standard		
5:00.00	U17M Points Standard		
Name	Year Team	Finals	Points
=====			
Heat 1			
1 Max Abernethy Sen	Fraserburgh Runn	4:04.42	
2 Caleb Brock U20	Aberdeen Aac	4:06.47	20
3 Andrew Baird U17	Ross County AC	4:08.63	20
4 Lachlan Oates Sen	Shettleston	4:10.90	20
5 Thomas Reay U17	Giffnock North AC	4:13.20	18
6 Francisco Camacho S	Edinburgh AC	4:16.60	18
7 Patrick Barnes U17	Edinburgh AC	4:17.50	16

8	Lachlan Thomas U17	Ross County AC	4:21.12	14
9	Ryan Knights U17	Kilbarchan AC	4:47.02	10
Heat 2				
1	Allan Neill Sen	Law & District	4:21.60	16
2	Oscar Chirnside U1	Aberdeen Aac	4:25.30	13
3	Edward Roberts U17	Edinburgh AC	4:35.10	12
4	George Vickers U17	Corstorphine Aac	4:36.16	11
5	Kaeden Thomas U17	Ross County AC	4:40.72	
6	Ross Lawrie U20	Central AC	4:57.12	
7	Lewis Harrison U17	Corstorphine Aac	5:11.48	9
8	Richard Holland Se	Aberdeen Aac	5:30.49	

Event 13 Women 15+ 1500 Meter Run U17+

5:25.00 SW Points Standard
 5:35.00 U20W Points Standard
 5:45.00 U17W Points Standard

Name	Year Team	Finals	Points
Heat 1			
1	Olivia Clarke U20	Corstorphine Aac	4:36.36 20
2	Zara Redmond U17	Kilbarchan AC	4:41.29 20
3	Grace MacDonald U2	Aberdeen Aac	4:42.41 18
4	Margot Wyrwoll Sen	Edinburgh AC	4:44.69 20
5	Kirsty Purcell Sen	Aberdeen Aac	4:45.12 18
6	Merce SancHEZ Olle	Edinburgh AC	4:45.30 16
7	Natsai Nyabadza U1	Harmeny AC	4:46.71 18
8	Charlotte MacPhie	Corstorphine Aac	4:47.71 16
9	Katja Blunden Sen	Inverness Harriers	4:49.34 14
10	Carolyn Cameron Se	Edinburgh AC	4:50.29
11	Freya Campbell U17	Giffnock North AC	4:53.52 11
12	Orlaith Shephed U1	Edinburgh AC	4:58.59
13	Kyra Gibb Sen	Central AC	4:59.16 13
14	Aimee Anderson U17	East Kilbride Aac	5:04.06 10
Heat 2			
1	Megan McKay U17	Edinburgh AC	4:50.47 14
2	Elsa McGregor U17	Edinburgh AC	4:51.00 13
3	Emma McLennan U20	Giffnock North AC	4:51.28 16
4	Ruth Walsh U17	Giffnock North AC	4:52.10 12
5	Charlotte Narducci	Aberdeen Aac	5:08.68 14
6	Abby Farquhar U17	Aberdeen Aac	5:11.03 9
7	Millie O'Neill U20	Central AC	5:27.57 13
8	Skye Marshall U17	Harmeny AC	5:28.56 8
9	Sarah Taylor U17	Aberdeen Aac	5:36.62 7
10	Halszka Musialowic	Harmeny AC	5:48.37
11	Donna Fiinlayson S	VP Glasgow	5:55.93
12	Evie Collins U17	Elgin AC	6:01.85
13	Eilidh Swanston U1	Aberdeen Aac	6:14.55

Event 14 Women 15+ 4x400 Meter Relay U17+

Team	Finals	Points
Heat 1		
1 Aberdeen Aac 'A'	4:01.88	40
1) Caitlin Purcell Sen		
2) Charlotte Bevan Sen		
3) Grace MacDonald U20		
4) Hannah Taylor U20		
2 Edinburgh AC 'C'	4:33.76	40
1) Sara Burns U17		
2) Kyna Forbes U17		
3) Jedidah Ajala U17		
4) Eve Chalmers U17		
3 VP Glasgow 'A'	4:37.52	36
1) Hannah McDermott U17		
2) Becky Dunphy Sen		
3) Donna Fiinlayson Sen		
4) Zoe Wilson U17		
4 Elgin AC 'C'	4:38.50	36
1) Lauren Abbott U17		
2) Lexi Grant U17		
3) Ava Cruickshank U17		
4) Evie Collins U17		

5 Harmeny AC 'C'	4:39.57	32
1) Eilidh Scobbie U17	2) Natsai Nyabadza U17	
3) Skye Marshall U17	4) Esther Taylor U17	
6 Aberdeen Aac 'C'	4:46.50	28
1) Abby Farquhar U17	2) Sarah McAllister U17	
3) Eilidh Swanston U17	4) Sarah Taylor U17	

Event 15 Men 15+ 4x400 Meter Relay U17+

Team	Finals	Points
1 Edinburgh AC 'A'	3:29.59	40
1) Bradley Frances Sen	2) Alexander Poustie Williamson S	
3) Mateo Hughes U20	4) Samuel Okpadje Sen	
2 Edinburgh AC 'C'	3:35.42	40
1) Omar Bajo U17	2) Oluwafemi Leo Simpson U17	
3) Fabio Farina U17	4) Rory Brogan U17	
3 Aberdeen Aac 'A'	3:39.35	36
1) Caleb Brock U20	2) Duncan MacDonald U20	
3) Caleb McGuire U20	4) Andrew Baldwin Sen	
4 VP Glasgow 'A'	3:44.71	32
1) Euan Urquhart Sen	2) Henry Sutton Sen	
3) Martin Hayes Sen	4) Andrew Bennie U20	
5 Ross County AC 'C'	4:01.69	36
1) George Ross U17	2) Kaeden Thomas U17	
3) Lachlan Thomas U17	4) Andrew Baird U17	
6 Aberdeen Aac 'C'	4:06.22	32
1) Oscar Chirnside U17	2) Luk Miller-Gallego U17	
3) Michael Onyemeziem U17	4) Alex Arris U17	
-- Kilbarchan AC 'C'		DQ
1) Daniel Bruce U17	2) Louis Docherty U17	
3) Scott Ritchie U17	4) Oran McShane U17	

Event 16 Women 15+ Long Jump U17+

Name	Year	Team	Finals	Wind	Points
4.40m SW Points Standard					
4.20m U20W Points Standard					
4.00m U17W Points Standard					
Pool 1					
1 Darcie Black U20		Dunfermline	5.42m	2.9	20
5.24m(2.1) 5.21m(1.0) FOUL(2.6) 5.08m(2.1) 5.16m(2.4) 5.42m(2.9)					
2 Stroma Fraser U20		Inverness Harriers	5.09m	4.1	18
5.02m(2.1) 5.00m(2.1) 4.52m(0.6) FOUL(2.5) 5.09m(4.1) 2.47m(3.6)					
3 Lexi Grant U17		Elgin AC	5.08m	1.7	19
4.88m(2.7) 4.83m(0.7) 4.89m(1.2) 4.97m(1.9) 5.08m(1.7) FOUL(3.8)					
4 Sara Burns U17		Edinburgh AC	5.08m	1.9	15
5.08m(1.9) 4.89m(2.2) 4.86m(1.5) PASS PASS PASS					
5 Ava Mitchell U17		VP Glasgow	5.03m	2.8	19
FOUL(3.4) 4.90m(1.6) 4.95m(-0.8) 4.90m(2.4) 5.03m(2.8) PASS					
6 Ellie McGee U17		Aberdeen Aac	4.83m	3.2	15
4.83m(3.2) 4.50m(2.9) 4.44m(2.0) 4.47m(2.3) FOUL(2.9) 4.65m(3.2)					
7 Fiona Davidson Sen		Aberdeen Aac	4.73m	2.7	20
4.73m(2.7) 4.40m(1.0) 4.53m(3.1) 4.37m(2.1) PASS PASS					
8 Alannah Snowden U1		Livingston AC	4.65m	-1.1	13
FOUL(1.9) FOUL(2.2) 4.65m(-1.1)					
9 Lucy Mclean U17		Banchory Stonehaven	4.38m	1.9	12
FOUL(1.9) 4.38m(1.9) 2.71m(0.9)					
10 Eilidh Scobbie U17		Harmeny AC	4.35m	2.4	11
4.35m(2.4) 4.09m(3.1) 3.56m(-0.5)					
11 Julie Tuck Sen		Aberdeen Aac	4.34m	2.6	18
4.34m(2.6) FOUL(1.0) 4.08m(-0.8) 4.27m(3.6) FOUL(3.9) 4.28m(3.3)					
12 Madeline Frew U17		East Kilbride Aac	4.31m	3.2	10
4.20m(2.1) 4.22m(1.3) 4.31m(3.2)					
13 Morgan Findlay Sen		Shettleston	4.30m	2.0	16

	FOUL(2.8) FOUL(1.7) 4.30m(2.0)				
13	Esther Taylor U17	Harmeny AC	4.30m	3.3	9
	4.30m(3.3) FOUL(2.0) 3.99m(2.6)				
15	Rhona Bompfrey U17	Aberdeen Aac	4.22m	2.5	8
	4.22m(2.5) 3.78m(2.0) 4.06m(0.7)				
16	Callie McDonald U1	Banchory Stonehaven	3.92m	3.2	
	3.09m(1.7) 3.80m(-1.0) 3.92m(3.2)				
17	Iona Jack U17	Cumbernauld Aac	3.77m	3.1	
	3.77m(3.1) 3.24m(2.3) 3.50m(2.0)				
18	Lilli Jane Buchana	Arbroath and	3.17m	3.0	
	3.17m(3.0) 2.91m(1.5) 3.07m(1.6)				

Event 17 Mixed 15+ Hammer Throw U17+

=====						
	25.00m	U17M	Points	Standard		
	25.00m	U20M	Points	Standard		
	25.00m	SM	Points	Standard		
	Name	Year	Team	Finals	Points	
=====						
1	Rory Stainsby U17	M	Inverness Harriers	47.94m	20	5kg
	45.54m	FOUL	47.94m	42.35m	43.95m	FOUL
2	Sean Radabaugh U20	M	Inverness Harriers	44.43m	20	6kg
	38.45m	42.56m	43.03m	FOUL	44.43m	38.85m
3	Robyn Connolly Sen	W	VP Glasgow	40.25m	20	4kg
	39.39m	39.15m	39.16m	39.20m	40.25m	FOUL
4	Liam Nolan Sen	M	Law & District	33.35m	20	7.26kg
	32.93m	FOUL	32.67m	33.35m	33.23m	32.40m
5	Josie Laing U17	W	Aberdeen Aac	27.91m	20	3kg
	26.31m	27.91m	FOUL	20.32m	26.51m	FOUL
6	Eddie McKenzie Sen	M	Aberdeen Aac	26.39m	18	7.26kg
	26.04m	25.14m	26.39m	FOUL	25.51m	25.20m
7	Henry Zhang U17	M	VP Glasgow	25.75m	18	5kg
	25.75m	21.09m	23.77m	FOUL	FOUL	FOUL
8	George Ross U17	M	Ross County AC	23.74m	16	5kg
	FOUL	23.74m	FOUL	PASS	PASS	PASS
9	Helen Adakomola U1	W	Giffnock North AC	21.28m	18	3kg
	20.27m	FOUL	FOUL	21.28m	19.81m	FOUL
10	Harley Keith U17	W	Aberdeen Aac	15.33m	16	3kg
	FOUL	15.33m	FOUL	PASS	PASS	PASS

Event 18 Mixed 15+ Pole Vault All

=====						
	2.70m	SM	Points	Standard		
	2.60m	U20M	Points	Standard		
	2.50m	U17M	Points	Standard		
	Name	Year	Team	Finals	Points	
=====						
1	Andrew McFarlane S	M	Edinburgh AC	4.60m	20	
	4.40	4.60	4.80			
	XO	O	XXX			
2	Doug Graham Sen	M	Arbroath and	4.10m	18	
	3.70	3.90	4.10	4.20		
	O	O	O	XXX		
3	Sara Barbour	W	Kilmarnock Harriers	3.60m		
	3.40	3.50	3.60	3.70		
	O	O	XO	XXX		
4	Hannah Lawler Sen	W	Glasgow University	3.20m		
	2.90	3.00	3.10	3.20	3.30	
	O	O	O	O	XXX	
5	Ian Wallace El-Pag	M	Cumbernauld Aac	2.90m	16	
	2.60	2.70	2.80	2.90	3.00	
	XO	XP	O	O	XXX	
5	Eve McCALLUM Sen	W	Edinburgh AC	2.90m	20	
	2.70	2.80	2.90	3.00		
	O	O	O	XXX		
6	Gillian Cooke Sen	W	Edinburgh AC	2.90m	18	

	2.60	2.80	2.90	3.00			
	O	O	XXO	XXX			
8	Jamie Connor	U17	M	Central AC	2.70m	20	
	2.30	2.40	2.50	2.60	2.70	2.80	
	O	XO	O	XO	XO	XXX	
9	Ross Lawrie	U20	M	Central AC	2.60m	20	
	2.30	2.40	2.50	2.60	2.70		
	XO	O	XO	XO	XXX		
10	Cameron Moore	U17	M	Central AC	2.30m		
	2.20	2.30	2.40				
	O	XO	XXX				

Event 19 Men 15+ Long Jump U17+

=====							
	5.50m	SM	Points	Standard			
	5.30m	U20M	Points	Standard			
	5.00m	U17M	Points	Standard			
	Name	Year	Team		Finals	Wind	Points
=====							
1	Steven Stone	Sen	Forth Valley Flyers		6.46m	3.3	
	6.02m(3.2)	6.45m(0.7)	6.45m(3.7)	6.46m(3.3)	4.58m(-0.5)	FOUL	
2	Euan Urquhart	Sen	VP Glasgow		6.38m	1.4	20
	6.05m(0.7)	6.16m(1.8)	6.36m(1.1)	6.38m(1.4)	6.19m(1.9)	FOUL	
3	Thomas Pescuma	Sen	Inverness Harriers		6.24m	0.6	18
	6.16m(1.5)	6.09m(2.5)	6.22m(3.3)	6.07m(1.7)	6.24m(0.6)	6.05m(3.1)	
4	Dakota Sattar	U20	VP Glasgow		5.68m	0.6	20
	5.47m(0.5)	5.44m(2.4)	5.41m(0.9)	5.38m(1.1)	FOUL	5.68m(0.6)	
5	Luc Macleod	U17	Banchory Stonehaven		5.66m	3.1	20
	5.38m(1.5)	5.29m(2.5)	5.55m(3.3)	5.23m(1.2)	5.38m(2.3)	5.66m(3.1)	
6	Andrew Lumsden	U17	Elgin AC		5.53m	-0.5	18
	5.01m(0.8)	5.42m(1.2)	5.53m(-0.5)	5.32m(1.9)	4.83m(-0.9)	5.44m(2.4)	
7	Andrew Bennie	U20	VP Glasgow		5.45m	1.9	18
	5.12m(1.6)	5.09m(2.4)	4.78m(0.7)	5.45m(1.9)	5.12m(0.6)	5.15m(2.2)	
8	Liam Nolan	Sen	Law & District		5.19m	1.3	16
	5.05m(0.7)	5.17m(2.6)	5.19m(1.3)	5.17m(1.6)	5.07m(2.8)	4.69m(-0.5)	
9	Alexander McIntosh		Banchory Stonehaven		5.11m	3.1	16
	FOUL	4.99m(-0.9)	5.11m(3.1)				
10	Felix Crawford	U17	Banchory Stonehaven		4.76m	1.1	
	4.76m(1.1)	4.75m(2.0)	2.92m(2.7)				
11	Ben Farmer	U17	Cumbernauld Aac		4.52m	2.0	
	4.44m(3.7)	3.62m(0.5)	4.52m(2.0)				
12	Sriram Thiagu	U17	Harmeny AC		3.64m	2.1	14
	3.52m(2.8)	3.64m(2.1)	FOUL				

Event 20 Men 15-16 Shot Put U17M

=====							
	8.50m	U17M	Points	Standard			
	Name	Year	Team		Finals	Points	
=====							
1	Bruce Robb	U17	Pitreavie Aac		13.09m	20	
	10.73m	13.07m	12.32m	FOUL	13.09m	12.54m	
2	Rory Stainsby	U17	Inverness Harriers		10.36m	18	
	10.36m	10.06m	10.31m	FOUL	9.34m	8.86m	
3	Henry Zhang	U17	VP Glasgow		10.31m	16	
	9.23m	10.30m	FOUL	9.59m	10.20m	10.31m	
4	Cameron Moore	U17	Central AC		8.69m	14	
	8.43m	8.28m	8.69m	FOUL	8.13m	8.36m	

Event 21 Mixed 15+ High Jump U17+

=====							
	1.65m	SM	Points	Standard			
	1.63m	U20M	Points	Standard			
	1.58m	U17M	Points	Standard			
	Name	Year	Team		Finals	Points	
=====							
1	Amit Kumar	Sen	M Shettleston		1.96m	20	

	1.75	1.81	1.90	1.96	2.00		
	O	O	XO	O	XXX		
2	Lewis Ingram	U20		M Aberdeen	Aac	1.78m	20
	1.65	1.70	1.75	1.78	1.81		
	O	O	XXO	XO	XXX		
3	Angus Rennie	U17		M Giffnock	North AC	1.65m	20
	1.50	1.55	1.60	1.65	1.70		
	O	O	XO	XO	XXX		
4	Glen Laskiewicz	Se		M Arbroath	and	1.60m	18
	1.50	1.55	1.60	1.65			
	O	XO	XO	XXX			
5	James McGregor	Sen		M Aberdeen	Aac	1.55m	16
	1.45	1.50	1.55	1.60			
	O	O	XO	XXX			
6	Stroma Fraser	U20		W Inverness	Harriers	1.45m	20
	1.40	1.45	1.50				
	O	O	XXX				
6	Cameron Moore	U17		M Central	AC	1.45m	18
	1.35	1.40	1.45	1.50			
	O	O	O	XXX			
6	Enam Evong	U17		W Livingston	AC	1.45m	18
	1.35	1.40	1.45	1.50			
	O	O	O	XXX			
9	Jamie Connor	U17		M Central	AC	1.45m	16
	1.30	1.35	1.40	1.45	1.50		
	O	XO	O	O	XXX		
10	Hannah McDermott	U		W VP	Glasgow	1.45m	16
	1.40	1.45	1.50				
	O	XO	XXX				
11	Ava Anderson	U17		W Cumbernauld	Aac	1.45m	14
	1.35	1.40	1.45	1.50			
	O	O	XXO	XXX			
12	Kirstin Penman	U17		W Dunfermline		1.40m	20
	1.35	1.40	1.45				
	O	O	XPP				
--	Niamh Reilly	U17		W Cumbernauld	Aac		NH
	1.45						
	PXX						

Event 22 Women 15+ Triple Jump U17+

=====							
	9.80m	U20W	Points	Standard			
	9.60m	U17W	Points	Standard			
	9.00m	SW	Points	Standard			
Name	Year	Team	Finals		Wind	Points	
=====							
1	Morgan Findlay	Sen	Shettleston	10.53m	2.0	20	
	FOUL(1.5)	FOUL(2.6)	FOUL(1.5)	10.53m(2.0)	FOUL(-0.6)	FOUL(2.4)	
2	Kyna Forbes	U17	Edinburgh AC	10.42m	0.8	20	
	FOUL(1.4)	FOUL(2.3)	FOUL(2.2)	9.71m(1.7)	10.42m(0.8)	10.04m(1.9)	
3	Lexi Grant	U17	Elgin AC	10.33m	2.3	18	
	FOUL(3.1)	9.83m(1.6)	10.08m(3.7)	10.33m(2.3)	10.07m(1.5)	FOUL(1.8)	
4	Indya Kenny	U17	Arbroath and	9.42m	1.7	16	
	9.12m(2.5)	9.42m(1.7)	PASS	PASS	PASS	PASS	
5	Evie Collins	U17	Elgin AC	8.67m	3.6	14	
	8.32m(3.1)	8.56m(0.7)	8.67m(3.6)	8.62m(1.6)	8.13m(3.7)	8.32m(2.0)	

Event 23 Men 17+ Shot Put U20M/SM

=====							
	8.50m	SM	Points	Standard			
	8.50m	U20M	Points	Standard			
Name	Year	Team	Finals		Points		
=====							
1	Euan Urquhart	Sen	VP Glasgow	13.31m	20	7.26kg	
	12.20m	12.20m	13.01m	FOUL	12.08m	13.31m	
2	Dakota Sattar	U20	VP Glasgow	11.03m	20	6kg	

	10.31m	10.42m	FOUL	11.03m	10.37m	10.15m			
3	Ian Wallace	El-Pag		Cumbernauld	Aac		9.58m	18	7.26kg
	8.92m	8.42m	9.58m	9.03m	9.20m	8.60m			
4	Eddie McKenzie	Sen		Aberdeen	Aac		9.56m	16	7.26kg
	9.44m	9.30m	9.56m	9.28m	9.19m	9.14m			
5	Ross Lawrie	U20		Central	AC		8.96m	18	6kg
	8.61m	7.95m	FOUL	8.96m	7.70m	8.92m			
6	Liam Nolan	Sen		Law & District			8.19m		7.26kg
	8.19m	7.96m	8.16m	6.89m	8.01m	7.84m			

Event 24 Women 15+ Javelin Throw U17+

	23.00m	SW	Points	Standard				
	20.00m	U20W	Points	Standard				
	20.00m	U17W	Points	Standard				
Name	Year	Team	Finals	Points				
1	Ava Mitchell	U17	VP Glasgow	28.15m	20	500g		
	26.93m	23.14m	25.97m	24.16m	28.15m	22.05m		
2	Kiera Maxwell	Sen	VP Glasgow	25.77m	20	600g		
	23.06m	23.73m	25.77m	24.97m	25.65m	23.40m		
3	Katherine Ross	U17	VP Glasgow	25.57m	18	500g		
	22.11m	24.22m	24.71m	23.93m	23.01m	25.57m		
4	Haley Elliott	Sen	VP Glasgow	24.20m	20	600g		
	24.15m	24.20m	23.36m	23.69m	FOUL	21.20m		
5	Julie Tuck	Sen	Aberdeen Aac	22.88m		600g		
	22.31m	21.87m	21.31m	22.88m	20.26m	21.31m		
6	Helen Adakomola	U1	Giffnock North AC	22.32m	16	500g		
	22.32m	16.92m	19.00m	18.99m	FOUL	19.16m		
7	Esther Taylor	U17	Harmeny AC	19.58m		500g		
	16.38m	19.58m	19.01m	16.53m	10.90m	FOUL		
8	Kirstin Penman	U17	Dunfermline	17.87m		500g		
	14.25m	17.33m	14.73m	FOUL	17.87m	16.90m		
9	Madeleine Mackenzi		Giffnock North AC	16.86m		500g		
	FOUL	16.86m	FOUL					
10	Jessica Thain	U17	Arbroath and	13.27m		500g		
	13.09m	13.27m	12.76m					

Event 25 Men 15+ Triple Jump U17+

	11.00m	SM	Points	Standard				
	10.80m	U20M	Points	Standard				
	10.60m	U17M	Points	Standard				
Name	Year	Team	Finals	Wind	Points			
1	Andrew Lumsden	U17	Elgin AC	11.35m	1.5	20		
	10.91m(2.5)	10.63m(2.2)	10.67m(1.3)	10.97m(1.6)	11.35m(1.5)	11.28m(1.4)		
2	Andrew Bennie	U20	VP Glasgow	11.16m	2.3	20		
	10.73m(2.1)	11.16m(2.3)	10.80m(1.7)	10.97m(1.6)	11.03m(2.3)	PASS		

Event 26 Women 15+ Shot Put U17+

	7.50m	SW	Points	Standard				
	7.50m	U17W	Points	Standard				
	7.00m	U20W	Points	Standard				
Name	Year	Team	Finals	Points				
1	Mhairi Porterfield		VP Glasgow	12.69m	20			
	11.97m	12.27m	12.46m	12.40m	12.33m	12.69m		
2	Helen Adakomola	U1	Giffnock North AC	9.96m	20			
	9.47m	9.96m	9.66m	9.44m	8.93m	FOUL		
3	Josie Laing	U17	Aberdeen Aac	9.79m	18			
	8.91m	9.12m	9.79m	8.99m	8.57m	9.40m		
4	Kiera Maxwell	Sen	VP Glasgow	9.68m	18			
	9.68m	FOUL	9.36m	8.45m	8.16m	9.21m		
5	Julie Tuck	Sen	Aberdeen Aac	9.39m	16			

	8.56m	9.39m	8.97m	8.94m	8.67m	8.86m		
6	Ava Cruickshank	U1	Elgin AC				8.04m	16
	7.90m	7.90m	8.04m	7.33m	7.69m	PASS		
7	Emily Williams	U17	Giffnock North AC				7.77m	14
	7.70m	FOUL	7.77m	7.46m	FOUL	7.25m		
8	Ellie McGee	U17	Aberdeen Aac				7.72m	13
	7.58m	7.72m	7.65m	7.68m	7.59m	7.34m		
9	Adora Sotannde	U17	Edinburgh AC				7.47m	
	7.23m	7.15m	7.47m					
10	Indya Kenny	U17	Arbroath and				7.34m	
	6.11m	7.34m	7.02m					
11	Harley Keith	U17	Aberdeen Aac				6.78m	
	6.78m	6.31m	FOUL					
12	Katherine Ross	U17	VP Glasgow				6.61m	
	6.61m	6.24m	6.18m					
13	Jessica Thain	U17	Arbroath and				5.97m	
	5.97m	FOUL	5.89m					
14	Olivia Geddes	U17	Arbroath and				5.85m	
	5.43m	5.85m	4.95m					
15	Lilli Jane Buchana		Arbroath and				4.89m	
	4.89m	4.80m	4.57m					

Event 27 Men 15+ Javelin Throw U17+

=====								
	30.00m	U20M	Points	Standard				
	30.00m	SM	Points	Standard				
	30.00m	U17M	Points	Standard				
Name	Year	Team				Finals	Points	
=====								
1	Finn Bryce	U17	Aberdeen Aac			42.70m	20	700g
	36.53m	39.98m	42.70m	39.84m	39.95m	39.15m		
2	Euan Urquhart	Sen	VP Glasgow			37.10m	20	800g
	36.81m	FOUL	34.63m	37.10m	PASS	FOUL		
3	Martin Hayes	Sen	VP Glasgow			33.25m	18	800g
	33.25m	32.21m	PASS	PASS	PASS	FOUL		
4	Dakota Sattar	U20	VP Glasgow			32.57m	20	800g
	32.57m	25.70m	FOUL	FOUL	FOUL	PASS		
5	Luc Macleod	U17	Banchory Stonehaven			30.60m	18	700g
	27.74m	24.63m	30.60m	28.01m	FOUL	28.01m		
6	Eddie McKenzie	Sen	Aberdeen Aac			28.67m		800g
	27.44m	27.35m	28.61m	28.67m	FOUL	28.12m		
7	Ruaridh Mackenzie-		Elgin AC			24.36m		700g
	23.83m	FOUL	22.36m	21.07m	19.28m	24.36m		
8	Henry Zhang	U17	VP Glasgow			22.74m		700g
	FOUL	FOUL	1.62m	19.75m	22.74m	20.94m		

Scottish National Athletics League 2023 - Match scores

U17 Women Division

Place	Team	Match 1	Match 2	Match 3	Match 4	TOTAL
1	Edinburgh AC	153.0	149.0			302.0
2	Giffnock North AC	141.0	113.0			254.0
3	VP Glasgow	123.0	99.0			222.0
4	Harmeny AC	124.0	81.0			205.0
5	Elgin AC	56.0	128.0			184.0
6	Aberdeen Aac	63.0	110.0			173.0
7	Dunfermline T&F Club	109.0	48.0			157.0
8	Banchory Stonehaven	63.0	40.0			103.0
9	Central AC	37.0	54.0			91.0
10	Arbroath & District AC	62.0	16.0			78.0
11	Falkirk Victoria Harriers	26.0	33.0			59.0
12	Livingston AC	26.0	33.0			59.0
13	Law & District	58.0	0.0			58.0
14	Shettleston Harriers	29.0	18.0			47.0
15	Corstorphine Aac	24.0	16.0			40.0
16	Pitreavie Aac	19.0	20.0			39.0
17	Cumbernauld Aac	14.0	23.0			37.0
18	Airdrie Harriers	33.0	0.0			33.0
19	Perth Strathtay Harriers	31.0	0.0			31.0
20	Whitemoss AC	25.0	0.0			25.0
21	Kilbarchan AC	0.0	20.0			20.0
22	East Kilbride	0.0	20.0			20.0
23	Team East Lothian	13.0	0.0			13.0

U20 Women Division

Place	Team	Match 1	Match 2	Match 3	Match 4	TOTAL
1	Dunfermline T&F Club	80.0	36.0			116.0
2	Aberdeen Aac	76.0	32.0			108.0
3	Giffnock North AC	69.0	16.0			85.0
4	Central AC	50.0	13.0			63.0
5	VP Glasgow	0.0	60.0			60.0
6	Edinburgh AC	37.0	18.0			55.0
7	Whitemoss AC	20.0	30.0			50.0
8	Law & District	28.0	20.0			48.0
9	Corstorphine Aac	18.0	20.0			38.0
10	Inverness	0.0	31.0			31.0
11	East Kilbride	0.0	18.0			18.0
12	Falkirk Victoria Harriers	18.0	0.0			18.0
13	Elgin AC	0.0	14.0			14.0
14	Team East Lothian	14.0	0.0			14.0

Scottish National Athletics League 2023 - Match scores

Senior Women Division

Place	Team	Match 1	Match 2	Match 3	Match 4	TOTAL
1	Aberdeen Aac	71.0	166.0			237.0
2	VP Glasgow	104.0	132.0			236.0
3	Edinburgh AC	82.0	76.0			158.0
4	Law & District	106.0	0.0			106.0
5	Falkirk Victoria Harriers	64.0	0.0			64.0
6	Shettleston Harriers	20.0	36.0			56.0
7	Perth Strathtay Harriers	34.0	0.0			34.0
8	Pitreavie AC	13.0	18.0			31.0
9	Central AC	18.0	13.0			31.0
10	Cumbernauld Aac	20.0	0.0			20.0
11	Corstorphine Aac	20.0	0.0			20.0
12	Team East Lothian	16.0	0.0			16.0
13	Inverness Harriers	0.0	14.0			14.0
14	Livingston AC	14.0	0.0			14.0
15	Giffnock North AC	14.0	0.0			14.0

U17 Men Division

Place	Team	Match 1	Match 2	Match 3	Match 4	TOTAL
1	Edinburgh AC	70.0	122.0			192.0
2	Aberdeen Aac	70.0	92.0			162.0
3	Banchory Stonehaven	71.0	88.0			159.0
4	Giffnock North AC	86.0	63.0			149.0
5	VP Glasgow	124.0	16.0			140.0
5	Ross County AC	51.0	79.0			130.0
7	Pitreavie Aac	58.0	40.0			98.0
8	Livingston AC	64.0	29.0			93.0
9	Law & District	92.0	0.0			92.0
9	Central AC	58.0	28.0			86.0
11	Dunfermline T&F Club	68.0	0.0			68.0
12	Harmeny AC	8.0	48.0			56.0
13	Kilbarchan AC	18.0	38.0			56.0
14	Elgin AC	14.0	42.0			56.0
15	Falkirk Victoria Harriers	27.0	0.0			27.0
16	Perth Strathtay Harriers	26.0	0.0			26.0
17	Cumbernauld Aac	20.0	0.0			20.0
18	Corstorphine AAC	0.0	20.0			20.0
19	Inverness Harriers	0.0	18.0			18.0
20	Shettleston Harriers	15.0	0.0			15.0
21	Team East Lothian	12.0	0.0			12.0
22	Airdrie Harriers	7.0	0.0			7.0
23	Whitemoss AC	2.0	0.0			2.0

Scottish National Athletics League 2023 - Match scores

U20 Men Division

Place	Team	Match 1	Match 2	Match 3	Match 4	TOTAL
1	VP Glasgow	91.0	110.0			201.0
2	Cumbernauld Aac	72.0	18.0			90.0
3	Elgin AC	58.0	31.0			89.0
4	Aberdeen Aac	17.0	67.0			84.0
5	Inverness Harriers	0.0	83.0			83.0
6	Giffnock North AC	81.0	0.0			81.0
7	Edinburgh AC	20.0	50.0			70.0
8	Inverclyde AC	54.0	0.0			54.0
9	Pitreavie Aac	24.0	20.0			44.0
10	Whitemoss AC	34.0	0.0			34.0
11	Central AC	15.0	18.0			33.0
12	Livingston AC	33.0	0.0			33.0
13	Falkirk Victoria Harriers	28.0	0.0			28.0
14	Airdrie Harriers	20.0	0.0			20.0
15	Harmeny AC	18.0	0.0			18.0
16	Dunfermline T&F Club	16.0	0.0			16.0
17	Perth Straththay Harriers	14.0	0.0			14.0
18	Team East Lothian	14.0	0.0			14.0
19	Banchory Stonehaven	0.0	10.0			10.0

Senior Men Division

Place	Team	Match 1	Match 2	Match 3	Match 4	TOTAL
1	Edinburgh AC	144.5	125.0			269.5
2	VP Glasgow	117.0	146.0			263.0
3	Aberdeen Aac	86.0	122.0			208.0
4	Law & District	57.0	32.0			89.0
5	Cumbernauld Aac	23.0	48.0			71.0
6	Shettleston Harriers	17.0	40.0			57.0
7	Corstorphine Aac	38.0	0.0			38.0
8	Central AC	36.0	0.0			36.0
9	Harmeny AC	33.0	0.0			33.0
10	Livingston AC	28.0	0.0			28.0
11	East Kilbride AC	20.0	0.0			20.0
12	Pitreavie Aac	19.5	0.0			19.5
13	Inverness Harriers	0.0	18.0			18.0
14	Giffnock North AC	18.0	0.0			18.0
15	Airdrie Harriers	16.0	0.0			16.0
16	Kilbarchan AC	16.0	0.0			16.0

Scottish National Athletics League 2023 - Match scores

Female Team Scores

Place	Team	Match 1	Match 2	Match 3	Match 4	TOTAL
1	Aberdeen Aac	210.0	308.0			518.0
2	VP Glasgow	227.0	291.0			518.0
3	Edinburgh AC	272.0	243.0			515.0
4	Giffnock North AC	224.0	129.0			353.0
5	Dunfermline T&F Club	189.0	84.0			273.0
6	Law & District	192.0	20.0			212.0
7	Harmeny AC	124.0	81.0			205.0
8	Elgin AC	56.0	142.0			198.0
9	Central AC	105.0	80.0			185.0
10	Falkirk Victoria Harriers	108.0	33.0			141.0
11	Shettleston Harriers	49.0	54.0			103.0
12	Banchory Stonehaven	63.0	40.0			103.0
13	Corstorphine Aac	62.0	36.0			98.0
14	Arbroath & District AC	62.0	16.0			78.0
15	Whitemoss AC	45.0	30.0			75.0
16	Livingston AC	40.0	33.0			73.0
17	Pitreavie Aac	32.0	38.0			70.0
18	Perth Strathtay Harriers	65.0	0.0			65.0
19	Cumbernauld Aac	34.0	23.0			57.0
20	Inverness Harriers	0.0	45.0			45.0
21	Team East Lothian	43.0	0.0			43.0
22	East Kilbride AAC	0.0	38.0			38.0
23	Airdrie Harriers	33.0	0.0			33.0
24	Kilbarchan AC	0.0	20.0			20.0

Male Team Scores

Place	Team	Match 1	Match 2	Match 3	Match 4	TOTAL
1	VP Glasgow	332.0	272.0			604.0
2	Edinburgh AC	234.5	297.0			531.5
3	Aberdeen Aac	173.0	281.0			454.0
4	Giffnock North AC	185.0	63.0			248.0
5	Law & District	149.0	32.0			181.0
6	Cumbernauld Aac	115.0	66.0			181.0
7	Banchory Stonehaven	71.0	98.0			169.0
8	Pitreavie Aac	101.5	60.0			161.5
9	Central AC	109.0	46.0			155.0
10	Livingston AC	125.0	29.0			154.0
11	Elgin AC	72.0	73.0			145.0
12	Ross County AC	51.0	79.0			130.0
13	Inverness Harriers	0.0	119.0			119.0
14	Harmeny AC	59.0	48.0			107.0
15	Dunfermline T&F Club	84.0	0.0			84.0
16	Shettleston Harriers	32.0	40.0			72.0
17	Kilbarchan AC	34.0	38.0			72.0
18	Corstorphine Aac	38.0	20.0			58.0
19	Falkirk Victoria Harriers	55.0	0.0			55.0
20	Inverclyde AC	54.0	0.0			54.0
21	Airdrie Harriers	43.0	0.0			43.0
22	Perth Strathtay Harriers	40.0	0.0			40.0
23	Whitemoss AC	36.0	0.0			36.0
24	Team East Lothian	26.0	0.0			26.0
25	East Kilbride AC	20.0	0.0			20.0

Scottish National Athletics League 2023 - Match scores

Over all Club Scores

Place	Team	Match 1	Match 2	Match 3	Match 4	TOTAL
1	VP Glasgow	559.0	617.0			1176.0
2	Edinburgh AC	506.5	598.0			1104.5
3	Aberdeen Aac	383.0	679.0			1062.0
4	Giffnock North AC	409.0	230.0			639.0
5	Central AC	214.0	200.0			414.0
6	Law & District	341.0	72.0			413.0
7	Dunfermline T&F Club	273.0	104.0			377.0
8	Elgin AC	128.0	215.0			343.0
9	Harmeny AC	183.0	129.0			312.0
10	Banchory Stonehaven	134.0	138.0			272.0
11	Cumbernauld Aac	149.0	119.0			268.0
12	Livingston AC	165.0	80.0			245.0
13	Pitreavie Aac	133.5	98.0			231.5
14	Inverness Harriers	0.0	224.0			224.0
15	Falkirk Victoria Harriers	163.0	33.0			196.0
16	Shettleston Harriers	81.0	114.0			195.0
17	Corstorphine Aac	100.0	56.0			156.0
18	Ross County AC	51.0	95.0			146.0
19	Arbroath & District AC	62.0	52.0			114.0
20	Whitemoss AC	81.0	30.0			111.0
21	Perth Strathtay Harriers	105.0	0.0			105.0
22	Kilbarchan AC	34.0	58.0			92.0
23	Airdrie Harriers	76.0	0.0			76.0
24	Team East Lothian	69.0	0.0			69.0
24	East Kilbride AC	20.0	38.0			58.0
25	Inverclyde AC	54.0	0.0			54.0

SNAL Records

	Name	Club	Time/Distance	Wind	Venue	Date
Track Events						
100m						
U17 Men	Rory Brogan	Edinburgh AC	11.25	-1.3	Grangemouth	15/04/2023
U20 Men	Mateo Hughes	Edinburgh AC	11.45	-0.2	Grangemouth	15/04/2023
Sen Men	GreK Kelly	East Kilbride AC	11.00	-1.3	Grangemouth	15/04/2023
U17Women	Tehillah Chioma Ikechukw	Law & District	12.53	-0.8	Grangemouth	15/04/2023
U20 Women	Sophie Widdowson	Edinburgh AC	12.88	-0.8	Grangemouth	15/04/2023
Senior Wom	Lois Garland	Perth Strathtay H	12.32	-0.8	Grangemouth	15/04/2023
200m						
U17 Men	Harris Mackie	Pitreave AC	22.6	1.2	Aberdeen	28/05/2023
U20 Men	Rory Voss	Pitreave AC	22.01	1.2	Aberdeen	28/05/2023
Sen Men	Max Leslie	Edinburgh AC	22.06	1.2	Aberdeen	28/05/2023
U17Women	Sophie Thomas	Dumfermline	25.26	1.7	Aberdeen	28/05/2023
U20 Women	Sophie Widdoson	Edinburgh AC	25.78	1.7	Aberdeen	28/05/2023
Senior Wom	Charlotte Bevan	Aberdeen AAC	24.99	1.7	Aberdeen	28/05/2023
300m						
U17Women	Aaliyah McCloud	Central AC	40.96		Aberdeen	28/05/2023
400m						
U17 Men	Omar Bajo	Edinburgh AC	49.59		Aberdeen	28/05/2023
U20 Men	Robin Snedden	Inverness	50.55		Aberdeen	28/05/2023
Sen Men	Max Leslie	Edinburgh AC	48.62		Grangemouth	15/04/2023
U20 Women	Hannah Taylor	Aberdeen AAC	57.47		Grangemouth	15/04/2023
Senior Wom	Hannah Cameron	Aberdeen AAC	56.69		Grangemouth	15/04/2023
800m						
U17 Men	Rhys Crawford	Aberdeen AAC	1.56.37		Grangemouth	15/04/2023
U20 Men	Andrew McGill	Livingston AAC	1.53.83		Grangemouth	15/04/2023
Sen Men	Gavin McCafferty	Central AC	1.58.52		Grangemouth	15/04/2023
U17Women	Scarlett Wilson	Giffnock AAC	2.16.44		Grangemouth	15/04/2023
U20 Women	Grace McDonald	Aberdeen AAC	2.13.82		Grangemouth	15/04/2023
Senior Wom	Hannah Cameron	Aberdeen AAC	2.03.52		Grangemouth	15/04/2023

1500m

U17 Men	Andrew Baird	Ross County AC	4.08.63	Aberdeen	28/05/2023
U20 Men	Caleb Brock	Aberdeen AAC	4.06.47	Aberdeen	28/05/2023
Sen Men	Max Abernethy	Fraserburgh Runne	4.04.42	Aberdeen	28/05/2023

U17Women	Zara Redmond	Kilbarchan AC	4.41.29	Aberdeen	28/05/2023
U20 Women	Olivia Clarke	Corstorphine AAC	4.36.36	Aberdeen	28/05/2023
Senior Wom	Margot Wyrwoll	Edinburgh AC	4.44.69	Aberdeen	28/05/2023

3000m

U17Women	Natsai Nyabadza	Harmeny AC	10.29.20	Grangemouth	15/04/2023
U/20 Wome	Charlotte Narducci	Aberdeen AAC	10.57.69	Grangemouth	15/04/2023
Senior Wom	Kirsty McCaulay	Corstorphine AAC	10.24.00	Grangemouth	15/04/2023

U17 Men	Jack Wallace	Giffnock North AC	9.16.01	Aberdeen	28/05/2023
U20 Men	Caleb McGuire	Aberdeen AAC	8.59.87	Aberdeen	28/05/2023
Sen Men	Lachlan Oates	Shettleston Harrier	8.39.03	Aberdeen	28/05/2023

5000m

U20 Men	Glen Griffiths	Giffnock North AAC	15.48.01	Grangemouth	15/04/2023
Sen Men	Fraser Holman	Harmeny AAC	15.25.70	Grangemouth	15/04/2023

1500m SC

U17Women	Ariane Baillie	Pitreave AC	5.28.08	Aberdeen	28/05/2023
U/20 Wome	No athlete				
Senior Wom	Becky Dumphy	VP Glasgow	5.20.74	Aberdeen	28/05/2023

U17Men	Jack Wallace	Giffnock North AAC	4.43.05	Grangemouth	15/04/2023
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3000m SC

U20 Men
Senior Men

Relay

4x 100m Men		Edinburgh AC	43.54	Grangemouth	15/04/2023
4x 100m Women		Law & District	49.89	Grangemouth	15/04/2023

4x 400m Men

4x 400m Women

Hurdles

110m

U20 Men	Jonathan Cameron	Inverclyde AC	16.13	+0.2	Grangemouth	15/04/2023
Senior Men	Jonathan Cameron	Inverclyde AC	16.13	+0.2	Grangemouth	15/04/2023

100mH

U17 Men	Callum Newton	Dumfermline	13.94	+0.4	Grangemouth	15/04/2023
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100m H

U20 Women	Darcie Black	Dumfermline	15.53	+0.3	Grangemouth	15/04/2023
Senior Wom	Darcie Black	Dumfermline	15.53	+0.3	Grangemouth	15/04/2023

80m H

U17Women	Ella Jones	Harmeny AC	12.29	+1.1	Grangemouth	15/04/2023
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300mH

U17Women	Hannah McDermott	VP Glasgow	47.77		Aberdeen	28/05/2023
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400m H

U20 Women	Catriona Scott	VP Glasgow	70.74		Aberdeen	28/05/2023
Senior Wom	Emily Craig	Edinburgh AC	61.36		Aberdeen	28/05/2023

U17 Men	Cameron Scott	Banchory Stoneh	61.67		Aberdeen	28/05/2023
U20 Men	Tom Palmer	Elgin AC	61.76		Aberdeen	28/05/2023
Sen Men	Bradley Frances	Edinburgh AC	56.25		Aberdeen	28/05/2023

Field Events

Long Jump

U17 Men	Louis Whyte	Moorfoot Runners	6m 47	+0.0	Grangemouth	15/04/2023
U20 Men	Euan Wallace	Cumbernauld AAC	5m91	-1.0	Grangemouth	15/04/2023
Sen Men	Steven Stone	Forth Valley Flyers	6.46	3.3	Aberdeen	28/05/2023

U17Women	Zoe Loughrey	VP Glasgow	5m 54	-2.5	Grangemouth	15/04/2023
U20 Women	Darcie Black	Dumfermline	5m 42	2.9	Aberdeen	28/05/2023
Senior Wom	Hannah Wallace	Cumbernauld AAC	5m 54	-2.5	Grangemouth	15/04/2023

Triple Jump

U17 Men	Andrew Lumsden	Elgin AC	11.35	1.5	Aberdeen	28/05/2023
U20 Men	Andrew Bennie	VP Glasgow	11.16	2.3	Aberdeen	28/05/2023
Sen Men	No athlete					

U17Women	Kyna Forbes	Edinburgh AC	10.42	0.8	Aberdeen	28/05/2023
U20 Women	No athlete					
Senior Wom	Morgan Finlay	Shettleston Harrier	10.53	2	Aberdeen	28/05/2023

High Jump

U17 Men	Callum Newton	Dumfermline	1m 80		Grangemouth	15/04/2023
U20 Men	Brandon Dunlop	VP Glasgow	1m 80		Grangemouth	15/04/2023
Sen Men	Amit Kumar	Shettleston Harrier	1m 96		Aberdeen	28/05/2023

U17Women	Zoe Loughrey	VP Glasgow	1m 60		Grangemouth	15/04/2023
U20 Women	No athlete					15/04/2023
Senior Wom	Anna Forbes	VP Glasgow	1m 66		Grangemouth	15/04/2023

Pole Vault

U17 Men	Jamie Connor	Central AC	2m 70		Aberdeen	28/05/2023
U20 Men	Ross Lawrie	Central AC	2m60		Aberdeen	28/05/2023
Sen Men	Andrew McFarlane	Edinburgh AC	4m 60		Aberdeen	28/05/2023

U17Women	No athlete					
U20 Women	No athlete					
Senior Wom	Sara Barbour	Kilmarnock Harrier	3m 60		Aberdeen	28/05/2023

Shot Putt

U17 Men	Bruce Robb	Pitreavie	13m09		Aberdeen	28/05/2023
U20 Men	Dakota Sattar	VP Glasgow	11m 31		Grangemouth	15/04/2023
Sen Men	Euan Urqhart	VP Glasgow	13m31		Aberdeen	28/05/2023

U17Women	Courtney Barbour	Giffnock North AAC	11m 83		Grangemouth	15/04/2023
U20 Women	Brooke Dunlop	Whitemoss AC	8m 05		Grangemouth	15/04/2023
Senior Wom	Teddy Tchoudja	Shettleston H	14m 47		Grangemouth	15/04/2023

Discus

U17 Men	Bruce Robb	Pitreavie	38m 62		Grangemouth	15/04/2023
U20 Men	Dakota Sattar	VP Glasgow	36m 97		Grangemouth	15/04/2023
Sen Men	Andrew Peck	VP Glasgow	46m 06		Grangemouth	15/04/2023

U17Women	Katie Matheson	VP Glasgow	29m 31		Grangemouth	15/04/2023
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U20 Women Ellen Montgomery	Central AC	24m 39	Grangemouth	15/04/2023
Senior Wom Haley Elliott	VP Glasgow	34m 59	Grangemouth	15/04/2023

Hammer

U17 Men Rory Stainsby	Inverness Harriers	47.94	Aberdeen	28/05/2023
U20 Men Sean Radabaugh	Inverness Harriers	44.43	Aberdeen	28/05/2023
Sen Men Robyn Connolly	VP Glasgow	40.25	Aberdeen	28/05/2023

U17Women

U20 Women

Senior Women

Javelin

U17 Men Finn Bryce	Aberdeen AC	42.7	Aberdeen	28/05/2023
U20 Men Dakota Sattar	VP Glasgow	32.57	Aberdeen	28/05/2023
Sen Men Euan Urqhart	VP Glasgow	37.1	Aberdeen	28/05/2023

U17Women Ava Mitchell	VP Glasgow	28.15	Aberdeen	28/05/2023
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U20 Women no athlete

Senior Wom Kiera Maxwell	VP Glasgow	25.77	Aberdeen	28/05/2023
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